

2019 MCLEAN COUNTY

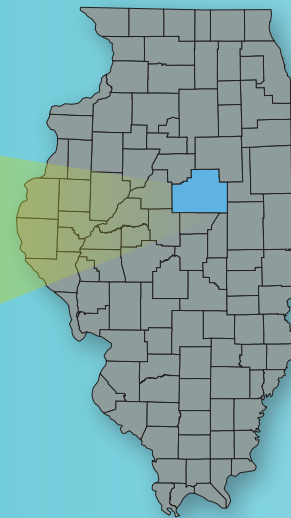
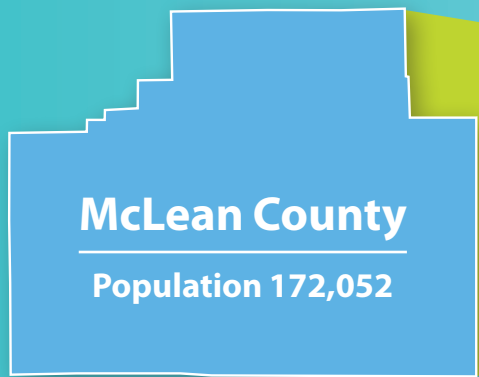
Community Health Needs Assessment (CHNA)

SUMMARY REPORT



together **WE** are better

HIGHER LEVEL COUNTY DATA



McLean County

State of Illinois

33.7

MEDIAN AGE

38.5

Approx 25%

SINGLE PARENT
HOUSEHOLDS

32.4%

40.5%

(Bloomington, 61701)

66,336

(2.43 average household size)

HOUSEHOLDS



\$67,065

(Bloomington, 61701 \$47,846)

MEDIAN HOUSEHOLD
INCOME

\$66,487

14.5%

(Bloomington, 61701 22.2%)

PEOPLE LIVING BELOW
FEDERAL POVERTY LINE



3.73%

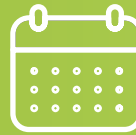
UNEMPLOYED

6.7%

VOICES FROM THE COMMUNITY

2018 MCLEAN COUNTY COMMUNITY HEALTH SURVEY

- **695 respondents**
(593 general population + 102 at-risk population)
- **2 month survey period**
(July – August 2018)



PERCEPTION OF FIVE BIGGEST HEALTH ISSUES IN OUR COMMUNITY

- Mental Health **82%**
- Obesity/Overweight **52%**
- Aging Issues **31%**
- Cancer **27%**
- Dental Health **25%**

PERCEPTION OF THREE UNHEALTHIEST BEHAVIORS

- Drug abuse - illegal **52%**
- Alcohol abuse **42%**
- Poor eating habits **38%**

THREE MOST IMPORTANT FACTORS THAT WOULD IMPROVE WELLBEING

- Access to Health Services **59%**
- Healthy Food Choices **43%**
- Job Opportunities **40%**

GENERAL OVERVIEW

OVERVIEW OF THE COMMUNITY HEALTH NEEDS ASSESSMENT (CHNA) PROCESS

STEP
01

Obtain and analyze data/information; present it to the McLean County Community Health Council for discussion.

STEP
02

Prioritize the top 6 health issues and choose the top 3 health priorities for the joint 2019 McLean County CHNA and the joint 2020-2022 McLean County Community Health Improvement Plan

STEP
03

Form a Priority Action Team for each of the 3 health priorities.

STEP
04

Compose the 2019 McLean County CHNA.

STEP
05

Approve CHNA document and post on 4 websites for all to use.

Top 6 Issues

- Access to Care
- Behavioral Health (Mental Health and Substance Use)
- Healthy Eating/Active Living (Exercise, Nutrition, Obesity and Food Access/Insecurity)
- Heart Disease
- Oral Health
- Respiratory Disease

*Top 6 Issues
Narrowed Down to 3*

Top 3 Issues Identified as Priority Focus Area

- Access to Care
- Behavioral Health (Mental Health and Substance Use)
- Healthy Eating/Active Living (Exercise, Nutrition, Obesity and Food Access/Insecurity)

BEHAVIORAL HEALTH

McLean County is in the worst 25th percentile compared to other counties in Illinois for:

ER visits due to adolescent (10-17 years) suicide and intentional self-inflicted injury



ER visits due to alcohol use (18+ years)

McLean County is in the **best 50th percentile** compared to other counties in Illinois for:

- ER rate due to substance use
- ER rate due to opioid use
- Deaths due to drug poisoning
- Adults who smoke
- Teens who use marijuana, smoke or use alcohol



- An average of **31%** of youth surveyed reported feeling sad or hopeless
- An average of **16%** of youth surveyed reported seriously considering attempting suicide

- McLean County is in the worst 50th - 75th percentile for age-adjusted ER visits due to pediatric (<18) mental health compared to other counties in Illinois.
- 70% of McLean County adults surveyed rated their mental health as average or poor
- Rate for 15-17 year olds is 2.5 times the county rate



59% of survey respondents rated
“ACCESS TO HEALTH SERVICES”
as an issue that impacts well-being



REASONS survey respondents reported not accessing health care were:

- **COULD NOT AFFORD COPAY**
- **NO INSURANCE**

19% of survey respondents reported not having access to dental care



19% of at-risk County residents surveyed reported that the **EMERGENCY DEPARTMENT** was their primary choice of medical care...

...as compared to **3%** of the general population

McLean County is ranked as #1 in the State of Illinois for clinical care

HEALTHY EATING / ACTIVE LIVING (HEAL)



- **86%** of McLean County residents are not meeting exercise guidelines (150 minutes per week); **35%** report being too tired to exercise, **22%** report they don't like to exercise
- **94%** of McLean County residents do not consume 5+ servings of fruit and vegetables per day; **11%** citing cost, **15%** report "don't like"
- **12.1%** of people in McLean County experience food insecurity
- **32.1%** of adults (18+) are obese
- **27%** of 8th, 10th and 12th graders reported being physically active for a total of 60 minutes per day for 7 days a week
- McLean County is in the **worst 25th percentile** compared to other IL counties for access to a grocery store
- **84%** of McLean County residents live reasonably close to a park or recreation facility



SUMMARY PAGE

MCLEAN COUNTY COMMUNITY HEALTH COUNCIL MEMBERS

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100 Black Men
Advocate BroMenn Medical Center
Baby Fold
Bloomington Housing Authority
Bloomington Normal Boys & Girls Club
Bloomington Police Department
Bloomington Township
Chestnut Health Systems
Children's Home + Aid
City of Bloomington
Community Cancer Center
Community Health Care Clinic
Connect Transit
District 87
East Central Illinois Area Agency on Aging
Economic Development Council
Faith in Action
Heartland Head Start
Home Sweet Home Ministries
Illinois Farm Bureau
Illinois State University
Illinois State University Mennonite College of Nursing
Illinois State University School of Social Work
Links
Marcfirst SPICE
McLean County Government
McLean County Center for Human Services
McLean County Health Department
McLean County Regional Planning Commission
McLean County Sheriff
Mid Central Community Action
Normal Police
OSF HealthCare St. Joseph Medical Center
Project Oz
Not in Our Town
Regional Office of Education
State Farm
Unit 5
United Way of McLean County
West Bloomington Revitalization Project
YMCA
YWCA

Summary data is from the 2019 McLean County Community Health Needs Assessment full report.

The full CHNA Report is available on each organization's Website at:
Advocate BroMenn Medical Center: <http://www.advocatehealth.com/chnareports>
Chestnut Health Systems: <https://www.chestnutfamilyhealth.org/about-us/data-reports/>
McLean County Health Department: <https://health.mcleancountyil.gov/>
OSF St. Joseph Medical Center: www.osfhealthcare.org/about/community-health/