

Transgender Care Directory

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In order to provide more care options for our patients, providers may be included in this directory who are not employed by Carle. Those providers have volunteered to be a resource for our community and are not controlled, screened or reviewed by Carle.

Providers may request to be added to this directory by contacting Carle.Experience@carle.com.

Primary Care, Preventive Health and Special Health Concerns

Primary Care:

General Primary Care, Preventive Health Screenings, PrEP (Pre-Exposure Prophylaxis for HIV), Basic Dermatology and Acne Care

Carle Champaign on Curtis Adult Medicine

Pete Yunyongying, MD*
1701 W. Curtis Rd., Champaign, IL, 61822
(217) 365-6207

Carle Urbana Family Medicine Residency Clinic

Katelyn Brown, MD*
Shurfei Tao, MD*
Christopher Veal, MD*
601 W. University Ave., Urbana, IL, 61801
(217) 383-3170

Carle Rossville Family Medicine

Selena McCalla, APRN*
619 N. Chicago St., Rossville, IL, 60963
(217) 748-4141

Carle Olney Family Medicine and OB-GYN

Paige Clayton, MD*
363 N. West St., Olney, IL, 62450
(618) 392-9400

Carle Mobile Health Clinic

Family Medicine Walk-In Care
Stephanie Painter, PA*
April Johnson, APRN*
View upcoming times and locations at carle.org/MobileHealthClinic.
(217) 365-7928

Other Providers in the Community:

Christie Clinic Internal Medicine

Nathan Walker, MD
1801 W. Windsor Rd., Champaign, IL, 61822
(217) 366-5434

HSHS Mattoon Family Medicine

Bernie Rancho, MD*
101 Coles Centre Dr. 100, Mattoon, IL, 61938
(217) 234-5110

Bloomington Primary Care

Adam Houghton, MD*
Katelynne Sitton, APRN*
9 Heartland Dr., Bloomington, IL, 61704
(309) 663-7642

Urology:

Urinary Concerns, Prostate Screening

Carle Urbana South Clinic Urology

Ronald Konchanin, MD*
Michelle Dellorso, APRN*
601 W. University Ave., Urbana, IL, 61801
(217) 383-3160

OB-GYN:

Menstrual Concerns/Menstrual Suppression; Preventive Health Screenings for Cervix, Uterus, Ovaries

Carle Urbana South Clinic OB-GYN

Jeremy Johnson, MD, FACOG*
601 W. University Ave., Urbana, IL, 61801
(217) 383-3140

Carle Nurse Midwives

Amie Eden, CNM*
Stephanie Gordon, CNM*
Vanessa Grafton, CNM*
Hannah Lake-Rayburn, CNM*
Hannah Phelps, CNM*
Carissa Swiatek, CNM*
611 W. Park St., Lower Level, Urbana, IL, 61801
(217) 383-6434

Carle OB-GYN Residency Clinic*

611 W. Park St., Lower Level, Urbana, IL, 61801
(217) 383-3140, Option #4

Carle Champaign on Curtis Gynecology

Beverly London, MD*
1701 W. Curtis Rd., Champaign, IL, 61822
(217) 365-6208

Carle Mattoon on Hurst OB-GYN

Jeremy Johnson, MD, FACOG*
Stephanie Gordon, CNM*
Vanessa Grafton, CNM*
2512 Hurst Dr., Mattoon, IL, 61938
(217) 258-5900

Carle Rantoul

Vanessa Grafton, CNM*
1540 E. Grove St., Rantoul, IL, 61866
(217) 893-7700

Carle Olney Family Medicine and OB-GYN

Paige Clayton, MD*
363 N. West St., Olney, IL, 62450
(618) 392-9400

Other Providers in the Community:

Christie Clinic OB-GYN

Lindsay Bustle, CNM*
Laura Harriger, APRN*
Tamara Helfer, MD*
Cathy Hinton, CNM*
Laura Muehling, CNM*
Sarah Shoemaker, CNM, DNP*
Annelise Smith, CNM*
101 W. University Ave., Champaign, IL, 61820
(217) 366-1255

HSHS Mattoon Family Medicine

Bernie Rancho, MD*
101 Coles Centre Dr. 100, Mattoon, IL, 61938
(217) 234-5110

Bloomington Primary Care

Adam Houghton, MD*
Katelynne Sitton, APRN*
9 Heartland Dr., Bloomington, IL, 61704
(309) 663-7642

Hormone Therapy – Informed Consent Model

Carle Champaign on Curtis Adult Medicine

Pete Yunyongying, MD*
1701 W. Curtis Rd., Champaign, IL, 61822
(217) 365-6207

Carle Champaign on Curtis Gynecology

Beverly London, MD
1701 W. Curtis Rd., Champaign, IL, 61822
(217) 365-6208

Carle Urbana Family Medicine Residency Clinic

Katelynn Brown, MD*
Shurfei Tao, MD*
Christopher Veal, MD*
601 W. University Ave., Urbana, IL, 61801
(217) 383-3170

Carle Rossville Family Medicine

Selena McCalla, APRN*
619 N. Chicago St., Rossville, IL, 60963
(217) 748-4141

Carle Olney Family Medicine and OB-GYN

Paige Clayton, MD*
363 N. West St., Olney, IL, 62450
(618) 392-9400

Other Providers in the Community:

Christie Clinic Endocrinology

Yasser Haider-Badenhorst, MD
Surina Kumar, MD
1801 W. Windsor Rd., Champaign, IL, 61822
(217) 366-4407

Christie Clinic Internal Medicine

Nathan Walker, MD
1801 W. Windsor Rd., Champaign, IL, 61822
(217) 366-5434

HSHS Mattoon Family Medicine

Bernie Rancho, MD
101 Coles Centre Dr. 100, Mattoon, IL, 61938
(217) 234-5110

Elliot Counseling Group

Taysha Ryan, APRN
105 8th St., Mattoon, IL, 61938
309 W. Clark St., Champaign, IL, 61820
Virtual visits may be available.
(217) 398-9066

Bloomington Primary Care

Adam Houghton, MD*
Katelynne Sitton, APRN*
9 Heartland Dr., Bloomington, IL, 61704
(309) 663-7642

Behavioral Health

Psychotherapy:

In-person or Telehealth counseling for Mental Health Concerns Such as Gender Dysphoria, Anxiety and Depression

Carle Behavioral Health – Psychology

Maggie Johnson, LCSW
Jeanie Mickelsen, LCPC*
Beth Wagner, LCPC, ATR*
1802 S. Mattis Ave., Champaign, IL, 61821
(217) 365-2855

Carle Champaign on Curtis Family Medicine

Jacqueline Henrichs, LCSW
Short-Term Therapy in Conjunction with Primary Care Services
1701 W. Curtis Rd., Champaign, IL, 61822
(217) 365-6201

Carle BroMenn Behavioral Health

Paula Allee-Smith, PhD*
Sherry Brendalen, LCPC*
Jody Poultney, LCSW*
Judy Woodburn, PhD
3024 E. Empire St., Bloomington, IL, 61704
(309) 556-7800

Other Providers in the Community:

Keri Powell Therapy

Diane Alexander, PsyD
Anna Asplund, LCSW*
Gabi Cooper, LSW*
Logan Lehmann, LSW
Ashley Lucas, LCSW
James Wachtel, LCPC
2125 S. Neil St., Champaign, IL, 61820
41 E. University Ave., Suite 301, Champaign, IL, 61820
(217) 352-0200

Nicholas Bridgett, LCSW

209 W. University Ave., #101, Champaign, IL, 61820
(217) 417-6432

Elliot Counseling Group

Katrina Halfaker, LSW*
Tyler Koontz, LSW*
Maritza Rodriguez, LCSW* (Spanish and English speaking)
Analise Atchison, LCSW* (telehealth only)
Molly McClay, LCSW* (telehealth only)
309 W. Clark St., Champaign, IL 61820
(217) 398-9066

Lainey Emmons, LPC

2001 Philo Rd, Urbana, IL 61802
(217) 552-1211

Psychiatry:

Psychiatric Medication Management

Carle Behavioral Health – Psychiatry

Lisa 'Annette' Ellingwood, APRN*
Mary Kiesewetter, APRN
Bradley Thompson, APRN
1802 S. Mattis Ave., Champaign, IL, 61821
(217) 365-2855

Carle BroMenn Child Psychiatry

Burgundy Johnson, DO*
Virtual Visits Only
(309) 556-7800

Other Providers in the Community:

Elliot Counseling Group

Taysha Ryan, APRN
105 8th St., Mattoon, IL, 61938
309 W. Clark St., Champaign, IL, 61820
(217) 398-9066

Gender-Affirming Therapy

Voice Training:

University of Illinois*

Audiology and Speech-Language Pathology Clinic
Clarion Mendes, MA, CCC-SLP/L
2001 S. Oak St., Suite B, Champaign, IL, 61820
(217) 333-2205
WPATH Member

Illinois State University*

Eckelmann-Taylor Speech and Hearing Clinic
508 Dry Grove St., Normal, IL, 61761
(309) 438-8641
WPATH Member

Aesthetics: Skin Care, Makeup, Hair Removal

Carle at The Fields Cosmetics

Lydia Beckett, Esthetician*

3105 Fields South Dr., Champaign, IL, 61822

(217) 902-7527

Surgical Services and Recovery

Before authorizing a gender-affirming surgery, insurance companies usually require letters of support from a hormone prescriber and one or two mental health providers. The large regional centers in Chicago and Iowa City may also ask for these letters before scheduling a surgery consultation.

Gender-Affirming Top Surgery:

Carle at The Fields Plastic and Reconstructive Surgery

Victor Stams, MD
3105 Fields South Dr., Champaign, IL, 61822
(217) 902-7527

Facial Feminization Surgery:

Carle at The Fields Plastic and Reconstructive Surgery

Victor Stams, MD
3105 Fields South Dr., Champaign, IL, 61822
(217) 902-7527

Gender-Affirming Hysterectomy:

Carle Urbana South Clinic OB-GYN

Jeremy Johnson, MD, FACOG
601 W. University Ave., Urbana, IL, 61801
(217) 383-3140

Carle OB-GYN Residency Clinic

611 W. Park St., Urbana, IL, 61801
(217) 383-3140

Gender-Affirming Orchiectomy:

Carle Urbana South Clinic Urology

Ronald Konchanin, MD
601 W. University Ave., Urbana, IL, 61801
(217) 383-3160

Post-Surgical Rehab: Pelvic Floor Therapy:

Carle Urbana North Annex Therapy Services

Chelsea Hartman, PT
Amy Kronas, PT, DPT, PRPC
810 W. Anthony Dr., Urbana, IL, 61802
(217) 383-3400

Post-Surgical Rehab: Lymphedema Therapy:

Carle Foundation Hospital

Patricia Fairchild, OT
611 W. Park St., Urbana, IL, 61801
(217) 383-3360

Regional Centers Offering a Full Range of Gender-Affirming Surgeries:

Affirm

Rush University Medical Center
Chicago, IL
(833) 624-5428
rush.edu/LGBTQ

Spectrum Gender Affirming Surgery

University of Illinois – Chicago
Chicago, IL
(312) 355-6600
hospital.uillinois.edu/primary-and-specialty-care/surgical-services/gender-affirming-surgery

Gender Pathways

Northwestern Medicine
Chicago, IL
(312) 926-5946
nm.org/GenderPathways

Lesbian, Gay, Bisexual, Transgender, Queer, and Questioning (LGBTQ) Clinic – Scott Blvd.

University of Iowa Hospitals and Clinics
Iowa City, IA
(319) 467-6789
uihc.org/LGBTQ

General information for Patients and Families



Standards of Care for Providers Listed in this Directory

Providers listed in this directory have pledged to follow the Carle Transgender Standards of Care, which means, in part, that they recognize and respect self-identities. They also agree to take on extra training for LGBTQ+ friendly care. We're committed to providing affirming care. Please feel comfortable reminding us of your name and pronouns if we don't get it right. It's our desire – and duty – to get it right.

Preventive Health Screenings for Gender-Diverse Patients

If you have a particular body part or organ, and otherwise meet criteria, the usual preventive health screenings should be done for it. For example, trans men with a cervix should receive Pap smears starting at age 21. Trans women should discuss prostate screening with their provider starting at age 55. You can trust the providers in this directory to conduct screenings with the sensitivity you deserve.

Care Outside of the Traditional Environment at Carle

The **Carle Mobile Health Clinic** brings affordable, non-urgent primary care services to neighborhoods near you, including chronic condition management and education, treatment of acute illness, wellness care, and lab testing. Check out carle.org/MobileHealthClinic or call (217) 365-7928 for times and locations near you.

Carle also offers **virtual visits** for some types of care, which allow you to see and hear your Carle provider from anywhere (for example, by computer or phone). Check with your provider to see if virtual visits may be an option for you.

Care for Gender-Diverse Teens

Some of the providers listed in this directory will prescribe gender-affirming hormone therapy (GAHT) to older teens or refer them to an endocrinologist who may prescribe GAHT to the teen. Youth under the age of 18 require parental consent for GAHT. By Illinois law, minors age 12 and older have the right to keep their discussions with healthcare providers confidential [Statutes 410 ILCS 210, 405 ILCS 5, PA 102-0685].

Updating Gender and Name Preferences in Your Electronic Health Record

Carle patients can update their name and gender identity whenever they like through the MyCarle patient portal. Sign up for access at MyCarle.com or download the app to your phone. Once you're in the portal, navigate to Account Settings → Personal Information.

For Family Members and Loved Ones of People Who Are Gender Diverse

For those with a loved one who's transgender or gender diverse, this can be a confusing and challenging change to your life and to the lives of those around you. Many loved ones of people who are gender diverse experience emotions such as shock, grief or even anger. It's normal to feel confused and conflicted at the loss of your loved one's previous identity while adjusting to their new one.

Carle and the therapists listed in this directory would be glad to help you work through these feelings, which can allow you to more fully accept the new identity of your loved one. You can also speak to your primary care provider about a referral to Carle Behavioral Health Service, or speak to a social worker in your primary care provider's office to get connected to a local therapist.

Suicide/Mental Health Hotline

Call, text or chat the number 988. This three-digit number gives you (or your loved ones) 24/7 access to trained crisis counselors who can help people experiencing suicidal, substance use and/or mental health crises – or any other kind of emotional distress. People can also dial 988 if they're worried about a loved one who may need crisis support.

988 doesn't send a person's geolocation to police or EMS. If someone's life is in immediate danger, call 911.

Financial Information

You're encouraged to contact your insurance company to verify coverage before your scheduled visits. At any time, you can get an estimate of future services at Carle by contacting Patient Financial Services at (888) 712-2753, by visiting one of our Patient Financial Services locations or by using our online tool. Visit carle.org/patients-visitors for more information.

Certification Letters for Surgery

To authorize a gender-affirming surgery, insurance companies usually require letters of support from a hormone prescriber and one or two mental health providers. Providers listed in this directory can help with these letters. The large regional centers in Chicago and Iowa City may also ask for letters before scheduling a surgery consultation.

We listen.

If you have concerns or compliments about the care you receive through Carle, you may contact Patient Relations by calling (217) 326-8560 or (855) 665-8252 (toll free), or by emailing Patient.Relations@carle.com.

DISCRIMINATION IS AGAINST THE LAW.

Carle Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Carle Health does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Carle Health provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters
- Written information in other formats (*large print, audio, accessible electronic formats*)

Carle Health provides free language services to people whose primary language is not English, such as:

- Qualified interpreters
- Information written in other languages.

If you need these services, contact Carle interpreter services at (217) 326-0340.

If you believe that Carle Health has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Carle Patient Relations at (217) 326-8560 or toll free (855) 665-8252, by email at patient.relations@carle.com or by mail at Carle Health, Attention: Patient Relations, 611 W. Park Street, Urbana, IL 61801. If you need help filing a grievance, Patient Relations is available to help you, M-F 8am-5pm. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue, SW Room 509F, HHH Building, Washington, D.C. 20201, (800) 368-1019 or (800) 537-7697 (TDD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

SPANISH

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-217-383-2543.

CHINESE (MANDARIN)

注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電 1-217-383-2545.

VIETNAMESE

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-217-383-2546.

KOREAN

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-217-383-2547 번으로 전화해 주십시오.

TAGALOG

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-217-326-0340.

RUSSIAN

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-217-326-0340.

ARABIC

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-217-326-0340

FRENCH

ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-217-383-2544.

POLISH

UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-217-326-0340.

ITALIAN

ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-217-326-0340.

GERMAN

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-217-326-0340.

HINDI

ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-217-326-0340. पर कॉल करें।

GUJARATI

સુચન: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો 1-217-326-0340.

URDU

خبردار: اگر آپ اردو بولتے ہیں، تو آپ کو زبان کی مدد کی خدمات مفت میں دستیاب ہیں۔ کال کریں 1-217-326-0340

GREEK

ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, στη διάθεσή σας βρίσκονται υπηρεσίες γλωσσικής υποστήριξης, οι οποίες παρέχονται δωρεάν. Καλέστε 1-217-326-0340.

