



CARLE FOUNDATION HOSPITAL
Community Benefit Implementation Plan
2023-2025

MISSION

To be your trusted partner in all healthcare decisions.

Our Carle Health shared mission defines who we are, what we stand for, and the importance of our relationship with our patients, staff and community. As a locally-based private, not-for-profit organization, we take seriously our obligation to treat and provide high quality care to everyone, regardless of their ability to pay. This mission statement looks beyond medicine to include research and education, both of which remain highly valued by our organization.

COMMUNITY HEALTH NEEDS ASSESSMENT SUMMARY

The 2022 Champaign County Community Health Needs Assessment is a collaborative undertaking by the Regional Executive Committee, consisting of Carle Foundation Hospital, Champaign County Mental Health Board, Champaign County Developmental Disabilities Board, Champaign-Urbana Public Health District, Champaign County United Way, and OSF Heart of Mary Medical Center to highlight the health needs and well-being of residents in Champaign County.

Development of this plan was a collaborative effort, working with community partners, regional schools of nursing, local and state government representatives, and input from county residents. More than 50 community leaders from a variety of agencies and organizations, as well as more than 380 county residents, contributed to the assessment via both in-person meetings and surveys. After assessing the current health status of the community and identified needs, the Regional Executive Committee created a comprehensive plan to improve our community's health.

COMMUNITY BENEFIT IMPLEMENTATION PLAN

Based upon the Community Health Needs Assessment using both quantitative and qualitative research, Carle Foundation Hospital prioritized the significant community health needs of Champaign County considering several criteria including: alignment with the hospital's mission, existing programs, the ability to make an impact within a reasonable time frame, the financial and human resources required, and whether there would be a measurable outcome to gauge improvement. The following three health areas were selected as the top priorities:

- 1. Behavioral Health**
- 2. Healthy Behaviors and Wellness**
- 3. Violence**

Following is a description of each priority area, risk factors, indirect and direct contributing factors, goals, objectives, and strategies selected for each of the three health priority areas. Each worksheet incorporates the goals and objectives Champaign County has set for the next three years. These health plans were developed in partnership with community leaders representing multiple agencies and organizations.

This plan includes Carle Foundation Hospital's intent to address and measure outcomes from 2023-2025.

Behavioral Health:

Description of Priority Area:

Behavioral health issues continue to be an issue across the county. Lack of resources, funding, and stigma contribute to the issue in Champaign County. According to most recent County Health Rankings, mental health provider are at 340:1. According to the CDC, National Vital Statistics System, updated in 2022 Champaign County suicide rate was 13.2/100,000, which is higher than the state of Illinois rate of 10.9 but lower than the national rate of 13.9. Most recent data for the Drug and Opioid-Involved Overdose Death Rate for Champaign County is 23.1 deaths per 100,000. This figure is lower than the State average of 23.6 and national average of 23.5, but is still a concerning number.

Carle Implementation Plan – Anticipated Impact & Plan to Evaluate:

Carle Foundation Hospital will pursue these initiatives to increase access to behavioral health services:

1. Explore viability of increasing primary care physicians’ comfort level in prescribing psychotropic prescriptions.
2. Recruit behavioral health providers to add capacity within the community.
3. Train emergency department personnel of behavioral health symptoms to best direct care.
4. Increase access to trained mental/behavioral health professionals in home/virtual care settings in partnering with our nurse faith practitioners/Healthy Beginnings program.
5. Continue to offer Mental Health First Aid Trainings while also extending virtual opportunities to the community.
6. Implement in-home counseling services to offer ACES screening, and trauma informed care delivery approaches through Healthy Beginnings program under the Carle Community Health Initiative.
7. Partner with the Champaign County Sheriff’s Office to equip officers with Narcan, or Naloxone, a drug that stops respiratory failure caused by opioids
8. Support educational and training programs of local providers.

Measures of success:

Measurement	2023	2024	2025
Increase number of Carle behavioral health providers	1	1	1
Continued Narcan support	\$3,500	\$3,500	\$3,500
Increase access to trained mental/behavioral health professionals in home/virtual care settings in partnering with Carle Healthy Beginnings program	.5 FTE	1 FTE	1 FTE

Healthy Behaviors and Wellness

Description of Priority Area:

Like many communities in the United States, obesity and obesity related illnesses continue to be a concern in Champaign County. Obesity is associated with poorer mental health outcomes, reduced quality of life, and the leading cause of death in the U.S. and worldwide, through contributing to heart disease, stroke, diabetes and some types of cancer. According to 2022 County Health Rankings, obesity in Champaign County is 36%, an increase of 5% in just two years. Obesity and its related health problems have a heavy economic impact throughout the United States. Obesity is linked with higher healthcare costs for adults and children through direct medical costs, along with impacting job productivity and absenteeism. Reducing obesity, increasing

activity, and improving nutrition can have a strong impact on lowering health care costs through fewer prescription drugs, sick days, ER visits, doctor’s office visits and admissions to the hospital.

Carle Implementation Plan – Anticipated Impact & Plan to Evaluate:

Carle Foundation Hospital will pursue these initiatives to reduce obesity levels:

1. Encourage providers to give out nutrition Rx and physical activity Rx.
2. Increase referrals and information of Carle’s Mobile Health Market.
3. Continue to distribute food boxes to families in need under the Carle Community Health Initiative.
4. Provide secure and healthy food options through Congregate Meal Program and Meals on Wheels through partnership with Carle Health CRIS Healthy Aging Center.
5. Provide Wellness Works articles related to health at all Farm Bureaus on a monthly basis through Carle Health Rural Health and Farm Safety.
6. Offer education on critical farm and rural safety by providing Progressive Ag Safety Days within Champaign County through Carle Health Rural Health and Farm Safety.
7. Inform Champaign County of significant health priorities and awareness efforts through bulletin inserts in faith communities through Carle Health Faith Community Health.
8. Collaborate and support local diabetic prevention programs.
9. Increase awareness of overall health and wellness through Carle and Health Alliance health-based social media platforms.
10. Donations to community and school-based programs that encourage physical activity and nutritional education.

Measures of success:

Measurement	2023	2024	2025
Distribute healthy food boxes to families in need under CHI	2,100	2,100	2,100
Host Progressive Ag Safety Days	5	5	5
Free Educational Videos on How to Prepare Healthy Food, Making Nutritious Options	10	10	10
Funding to community agencies	\$200,000	Determine appropriate level based on budget	Determine appropriate level based on budget

Violence

Description of Priority Area:

Champaign County crime rate has decreased in recent years, but remains higher compared to the state of Illinois and surrounding counties. As stated by the 2022 County Health Rankings the violent crime rate (the number of reported violent crime offenses per 100,000 populations) is 487 which is still remains higher than the state of Illinois rate of 403. 2022 data from the CDC provides average death rate due to Homicide is 5/100,000, lower than both Illinois and national averages.

From the Illinois State Police Crime Reports, between 2018-2020, Champaign County has seen an increase in criminal homicides from 10 to 12, an increase in aggravated assault/battery from 621 to 817, an increase in motor-vehicle thefts from 158 to 314 and an increase in arson from 22 to 30. At the same time, there has been a decrease in forcible rapes from 164 to 133, robbery from 158 to 145, burglary from 743 to 583 and theft from 3,545 to 2,393.

As part of the 2022 Community Health Needs Assessment Survey, community members were asked to assess factors impacting well-being. Based on survey results, survey respondents ranked less violence (14%) as the second most important community concern. Similarly, safer neighborhoods (13%) was ranked the third most important community concern impacting well-being.

Carle Implementation Plan – Anticipated Impact & Plan to Evaluate:

Carle Foundation Hospital will pursue these initiatives to reduce the levels of violence:

1. Sexual Assault Nurse Examiners (SANE) / Interpersonal Violence Program.
2. Child Abuse Safety Team (CAST).
3. Risk Watch.
4. Partner with the City of Champaign and community groups in the *Champaign Blueprint to Reduce Gun Violence* through community involvement and intervention.
5. Continue to work towards having a 24/7 social worker staffed in the ED to respond when we have victims of gun violence brought in, but also to help with many other things (including mental health crises, other victims of violence, etc.).
6. Ensure safety protocols on hospital campus provide safest environment possible for all patients, visitors, and staff
7. Increase access to care in the home with Carle’s Healthy Beginning’s Services, to reduce levels of child abuse and domestic violence.

Measures of success:

Measurement	2023	2024	2025
# SANE encounters (descriptive measure)	150	n/a	n/a
# CAST encounters (descriptive measure)	60	n/a	n/a

Access to Care:

Access to Care has been a significant health need prioritized in a prior CHNA. While it was not selected as a priority for the 2022 CHNA conducted in conjunction with community partners, access will continue to be a priority for Carle.

As a tax-exempt organization, Carle Foundation Hospital provides care to patients regardless of their ability to pay for that care or source of payment. We also recognize that some patients need help paying their bills. Carle’s Financial Assistance Program provides discounts or free care to those who need it. Carle’s generous Financial Assistance Program, consistently and diligently applied, has resulted in our ability to reach many people over the years. During 2019, financial assistance for Hospital patients alone totaled \$15,188,120 at cost, serving 18,476 unique individuals.

In addition to charity care, Carle supports a wide range of programs and services to increase community capacity, health care work force expansion, and social services that provide complementary healthcare-related services.

Carle Foundation Hospital has, and will continue to, pursue these initiatives to improve access to care:

1. Offer a charity care program and communicate the availability of that program.
2. Recruit more providers into the Carle system, thereby expanding access/capacity.
3. Support local community clinics to ensure added local capacity for health care.
4. Support United Way and other area agencies to improve availability of health services.
5. Donate to existing community health programs.
6. Support students in health care fields; GME programs to grow number of future physicians.
7. Promote prescription affordability as a 340B provider.
8. Enhance access-related initiatives that will improve patient access and ability to interface more efficiently for needed services – Patient Contact Center, Scheduling Center, Prescription Refill request process, virtual visits and more.
9. Continue access to care through subsidized services, including the Community Parish Nurse Program, Breastfeeding Clinic and others.

APPENDIX

Populations and Communities Served:

Carle's service area is generally defined as east central Illinois, including all or parts of more than 30 counties in east central Illinois and western Indiana.

For the Community Benefit Implementation plan, research and remedies are directed towards community health issues identified in our primary service area, with the focus on Champaign County. This represents our headquarters and other counties where Carle has a thriving presence. The Carle Health system's service area population is made of individuals living in 33 counties throughout Illinois and Indiana in the Carle Health service areas, Hoopston and Richland service areas. Includes Bloomington-Normal, Champaign-Urbana, Charleston, Danville, Effingham, Mattoon, Pontiac, Rantoul and Southern Rim hubs.

Pockets of extreme poverty exist throughout this region. The programs within our community benefit plan generally have impact upon all the targeted communities, with certain programs directed at specific populations.

Carle Foundation Hospital serves as the region's only Level I Trauma Center and Level III Neonatal Intensive Care Unit. As provider of the region's perinatal services, Carle provides care to patients who live throughout the geographic area extending from Kankakee in the north to the southern-most tip of Illinois, and spanning from as far west as Eureka and east into western Indiana. For the purposes of the Carle Financial Assistance Program, coverage encompasses the entire Carle service area.

Dates Adopted/Approved:

Carle Foundation Hospital's 2022 Community Health Needs Assessment was adopted and approved by The Carle Foundation Board of Trustees on 12/9/2022. The 2023-2025 Community Benefit Implementation Plan was adopted and approved by the Board of Trustees on 12/9/2022.