

How to Prepare for Your Appointment.

QUESTIONS TO ASK YOURSELF BEFORE SCHEDULING YOUR VISIT

Looking over - and answering - the following questions will help you plan for your upcoming visit at Carle. If you feel like writing down your answers (although this isn't required), you can use the space provided for notes.

1. What symptoms or concerns do I want to share with my doctor and care team?
2. Will I need a translator for my appointment?
3. Do I need assistance with any of the following?
 - Bathing
 - Dressing
 - Using the restroom
 - Going up or down stairs
 - Paying medical bills.
 - Daily household chores.
 - Managing my medication lists.
 - Transportation to my healthcare appointments.
4. Will I have a support person attending my visit?
5. Do I have access to my electronic records via MyCarle?

QUESTIONS TO ASK YOUR DOCTOR AND CARE TEAM

During your appointment, ask your care team:

1. What do I need to know about my health condition or diagnosis?
2. Are there any changes to my medication list?
3. Do I need any new health supplies? Where can I get them, and will I get training?

Notes

MEDICATION LIST

My Medication Allergies

_____	_____
_____	_____
_____	_____

My Medications

On the day of your appointment, bring a complete list of all the medications you're currently taking (past six months).

If you have questions about any of your medications, please ask your care team during your visit.

Medication Name	Dosage (How much do I take?)	When do I take this?
Reason for Medication Use		

Medication Name	Dosage (How much do I take?)	When do I take this?
Reason for Medication Use		

Medication Name	Dosage (How much do I take?)	When do I take this?
Reason for Medication Use		

Medication Name	Dosage (How much do I take?)	When do I take this?
Reason for Medication Use		

NEXT STEPS

MyCarle

Use MyCarle to help manage your healthcare whenever and wherever you want. This is a secure way to access your records online or through your smartphone. You can also schedule appointments, pay bills and more.

To get started, go to carle.org/MyCarle or ask a registration team member today.

My Future Appointments

Date	Time	Location	Time	Doctor/Provider
Reason for Appointment				
Use Instructions				

Date	Time	Location	Time	Doctor/Provider
Reason for Appointment				
Use Instructions				

Date	Time	Location	Time	Doctor/Provider
Reason for Appointment				
Use Instructions				

Date	Time	Location	Time	Doctor/Provider
Reason for Appointment				
Use Instructions				

