COMMUNITY HEALTH IMPROVEMENT PLAN

CHAMPAIGN COUNTY, ILLINOIS
2018-2020
The Champaign-Urbana Public Health District (CUPHD) is the local public health authority for Champaign County. CUPHD, in conjunction with Carle Foundation Hospital, Presence Covenant Medical Center (OSF HealthCare) and United Way of Champaign County, used the Mobilizing for Action through Planning and Partnership (MAPP) model, a community-based model, that necessitates community engagement at all levels, to conduct the Champaign Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP).

Since 2013, the Health District and Hospitals have moved from independently conducting the Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP) to a true collaborative model. Carle Hospital, Presence Covenant Medical Center (OSF HealthCare), the local chapter of United Way, along with the Health District formed an Executive Committee to conduct the CHA and CHIP to fulfill the requirements for certification.

The Champaign Regional Executive Committee Members

- Julia Willis
  Community Health Plan Coordinator

- Awais Vaid
  Champaign-Urbana Public Health District

- Elizabeth Silver
  Carle Foundation Hospital

- Julie Pryde
  Champaign-Urbana Public Health District

- Melissa Rome
  Vermilion County Health Department

- Doug Toole
  Vermilion County Health Department

- Mike Billimack
  Carle Foundation Hospital

- Sheri McKiernan
  OSF HealthCare

- Sue Grey
  United Way of Champaign County

- Sheri Askren
  United Way of Danville Area
THE PLANNING PROCESS

MAPP

The Community Themes & Strengths Assessment collects and analyzes health data and describes health trends, risk factors, health behaviors and issues of special concern.

The Local Public Health System Assessment measures the local public health system’s ability to conduct essential public health services.

The Forces of Change Assessment identifies local health, social, environmental and economic trends that affect the community or public health system.

The Community Health Status Assessment uses participants to make a list of issues of importance to the community, identify community assets and outline quality of life concerns.

The Champaign County Community Health Plan was created using the Mobilizing for Action through Planning and Partnerships (MAPP) Model.

This collaborative approach to community health planning was developed by the National Association of County and City Health Officials (NACCHO) in cooperation with the Public Health Practice Program Office and the Centers for Disease Control and Prevention (CDC).

MAPP helps communities form effective partnerships that can better identify their unique circumstances and needs and use their resources wisely.

MAPP’s 4 components

1. The Community Themes & Strengths Assessment uses participants to make a list of issues of importance to the community, identify community assets and outline quality of life concerns.

2. The Local Public Health System Assessment measures the local public health system’s ability to conduct essential public health services.

3. The Community Health Status Assessment collects and analyzes health data and describes health trends, risk factors, health behaviors and issues of special concern.

4. The Forces of Change Assessment identifies local health, social, environmental and economic trends that affect the community or public health system.
Champaign County will be the healthiest, safest, and environmentally sustainable community to live, work, and visit in the State of Illinois.

**PRIORITIES**

**Behavioral Health**
Increase capacity, create a behavioral health triage center, promote education and training on mental and behavioral health to reduce stigma, and provide youth targeted prevention programs.

**Reducing Obesity & Promoting Healthy Lifestyles**
Improve access to healthy food options, expand physical activity prescription program, and increase access to physical activity.

**Violence**
Promote police-community relations, increase community engagement, and reduce community violence through partnering with local initiatives.
OUR HEALTH STATUS

OF CHAMPAIGN COUNTY RESIDENTS WERE UNINSURED IN 2017, COMPARED TO 22% IN 2011

9%

TEEN BIRTH RATE
(per 1,000 female population, ages 15-19)
IN CHAMPAIGN COUNTY IS

18 (which is almost half of the prevalence in Illinois)

DRUG-RELATED DEATHS
IN CHAMPAIGN COUNTY FROM 2011-2017

132

VIOLENT CRIME RATE
(per 100,000 population) IS

526

SUICIDE RATE
(per 100,000) IN CHAMPAIGN COUNTY IS

12.9
In 2015, the 5 leading causes of death nationally were heart disease, cancer, chronic lower respiratory diseases, accidents (unintentional), and stroke. Champaign county's leading causes of death in 2015 were similar, except for a few differences.
Life expectancy for the U.S. population in 2016 was **78.6** years.
Life expectancy for Champaign County Census Tracts ranged from a high of **88** to a low of **76** (2011-2016).

**Life Expectancy for Champaign County Census Tracts**
2011-2016

73% OF ADULTS
18 yrs and above

41% OF KIDS
2-17 yrs of age

ARE... OVERWEIGHT OR BE SE
OUR HEALTH STATUS

When compared to the State (IL), Champaign County has higher percentages of food insecurity, adult smoking, and sexually transmitted infections (/100,000). In contrast, the rates for HIV prevalence and excessive drinking are lower than the State average (2017 County Health Rankings).

Racial Diversity
U.S. Census, 2011-2015

THOUGH DIVERSE, CHAMPAIGN COUNTY IS NOT INTEGRATED
COMMUNITY HEALTH SURVEY

700 RESIDENTS SURVEYED
29 ZIPCODES REPRESENTED

73% WHITE
7% HISPANIC
4% ASIAN

28% MALE
71% FEMALE

TOP 5 HEALTH CONCERNS OF CHAMPAIGN COUNTY SURVEY RESPONDENTS

- Mental Health: 445
- Alcohol/ Drug Abuse: 386
- Gun Violence: 330
- Obesity: 310
- Domestic Violence: 285
WHAT THE COMMUNITY THINKS

- 81% are satisfied with ACCESS to Healthcare
- 79% are satisfied with QUALITY of Healthcare
- 51% are satisfied with COST of Healthcare
NEIGHBORHOOD CONCERNS

SAFETY

32% are Concerned/Very Concerned about the CRIME RATE

27% are Concerned/Very Concerned about the lack of CRIME PATROLS/BLOCK WATCHES

CONNECTIVITY

66% feel that ACCESS to Sidewalks is Good/Excellent

65% feel that ACCESS to Public Transportation is Good/Excellent
HEALTH BEHAVIORS OF SURVEY RESPONDENTS

FAST FOOD CONSUMPTION

<table>
<thead>
<tr>
<th>Frequency</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Never</td>
<td>12%</td>
</tr>
<tr>
<td>Less than once a week</td>
<td>23%</td>
</tr>
<tr>
<td>1-3 days a week</td>
<td>38%</td>
</tr>
<tr>
<td>4-6 days a week</td>
<td>21%</td>
</tr>
<tr>
<td>Every day</td>
<td>7%</td>
</tr>
</tbody>
</table>

PHYSICAL ACTIVITY (30 min/ each day)

<table>
<thead>
<tr>
<th>Frequency</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Never</td>
<td>19%</td>
</tr>
<tr>
<td>Less than once a week</td>
<td>49%</td>
</tr>
<tr>
<td>1-3 days a week</td>
<td>26%</td>
</tr>
<tr>
<td>4-6 days a week</td>
<td>4%</td>
</tr>
<tr>
<td>Every day</td>
<td>1%</td>
</tr>
</tbody>
</table>
The Forces of Change Assessment identifies local, state and national forces such as social, economic, political and technological that is or will be influencing the health and quality of life of the community and the work of the local public health system.

52 Community Leaders provided input in identifying potential Forces of Change.
**PRIORITIES**

**Reduce Obesity and Promote Healthy Lifestyles**
- By 2020, reduce by 1%, the proportion of adults in Champaign County who report fitting the criteria for obesity
- By 2020, increase by 1%, the proportion adolescents who report being at a healthy weight
- By 2020, increase the Food Environment Index by 1

**Increase Behavioral Health Awareness and Services**
- Implement early intervention and assessment practices to reduce the impact of mental and substance use disorders
- Promote community awareness about behavioral health
- Expand current available treatment and develop new treatment services

**Reduce Violence**
- Decrease child abuse and neglect, gun violence, and domestic violence in the community by increasing community engagement, fostering better relationships between law enforcement and citizens, and implementing anti-violence initiatives.
COMMUNITY PARTNERS

Carle Foundation Hospital
Carle Foundation Hospital
Champaign County Sheriff’s Office
Champaign County Board of Health
Champaign County Head Start
Champaign County Health Care Consumers
Champaign County Mental Health Board
Champaign County Regional Planning Commission
Champaign Park District
Champaign Police Department
Champaign Urbana Public Health District
Christie Clinic
City of Champaign Neighborhood Services
City of Urbana
Community Gardens at Leirman
Court Appointed Special Advocates for Children
CRIS Healthy Aging
Crisis Nursery
C-U at Home
C-U Mass Transit District
Cunningham Children’s Home
Developmental Services Center
Faith in Action
Family Resiliency Center
Family Service Center
Greater Community AIDS Project
Habitat for Humanity
Healthy Champaign County
Illinois Dental Society
Land of Lincoln Legal Assistance
McKinley Health Center
Midwest Center for Investigative Reporting
National Alliance on Mental Illness
Parkland College
Prairie Center
Presence Health
Promise Healthcare
Prosperity Garden
Rosecrance
U of I Schools of Earth, Society, and Environment
United Way of Champaign County
University of Illinois College of Medicine
University of Illinois at Urbana Champaign
University of Illinois Extension Office
University of Illinois Police Department
Urbana Adult Education
Urbana Neighborhood Connections Center
Urbana Park District
Urbana School District
Wells Fargo
RESOURCES

To access a complete copy of the Champaign County Community Health Improvement Plan, please visit:

www.c-uphd.org

For additional data about Champaign County, visit:

www.countyhealthrankings.org
www.idph.il.us/health/statshome

To learn more about the MAPP process, visit the National Association of City and County Health Officials (NACCHO) at:

www.naccho.org/topics/infrastructure/mapp