

Topic: Food Safety

Summertime is optimal picnic time! Whether you are hosting by cooking at home or bringing a potluck to meet friends and family, heating your food properly and keeping it cooled or heated at the correct temperature can make the difference between a successful event or an explosive ending! Follow these food safety tips to keep your summer snacking successful!

US Food & Drug Administration: Handling Food Safely While Eating Outdoors

<https://www.fda.gov/food/buy-store-serve-safe-food/handling-food-safely-while-eating-outdoors>

Community Wellness and Faith Community Health Services at Carle connects you and your faith community to needed healthcare and wellness support, taking a whole-person approach to health.

To learn more about bringing healthcare and wellness resources to your faith community, call (217) 902-3160 or email FaithCommunityHealth@carle.com.



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