

Long-Term Acute Care Hospital (LTACH)

If you need ongoing hospitalization due to a lengthy recovery time, a special type of hospital for long-term patients may be appropriate. This level of care may be right for you if you need:

- Daily oversight by a doctor.
- Long-term ventilator weaning.
- Complex wound management.

CONTACT INFORMATION

To reach a member of our team to discuss further, please call:

Carle Foundation Hospital in Urbana:
(217) 383-3119

Carle BroMenn Medical Center in Normal:
(309) 268-2328

Carle Eureka Hospital:
(309) 268-2328

Carle Richland Memorial Hospital in Olney:
(618) 392-1543 or (618) 392-1544

Carle Hoopeston Regional Health Center:
(217) 283-8431

Carle Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-217-383-2543.

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-217-326-0340.

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Managing Care Transitions

POPULATION HEALTH



 Carle

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Plan for your discharge from the start.

Discharge planning begins right away when you're admitted – by looking at how you cared for yourself before coming to the hospital, the needs you may already know you have and the anticipated needs you'll likely have based on your care in the hospital.

Our Care Transitions team helps you plan for your discharge by assessing your needs, monitoring your progress (while you're in the hospital) and helping you get to the next level of care to continue your recovery (once you leave the hospital).

It's common to finish your hospital stay but still not feel fully back to your pre-hospital self. Our specialists, together with social workers, will work with you and your family to discuss your needs and concerns, identify resources, explore options and help you plan the transition to your next phase of recovery.

TRANSITION RESOURCES TO CONSIDER

Home Health

Home Health is available for patients who are

homebound, meaning they don't leave their home except for things like church, doctors' appointments, haircuts, or special one-time events like weddings, funerals or graduations.

Following your hospital stay, Home Health may be right for you if you need:

- Skilled nursing care for wounds, IV antibiotics, labs or training for how to care for yourself.
- Physical therapy.
- Additional services such as help from bath aides, occupational therapists or social workers.

Hospice

Hospice is an intermittent service for those who are ready to move from care that tries to cure their conditions into care that mainly focuses on their quality of life. Hospice is appropriate when life expectancy is one year or less, and care is focused on managing symptoms and pain.

Services include additional help from a social worker, bath aide, chaplain and volunteer.

Skilled Nursing Facility

Skilled nursing facilities, also known as extended care facilities or nursing homes, care for those who may

need around-the-clock care from nurses, along with physical therapy.

To be accepted into a facility, you need:

- A three-midnight inpatient hospital stay or prior authorization.
- A need for skilled nursing care or physical therapy.
- A goal to eventually return home.

We'll give you a list of available facilities. Please know that:

- You'll need to tell us three to five facilities you're willing to go to (if accepted).
- You may not get your top choice(s), due to timing or the number of beds available.

Carle Health partners with local and regional skilled nursing facilities to ensure quality care throughout your recovery. In some facilities, Carle has a healthcare team to follow your care. Please ask one of our social workers or case managers for more information about these facilities

Acute Rehab

Acute Rehab is an option when you've had a significant medical event and need intensive rehab to return to your home-living situation. Additionally you need:

- Daily medical oversight by a doctor.
- Care from a skilled rehabilitation nurse.
- At least two of the three types of therapy, one being physical therapy.
- A goal to eventually return home.

Finally, you must be able to tolerate three hours of therapy, five days a week.