

# COMMUNITY HEALTH IMPROVEMENT PLAN

MCLEAN COUNTY/ILLINOIS  
2023-2025 FINAL REPORT



 **Carle**  
BroMenn Medical Center

  
**CHESTNUT**  
HEALTH SYSTEMS™

  
**McLean County**  
Health Department

 **OSF HEALTHCARE**  
St. Joseph  
Medical Center

# Executive Summary

---

Carle BroMenn Medical Center, Chestnut Health Systems, the McLean County Health Department and OSF St. Joseph Medical Center, with the guidance of the McLean County Community Health Council, collaborated to produce two joint reports: the 2022 McLean County Community Health Needs Assessment (CHNA) and the 2023 – 2025 McLean County Community Health Improvement Plan (CHIP). The 2022 joint CHNA resulted in the identification of three health priorities: 1) behavioral health, including mental health and substance use; 2) access to care and 3) healthy eating/active living. Previous efforts also resulted in joint CHNAs in 2016 and 2019 and joint CHIPs for 2017 – 2019 and 2020 – 2022.

The purpose of the 2023 - 2025 McLean County CHIP is to improve the health of McLean County residents by developing and maintaining partnerships to implement community health improvement plan interventions, working together to encourage health and healthcare access awareness and fostering systemic approaches that will improve the health and well-being of county residents and the community.

The development and implementation of the 2023 – 2025 McLean County CHIP was due in large part to the three priority action teams, one team for each of the three health priorities identified in the 2022 CHNA: behavioral health, access to care and healthy eating/active living (HEAL). Each priority action team has between 20 and 40 members representing key stakeholders for the identified health priority.

For the three-year period of 2023 – 2025, McLean County stakeholders worked together to implement the McLean CHIP and to support related efforts. Annual reports for 2023 and 2024 were produced to reflect progress made on implementing the intervention strategies and achieving the process indicators outlined in the plan. This 2023 – 2025 Final Report provides a similar overview of the progress made on the intervention strategies over the three-year period. It is also followed by the Outcome and Impact Objectives Comparison Summary for 2023 - 2025. Using green, yellow and red highlights, the summary provides the baseline data included in the 2023 – 2025 McLean County Community Health Improvement Plan in comparison to the most up-to-date data available as of March 2026 to see if improvements in the impact and outcome objectives have been observed.

Through the work of committees dedicated to each of the priority areas, considerable progress was made toward implementing the intervention strategies and achieving the targets as defined by the process and outcome indicators. Some examples of accomplishments from the improvement plan over the three-year period are listed on the next five pages.

## 2023 - 2025 Community Health Improvement Plan Accomplishments

Access to Care	Baseline Data	Newest Data
The proportion of McLean County residents identified as “at risk” (Medicaid Population) reporting the emergency department as their choice of medical care decreased.	16% (2021)	8% (2024)
There was an increase in the number of mobile health clinic patients connected with a medical home from 2023 to 2025.	23 community members (2023)	71 community members (2025)
There was an increase in the number of full-time equivalents (FTE) of dentists and hygienists available to serve low-income McLean County residents.	3.1 FTE dental providers (2021)	6.0 FTE dental providers (2025)
There were over 7,300 dental visits for uninsured or underserved individuals from 2023 to 2025.	3,863 dental visits (2021)	7,333 dental visits (2025)
The number of days mobile health clinics were held in McLean County increased from 2023 to 2025.	40 days (2023)	169 days (2025)
In 2025, nearly 10,000 virtual visits were held for patients, increasing access to care.	7,758 virtual visits (2023)	9,894 virtual visits (2025)
Behavioral Health (Mental Health and Substance Abuse)	Baseline Data	Newest Data

<p>Mental Health First Aid (MHFA) trainings continued to be offered from 2023 – 2025.</p> <ul style="list-style-type: none"> <li>Over 825 community members were trained during the three-year timeframe.</li> <li>In 2024, Teen MHFA was offered for the first time for students. It was also offered in 2025.</li> </ul>	323 community members trained (2021)	282 community members trained (2025)
<p>Ending the Silence expanded to one additional public school and two private schools in 2025.</p> <ul style="list-style-type: none"> <li>9,630 students participated in Ending the Silence during the three -year timeframe.</li> </ul>	20 public schools (2021)	21 public schools and 2 private schools (2025)
<p>Too Good for Drugs continued to be offered from 2023 -2025.</p> <ul style="list-style-type: none"> <li>8,422 students participated in Too Good for Drugs during the three-year timeframe.</li> </ul>	2,473 students (2021)	2,513 students (2025)
<p>An annual behavioral health forum for community members was held in 2023 and 2025.</p> <ul style="list-style-type: none"> <li>Total attendance for both forums increased from the baseline in 2021. The forum in 2021 was held virtually.</li> </ul>	142 community members (2021)	322 community members (2025)
<p>Telepsychiatry services increased from 2021 to 2025.</p> <ul style="list-style-type: none"> <li>Approximately 5,981 individuals received services via telepsychiatry in 2025.</li> </ul>	1,979 individuals (2021)	Approximately 5,981 individuals (2025)
<p>Frequent Users System Engagement (FUSE) began in 2019 and continued to expand in 2023 – 2025 with positive outcomes for the three-year period.</p> <ul style="list-style-type: none"> <li>Outcomes for participants pre-FUSE (18 months prior to joining FUSE) versus post-FUSE were all positive. There was a decrease or reduction for the following for 2023, 2024 and 2025. <ul style="list-style-type: none"> <li>Mental health emergency room visits/contacts</li> <li>Justice contacts</li> <li>Shelter bed contacts/admissions</li> </ul> </li> </ul>	8 new participants* (2021)	29 new participants* (2025)  *Total # of clients served per year is higher.
<p>Outcome data for PEARLS showed improved (lower) PHQ-9 scores in 2024 and 2025.</p> <ul style="list-style-type: none"> <li>The Program to Encourage Active, Rewarding Lives (PEARLS) is a national evidence-based program for late-life depression. PEARLS brings high quality mental healthcare into community-based settings that reach vulnerable older adults.</li> </ul>	Baseline to be established (2021)	18.69 average PHQ-9 score pre-Pearls versus 2.93

		average PHQ-9 score post six months PEARLS (2025)
Bridge Academy saw an increase in the number of students served from 2023 to 2025 and had positive outcome data for attendance pre-Bridge Academy versus post-Bridge Academy enrollment.	Average of 31 students (2023)	55 students (2025)
The average percentage of 8 <sup>th</sup> , 10 <sup>th</sup> and 12 <sup>th</sup> grade students who reported feeling so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities decreased.	40% (2020)	30% (2024)
The proportion of 12 <sup>th</sup> grade students reporting using marijuana one or more times in the past 30 days decreased.	16% (2020)	12% (2024)
The proportion of 12 <sup>th</sup> grade students reporting that they have used any type of substance in the past year decreased.	53% (2020)	38% (2024)
Deaths due to drug poisoning decreased.	18.6 deaths/100,000 population (2017 – 2019)	15.4 deaths/100,000 population (2021 – 2023)
<b>Healthy Eating/Active Living</b>	<b>Baseline Data</b>	<b>Newest Data</b>
The number of free programs educating community members about preparing healthy foods increased.	33 programs (2020)	135 programs (2025)
Community garden produce donations increased, expanding local access to fresh fruits and vegetables.	3,160 pounds of produce donated (2020)	4,200 pounds of produce donated (2025)
SmartMeals was implemented in 2018 and continued to grow during the three-year period.	1,054 meals (2019)	1,296 meals (2025)

The number of Peace Meals served increased from 2023 to 2025.	135,149 meals (2023)	349,808 meals (2025)
Participation in Girls on the Run, which promotes physical activity and confidence among youth, increased.	10 participants (2020)	142 participants (2025)
Participation in Healthy Kids University, which promotes physical activity among children, increased.	28 participants (2020)	118 participants (2025)
Participation in the Home Sweet Home Ministries soup kitchen salad program increased, expanding access to healthier meal options.	8,830 participants consumed a salad with 75% choosing the healthier option (2020)	11,400 participants consumed a salad with 80% choosing the healthier option (2025)
The Diabetes Prevention Program expanded, offering more classes. Participation and program success increased, with 83% of participants losing weight and 95% increasing physical activity in 2025.	23 participants; 37 classes; 16 lost weight and 23 increased physical activity (2023)	42 participants; 52 classes; 35 lost weight and 40 increased physical activity (2025)
Chronic disease self-management courses expanded from 2023 to 2025 to support individuals managing chronic health conditions.	20 participants; 1 course (2023)	92 participants; 8 courses (2025)
The number of individuals participating in a blood pressure screening increased from 2023 to 2025.	619 participants	760 participants

	screened (2023)	screened (2025)
Participation in free community physical activity programs grew.	427 participants (2020)	4,979 participants (2025)
Matter of Balance participants reported “feeling a reduction in a fear of falling”.	94% of participants (2020)	100% of participants (2025)

**To see a complete list of highlights reflecting progress and the need for further community-wide effort, please see the Outcome and Impact Objective Comparison Summary on pages 112-119.**

## McLean County 2023 – 2025 Community Health Improvement Plan Access to Care Summary

**HEALTH PRIORITY: ACCESS TO CARE**

**GOAL:** Advance and advocate for equitable and affirming access to care and other resources, which address social determinants of health, to improve the health and well-being of our diverse community by 2026.

**Related Social Determinants of Health:** Access to Care; Housing Instability/Quality of Housing; Transportation, Employment

**OUTCOME OBJECTIVE:** By 2026, reduce the percentage of individuals utilizing McLean County hospital emergency rooms for non-emergent conditions.

**Baseline**

- 16% of McLean County residents identified as “at risk” (Medicaid Population) reported the emergency department as their choice of medical care (McLean County Health Survey, 2021).

**State Health Improvement Plan (SHIP) 2021 Alignment**

- *Build upon and improve local system integration.*
- *Improve the opportunity for people to be treated in the community rather than in institutions.*
- *Assure accessibility, availability, and quality of preventive and primary care for all women, adolescents, and children, including children with special health care needs, with a focus on integration, linkage, and continuity of services through patient-centered medical homes.*
- *Increase community-clinical linkages to reduce chronic disease.*

THREE YEAR MEASURES	STRATEGIES and INTERVENTIONS	ANNUAL EVALUATION MEASURES	PROGRESS IN 2025
<b>IMPACT OBJECTIVE #1:</b>	<b>STRATEGY 1: SUPPORT ASSERTIVE LINKAGE NAVIGATION/ENGAGEMENT PROGRAMS WHICH LINK LOWER INCOME COMMUNITY MEMBERS WITH A MEDICAL HOME AND INSURANCE COVERAGE.</b>		

<p><b>By 2026, decrease the number of McLean County residents identifying the emergency department as choice of medical care.</b></p> <p><b>BASELINE DATA</b></p> <ul style="list-style-type: none"> <li>• <b>16%</b> of the at-risk population Identified the emergency room as their primary choice of medical care (McLean County Community Health Survey, 2021)</li> <li>• <b>4%</b> of the general population identified the emergency room as their primary choice of medical care (McLean County Community Health Survey, 2021)</li> </ul>	<p><b>Intervention 1.1: Coordinating Appropriate Access to Comprehensive Care (CAATCH) Program</b></p> <p>The CAATCH program is an emergency room navigation program for navigators and/or care coordinators to engage those without a primary care home.</p> <p><b>Evidence:</b>  <a href="http://www.healthycommunityalliance.org/promisepractice/index/view?pid=30259">http://www.healthycommunityalliance.org/promisepractice/index/view?pid=30259</a>   <a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/medical-homes">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/medical-homes</a></p>	<p><b>Intervention 1.1: Process Indicators</b></p> <ul style="list-style-type: none"> <li>• # of patients served through the CHCC CAATCH Program (baseline: 248 patients in CY 2021)</li> </ul>	<p><b>Intervention 1.1 Outcomes:</b></p> <ul style="list-style-type: none"> <li>• <b>2025:</b> 2 patients <b>2024:</b> 4 patients <b>2023:</b> Not available</li> </ul>	
		<p><b>Intervention 1.1: Outcome Indicators</b></p> <ul style="list-style-type: none"> <li>• 30-day hospital readmission rate for CAATCH patients (baseline: zero for CY 2021)</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> 0 readmissions <b>2024:</b> Not available <b>2023:</b> Not available</li> </ul>	
		<ul style="list-style-type: none"> <li>• CAATCH patient emergency department use (baseline: 89% reduction in CY 2021)</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> 0 ER use <b>2024:</b> Not available <b>2023:</b> Not available</li> </ul>	
		<ul style="list-style-type: none"> <li>• Yearly estimated cost savings from CAATCH (baseline: \$1,116,000 in CY 2021)</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> \$17,045 <b>2024:</b> Not available <b>2023:</b> Not available</li> </ul>	
		<p><b>Intervention 1.2: Medicaid Innovation Collaborative's (MIC) Medicaid Transformation Project</b></p> <p>This project introduces a community health worker training curriculum and funds community health workers who will focus on reducing health equity barriers in the community via proactive field engagement and providing connection to primary care medical homes, assistance with Medicaid or Marketplace enrollment and increased access to digital health interventions.</p>	<p><b>Intervention 1.2: Process Indicators</b></p> <ul style="list-style-type: none"> <li>• # of community members connected with a medical home (baseline: to be established)</li> </ul>	<p><b>Intervention 1.2 Outcomes:</b></p> <ul style="list-style-type: none"> <li>• <b>2025:</b> 276 community members <b>2024:</b> 207 community members <b>2023:</b> 54 community members</li> </ul>
			<ul style="list-style-type: none"> <li>• # of community members receiving SDOH screening and intervention (baseline: to be established)</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> 1,056 community members <b>2024:</b> 154 community members</li> </ul>

			<b>2023:</b> 49 community members
		<b><u>Intervention 1.2: Outcome Indicators</u></b>	
		<ul style="list-style-type: none"> <li>• Not available</li> </ul>	
	<b><u>Intervention 1.3: Utilize trained professionals and community health workers to assist McLean County residents who have no insurance coverage in enrolling in either Medicaid, Medicare or a Marketplace product.</u></b>	<b><u>Intervention 1.3: Process Indicators</u></b>	<b><u>Intervention 1.3 Outcomes:</u></b>
		<ul style="list-style-type: none"> <li>• # of community members receiving assistance with Medicaid, Medicare or Marketplace enrollment (baseline: to be established)</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> 50 community members (Chestnut Health Systems) <b>2024:</b> 88 community members (Chestnut Health Systems) <b>2023:</b> 55 community members (Chestnut Health Systems)</li> </ul>
		<ul style="list-style-type: none"> <li>• # of community members enrolled in Medicaid, Medicare or Marketplace (baseline: to be established)</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> Total of 41 community members; 24 community members (Chestnut Health Systems), 17 community members (Carle Health) <b>2024:</b> Total of 94 community members; 88 community members (Chestnut Health Systems), 6 community members (Carle Health) <b>2023:</b> Total of 47 community members; 21 community members (Chestnut Health</li> </ul>

			Systems), 26 community members (Carle Health)	
		<ul style="list-style-type: none"> <li># of community members who have completed the CMS and State of IL Certified Application Counselor trainings and obtained certification. (baseline: to be established)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 7 community members (Chestnut Health Systems)</li> <li><b>2024:</b> 9 community members (Chestnut Health Systems)</li> <li><b>2023:</b> 4 community members (Chestnut Health Systems)</li> </ul>	
		<p><b><u>Intervention 1.3: Outcome Indicators</u></b></p> <ul style="list-style-type: none"> <li>Not available</li> </ul>		
<p><b>IMPACT OBJECTIVE #2:</b></p> <p><b>By 2026, increase the number of McLean County residents indicating they have access to a dentist.</b></p> <p><b>BASELINE DATA</b></p> <ul style="list-style-type: none"> <li><b>45%</b> of respondents reported “no insurance” as their reason for inability to access dental care (McLean County Community Health Survey, 2021)</li> </ul>	<p><b>STRATEGY 2: INCREASE THE CAPACITY OF ORGANIZATIONS PROVIDING DENTAL SERVICES TO LOW-INCOME RESIDENTS OF MCLEAN COUNTY.</b></p>	<p><b><u>Intervention 2.1:</u> Increase the number of full-time equivalents (FTE) dentists and hygienists available to serve low-income McLean County residents. Note FTE includes volunteer dentists and hygienists.</b></p> <p><b><i>Evidence:</i></b></p> <p><a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/allied-dental-professional-scope-of-practice">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/allied-dental-professional-scope-of-practice</a></p>	<p><b><u>Intervention 2.1: Process Indicators</u></b></p> <ul style="list-style-type: none"> <li># of clinical full-time equivalent (FTE) dentists and hygienists working with lower income McLean County residents (baseline: 1.5 FTE dentist and 1.6 FTE hygienists established BY 2021)</li> </ul>	<p><b><u>Intervention 2.1 Outcomes:</u></b></p> <ul style="list-style-type: none"> <li><b>2025:</b> 1.93 dentist, 4.16 hygienist, 4.1 dental assistants <ul style="list-style-type: none"> <li>2025: 1.0 FTE dentist / 2.0 FTE hygienist (Chestnut Family Dental)</li> <li>2025: 0.8 FTE dentist / 1.1 FTE hygienist (McLean County Health Department)</li> </ul> </li> </ul>

<ul style="list-style-type: none"> <li>• <b>37%</b> of respondents reported “could not afford co-pay” as their reason for inability to access dental care (McLean County Community Health Survey, 2021)</li> </ul>			<ul style="list-style-type: none"> <li>○ 2025: 0.13 FTE dentist / 1.06 FTE hygienist (Community Health Care Clinic)</li> <li>• <b>2024:</b> 1.93 dentist, 3.89 hygienist</li> <li>○ 2024: 1.0 FTE dentist / 2.0 FTE hygienist (Chestnut Family Dental)</li> <li>○ 2024: 0.8 FTE dentist / 0.9 FTE hygienist (McLean County Health Department)</li> <li>○ 2024: 0.13 FTE dentist / 1.0 FTE hygienist (Community Health Care Clinic)</li> <li>• <b>2023:</b> 0.7 FTE dentist, 0.95 hygienist</li> <li>○ 2023: FTE dentist / 0.0 FTE hygienist (Chestnut Family Dental)</li> <li>○ 2023: 0.7 FTE dentist / 0.95 hygienist (McLean County Health Department)</li> <li>○ 2023: Not available (Community Health Care Clinic)</li> </ul>
		<ul style="list-style-type: none"> <li>• # of patients served and # of unique visits through the</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> 420 patients / 2,152 visits</li> </ul>

		Community Health Care Clinic (baseline: 604 patients and 1,466 visits in CY 2021)	<b>2024:</b> 189 patients / 927 visits <b>2023:</b> Not Available
		<ul style="list-style-type: none"> <li># of patients served and # of unique visits through the McLean County Health Department (baseline: 2,397 visits in CY 2021)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 2,547 patients/2,561 visits</li> <li><b>2024:</b> 2,776 patients/2,791 visits</li> <li><b>2023:</b> 1,178 patients/ 2,721 visits</li> </ul>
		<ul style="list-style-type: none"> <li># of patients served and unique visits through Chestnut Family Health Center (baseline: to be established)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 1,176 patients / 2,635 visits</li> <li><b>2024:</b> 673 patients / 1,451 visits (05/01 – 12/31)</li> <li><b>2023:</b> 0 patients / 0 unique visits</li> </ul>
		<b><u>Intervention 2.1: Outcome Indicators</u></b> <ul style="list-style-type: none"> <li>Not available</li> </ul>	
	<b><u>Intervention 2.2: Expand performance of fluoride application in Pediatric and Primary Care Settings serving low-income pediatric McLean County residents.</u></b>  <b>Evidence:</b> <a href="https://pediatrics.aappublications.org/content/115/1/e69">https://pediatrics.aappublications.org/content/115/1/e69</a>	<b><u>Intervention 2.2: Process Indicators</u></b> <ul style="list-style-type: none"> <li># of primary care/ pediatric practices performing fluoride applications in the primary care/ pediatric settings (baseline: 3 practices - Carle Pediatrics Bloomington, Carle Family Medicine Normal and OSF Medical Group Pediatrics established in CY 2021).</li> </ul>	<b><u>Intervention 2.2 Outcomes:</u></b> <ul style="list-style-type: none"> <li><b>2025:</b> 3 practices (Carle Pediatrics Bloomington, Carle Family Medicine Normal and OSF Medical Group Pediatrics)</li> <li><b>2024:</b> 4 practices (Carle Pediatrics Bloomington, Carle Family Medicine Normal, OSF Medical Group Pediatrics and Chestnut Family Health Center)</li> </ul>

			<p><b>2023:</b> 3 practices (Carle Pediatrics Bloomington, Carle Family Medicine Normal and OSF Medical Group Pediatrics)</p>
		<ul style="list-style-type: none"> <li># of pediatric patients receiving fluoride applications in the primary care/pediatric settings (baseline: 776 patients – 501 Carle Pediatrics Bloomington and 275 OSF Pediatrics) established in CY 2021).</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> Total of 728 patients; 450 patients (Carle Pediatrics Bloomington and Carle Family Medicine Normal), and 278 patients (OSF Pediatrics), 0 (Chestnut – performing through dental program)</li> <li><b>2024:</b> Total of 1,694 patients; 647 patients (Carle Pediatrics Bloomington and Carle Family Medicine Normal) and 1,047 patients (OSF St. Joseph Medical Center)</li> <li><b>2023:</b> Total of 735 patients; 460 patients (Carle Pediatrics Bloomington) and 275 patients (OSF Pediatrics)</li> </ul>
		<p><b><u>Intervention 2.2: Outcome Measures</u></b></p> <ul style="list-style-type: none"> <li>Not Available</li> </ul>	
	<p><b><u>Intervention 2.3: Expand performance of Caries Risk Assessments in Pediatric and Primary Care Settings serving low-income pediatric McLean County residents.</u></b></p>	<p><b><u>Intervention 2.2: Process Indicators</u></b></p> <ul style="list-style-type: none"> <li># of pediatric patients receiving Caries Risk</li> </ul>	<p><b><u>Intervention 2.3 Outcomes:</u></b></p> <ul style="list-style-type: none"> <li><b>2025:</b> 26 patients</li> <li><b>2024:</b> 25 patients</li> </ul>

		<p>Assessment in the primary care setting at Chestnut Family Health Center (baseline: to be established)</p>	<p><b>2023:</b> 4 patients</p>
		<ul style="list-style-type: none"> <li># of primary care/ pediatric practices performing Caries Risk Assessments on pediatric patients (baseline: to be established)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 1 practice (Chestnut Family Health Center)</li> <li><b>2024:</b> 1 practice (Chestnut Family Health Center)</li> <li><b>2023:</b> 1 practice (Chestnut Family Health Center)</li> </ul>
		<p><b><u>Intervention 2.2: Outcome Measures</u></b></p> <ul style="list-style-type: none"> <li>TBD</li> </ul>	
<p><b>IMPACT OBJECTIVE #3:</b></p> <p><b>By 2026, Decrease the number of McLean County residents indicating that they do not seek care.</b></p> <ul style="list-style-type: none"> <li><b>3%</b> of survey respondents indicated that they do not seek care when asked to choose the type of healthcare they use when they are sick.</li> </ul>	<p><b>STRATEGY 3: INCREASE SERVICE DELIVERY MODELS OUTSIDE BRICK AND MORTAR, FACE-TO-FACE SERVICES, TO INCREASE ACCESS AND AVAILABILITY OF COMMUNITY-BASED SERVICES FOR LOW INCOME MCLEAN COUNTY RESIDENTS.</b></p> <p><b><u>Intervention 3.1:</u> Continue providing patients with options for virtual visits to support community members in accessing care.</b></p> <p><b><i>Evidence:</i></b></p> <p><a href="http://www.healthycommunityalliance.org/promiseppractice/index/viw?pid=3230">http://www.healthycommunityalliance.org/promiseppractice/index/viw?pid=3230</a></p>		
		<p><b><u>Intervention 3.1: Process Indicators</u></b></p> <ul style="list-style-type: none"> <li># of organizations offering virtual health services (baseline: 4 established in CY 2021).</li> </ul>	<p><b><u>Intervention 3.1 Outcomes:</u></b></p> <ul style="list-style-type: none"> <li><b>2025:</b> 3 organizations (Carle BroMenn Medical Center, Chestnut Health Systems, OSF St. Joseph Medical Center)</li> <li><b>2024:</b> 3 organizations (Carle BroMenn Medical Center, Chestnut Health Systems, OSF St. Joseph Medical Center)</li> <li><b>2023:</b> 4 organizations (Carle BroMenn Medical Center, Chestnut Health Systems, Community</li> </ul>

			Health Care Clinic, OSF St. Joseph Medical Center)
		<ul style="list-style-type: none"> <li># of unduplicated patients and # of unique virtual visits provided through Chestnut Family Health Center for primary care services (baseline of 714 unduplicated patients received 1,036 virtual primary care services in CY 2021).</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 18 virtual visits (15 patients) <b>2024:</b> 372 virtual visits (142 patients) <b>2023:</b> 23 virtual visits (19 patients)</li> </ul>
		<ul style="list-style-type: none"> <li># of unduplicated patients and unique virtual visits provided through the Community Health Care Clinic (baseline: 647 unduplicated patients received 1,627 virtual visits in CY 2021)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 0 patients / 0 visits <b>2024:</b> 0 patients / 0 visits <b>2023:</b> Not available</li> </ul>
		<ul style="list-style-type: none"> <li># of visits for adults and pediatric patients provided through OSF HealthCare (baseline of 14,808 total virtual visits provided – 14,038 for adults and 770 for pediatric patients in CY 2021)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 8,715 virtual visits (8,253 adults and 462 pediatrics) <b>2024:</b> 9,360 virtual visits (8,711 adults and 649 pediatrics) <b>2023:</b> 6,427 virtual visits (6,041 adults and 386 pediatrics)</li> </ul>
		<ul style="list-style-type: none"> <li># of unique virtual visits provided by Carle West Physician Group (baseline of 75% of the 4,351 visits at Carle BroMenn Family Health Clinic were provided virtually in CY</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 1,161 virtual visits (942 patients) <b>2024:</b> 1,687 virtual visits (1,216 patients) <b>2023:</b> 1,308 virtual visits</li> </ul>

		2020.) Baseline for Carle West Physician Group is to be established.	
		<b><u>Intervention 3.1: Outcome Indicators</u></b>	
		<ul style="list-style-type: none"> <li>• Not available</li> </ul>	
	<p><b><u>Intervention 3.2: Expand the use of mobile health in McLean County.</u></b></p> <p><b><i>Evidence:</i></b></p> <p><a href="#">The scope and impact of mobile health clinics in the United States: a literature review - PMC (nih.gov)</a></p> <p><a href="#">Carle Foundation Hospital: Promising Practices: Care-A-Van Mobile Medical Clinic (thehcn.net)</a></p>	<p><b><u>Intervention 3.2: Process Indicators</u></b></p> <ul style="list-style-type: none"> <li>• # of organizations with mobile units (baseline: to be established)</li> </ul>	<p><b><u>Intervention 3.2 Outcomes:</u></b></p> <ul style="list-style-type: none"> <li>• <b>2025:</b> 4 organizations (Carle BroMenn Medical Center, Central Illinois Friends, Chestnut Health Systems, McLean County Health Department)</li> <li>• <b>2024:</b> 3 organizations (Carle BroMenn Medical Center, Chestnut Health Systems, McLean County Health Department)</li> <li>• <b>2023:</b> 3 organizations (Carle BroMenn Medical Center, Chestnut Health Systems, McLean County Health Department)</li> </ul>
		<ul style="list-style-type: none"> <li>• # of sites hosting mobile clinics (baseline: to be established)</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> 61 sites; 22 sites (Chestnut Health Systems), 13 sites (Carle BroMenn Medical Center), and 26 sites (McLean County Health Department)</li> </ul>

			<p><b>2024:</b> 43 sites; 27 sites (Chestnut Health Systems), 6 sites (Carle BroMenn Medical Center), 10 sites (McLean County Health Department)</p> <p><b>2023:</b> 11 sites; 6 sites (Carle BroMenn Medical Center), 5 sites (Chestnut Health Systems)</p>
		<ul style="list-style-type: none"> <li># of mobile clinics days in operation (baseline: to be established)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 169 mobile clinic days; 22 mobile clinic days (Chestnut Health Systems), 121 mobile clinic days (Carle BroMenn Medical Center), 26 mobile clinic days (McLean County Health Department 04/01/25 – 09/30/2025)</li> <li><b>2024:</b> 118 mobile clinic days; 41 mobile clinic days (Chestnut Health Systems), 67 mobile clinic days (Carle BroMenn Medical Center), 10 mobile clinic days (McLean County Health Department)</li> <li><b>2023:</b> 40 mobile clinic days; 25 mobile clinic days (Carle BroMenn Medical Center), 15 mobile clinic</li> </ul>

			days (Chestnut Health Systems)
		<ul style="list-style-type: none"> <li># of patients connected with a medical home (baseline: to be established)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 71 patients; 60 (Chestnut Health Systems), 9 (Carle BroMenn Medical Center), 2 patients (McLean County Health Department)</li> <li><b>2024:</b> 134 patients; 78 (Chestnut Health Systems), 46 patients (Carle BroMenn Medical Center), 10 patients (McLean County Health Department)</li> <li><b>2023:</b> 23 patients; 2 patients (Carle BroMenn Medical Center), 21 patients (Chestnut Health Systems)</li> </ul>
		<p><b><u>Intervention 3.2: Outcome Indicators</u></b></p> <ul style="list-style-type: none"> <li>Not available</li> </ul>	
	<p><b><u>Intervention 3.3:</u></b> Chestnut Health Systems, through their work as a partner of the Medicaid Innovation Collaborative (MIC), will proactively connect Chestnut Family Health Center patients and community members covered under IL Medicaid to the OSF On-Call suite of services focused on introducing use of supportive</p>	<p><b><u>Intervention 3.3: Process Indicators</u></b></p> <ul style="list-style-type: none"> <li># of Chestnut Family Health Center patients connected with an OSF On-Call product (baseline: establish).</li> </ul>	<p><b><u>Intervention 3.3 Outcomes:</u></b></p> <ul style="list-style-type: none"> <li><b>2025:</b> 25 patients</li> <li><b>2024:</b> 33 patients</li> <li><b>2023:</b> 3 patients</li> </ul>
		<ul style="list-style-type: none"> <li># of McLean County residents with Illinois Medicaid</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 54 residents</li> <li><b>2024:</b> 81 residents</li> </ul>

	<b>technology devices and services to complement and supplement traditional services.</b>	connected with an OSF On-Call product (baseline: establish).	<b>2023:</b> 0 residents
	<i>Evidence:</i> Pilot project	<b><u>Intervention 3.3: Outcome Indicators</u></b> • TBD	<ul style="list-style-type: none"> <li>• <b>2025:</b> Not Identified</li> <li>• <b>2024:</b> Not Identified</li> <li>• <b>2023:</b> Not Identified</li> </ul>

**RELATED IMPROVEMENT PLAN ACCOMPLISHMENTS**

**Calendar Year 2025**

The following organizations received grants in 2025 for implementation in 2025/2026 or FY26 (May 1, 2025– April 30, 2026) from the John M. Scott Health Care Commission. The grants are tied to the health priorities selected for the 2022 McLean County Community Health Needs Assessment and the 2023 – 2025 McLean County Community Health Improvement Plan. The data below is for May 1 – October 1, 2025.

- The Community Health Care Clinic received a Category I (three-year award beginning FY25) grant for general operating; 420 people were served during the above timeframe.
- The Community Health Care Clinic received a Category II Capital Grant for dental clinic equipment; 420 people were served during the above timeframe.
- Lifelong Access received a Category II Capital Grant for residential Americans with Disabilities Act (ADA) bathroom remodel; those served were not reported.
- Faith in Action received a Category II Program Grant for senior transportation and support services; 150 people were served during the above timeframe.
- The Community Health Care Clinic received a Category II Program Grant for access to dental care; 149 people were served during the above timeframe.
- The Community Health Care Clinic received a Category II Program grant for patient medication support; 420 people were served during the above timeframe.
- Homes of Hope received a Category II Program Grant for dental services; five people were served during the above timeframe.
- Brightpoint received a Category II Program Grant for childcare services; 81 people were served during the above timeframe.

**Other Related Accomplishments**

- In 2025, McLean County Health Department continued the Vaccine for Children (VFC) and Vaccines for Adults (VFA) programs, ensuring uninsured and underinsured residents were able to receive recommended vaccines at low or no cost.

- In 2025, McLean County Health Department continued operation of its Sexually Transmitted Infection (STI) Clinic, providing accessible, confidential testing and treatment services to support early detection, prevention and reduced transmission of STIs', particularly for uninsured and underinsured residents.
- In 2025, McLean County Health Department partnered with Illinois State University (ISU) and Illinois Wesleyan University (IWU) to provide on-site seasonal influenza and COVID-19 vaccination clinics for faculty and staff.
- In 2025, McLean County Health Department continued to lead the facilitation of the local Intellectual and Developmental Disability Collaborative (IDDC), supporting equitable access to information about resources for individuals with intellectual and developmental disabilities (IDD) and creating opportunities for meaningful networking between people with IDD, their support teams, advocates and community partners.
- In 2025, the McLean County Health Department's mobile unit conducted 26 service events in rural communities in McLean County, offering free health education and preventive screenings, including A1C and blood pressure screenings and height, weight and BMI measurements.
- In 2025, McLean County Health Department continued contracts with both local and national interpreter service providers to support its ongoing commitment to equitable, culturally responsive care across in-person, virtual, telephone and written platforms. In 2025, hired interpreter services supported 1,697 appointments across multiple languages; this figure does not include additional appointments served by bilingual staff providing interpretation.
- In 2025, McLean County Health Department's dentist continued to provide on-site dental services at the Juvenile Detention Center every other month, ensuring access to care for youth in custody.
- In 2025, the McLean County Health Department's dental clinic saw 2,546 patients, completed 251 school dental forms and welcomed 243 new dental patients.
- In 2025, the Carle Mobile Health Clinic accomplished the following:
  - Hosted 121 clinics at various sites in McLean County and provided services to 555 patients.
  - Added seven additional sites, four in rural areas, Carlock, LeRoy, Gridley and Funks Grove and three new sites in Bloomington/Normal.
  - Attended the following events in McLean County: McLean County Head Start, Western Avenue Health Fair, PRIDE Fest, BCBSIL – Community Health Fair, United Way Fundraiser (information shared) and the Tinervin Golf Outing.
- In 2025, Carle Mobile Health, Chestnut Health Family Health Clinic and the McLean County Health Department (MCHD) collaborated to provide two large scale back-to-school events.
  - Carle Mobile Health served 110 students – physicals and vaccinations.
  - Chestnut Family Health Clinic served 11 patients – physicals and vaccinations.
  - McLean County Health Department served 29 patients – vaccinations only.
- In 2025, Carle Health had several system wide Diversity, Equity and Inclusion (DEI) related accomplishments:
  - Hosted 12 Health Equity Grand Round sessions, with nearly 2500 participants over the course of the year. Sessions were available to community members for continuing education credits and a special extended October session featured live and virtual education with the Chief Health Equity Officer at the American Academy of Pediatrics.

- Completed a 20-week “Nurses as Changemakers” education series focused on anti-racism and cultural humility in nursing. The education was supported by a \$20,000 grant from the American Nurses Association.
- Delivered 90+ live DEI education sessions to Carle Health teams on topics including cultural humility, LGBTQ+ inclusion in healthcare and tools for disrupting bias in clinical and non-clinical settings.
- Carle BroMenn Medical Center again participated in the Healthcare Equality Index, submitting evidence of best practices in LGBTQ+ inclusive care. Results of the 2025 survey are expected in Spring 2026.
- Carle Health leadership participated in over 6,000 hours of education through inclusive leadership forums; 92 leaders were from Carle BroMenn Medical Center and Carle Eureka Hospital, accumulating 650 hours of education. This includes over 80 percent of nursing leaders in the region participating in at least one session in the past year.
- Carle Health employees participated in 12 DEI Multicultural Lunch and Learns, a 30-minute continuing education series focused on translating awareness to action, accumulating over 400 hours of education on topics including Black History in Healthcare, Generational Diversity, Serving Veterans and LGBTQ+ Inclusivity in the electronic medical record (EMR).
- In 2025, Carle BroMenn Medical Center accomplished the following:
  - Acquired the ION robotic-assisted navigational bronchoscopy platform for earlier diagnosis and treatment of lung cancer.
  - Opened Carle Health Endoscopy in Normal, supporting the growth of outpatient endoscopy services.
  - Added several pediatric specialty clinics at Carle BroMenn Outpatient Center in Bloomington with visiting physician from Champaign-Urbana that specialize in pediatric endocrinology, neurology, hematology and gastroenterology.
  - On October 17, 2025, Carle BroMenn Medical Center, in collaboration with the Illinois Breast and Cervical Cancer Program and Prairie State Women's Health, offered free walk-in mammograms to uninsured and underinsured community members. 8 women participated.
- In 2025, OSF HealthCare advanced community access to care through several key initiatives:
  - Expanded the intensive care unit (ICU) which increased critical care capacity to 29 beds at St. Joseph Medical Center.
  - Continued orthopedic and sports medicine support for student-athletes and through sponsorship of ISU athletic programs.
  - Boosted screenings at the Cancer Center and added two 3D mammography units with AI-assisted imaging for breast cancer detection.
  - Added providers in orthopedics, behavioral health and cardiology.
- In 2025, Home Sweet Home Ministries (HSHM) accomplished the following:
  - Continued its partnership with Chestnut Health Systems through a dedicated health navigator supported by the Medicaid Innovation Collaboration (MIC) program. Together, HSHM and the navigator engaged clients at The Junction community center and successfully connected them to needed medical and behavioral health appointments. HSHM also collaborated with Chestnut to provide onsite mobile health services once a month, offering primary care and follow-up appointments through a medical bus for individuals with limited access to traditional care.
  - Continued its partnership with nursing students from the Mennonite College of Nursing at Illinois State University and the nursing program at Illinois Wesleyan University (IWU). Nursing interns engaged community members at The Junction by providing blood glucose screenings, blood pressure checks and support for general health questions.

- Continued to provide transportation to healthcare appointments for clients residing in the shelter and for individuals experiencing unsheltered homelessness in the community.
- Partnered with T Mobile and the Salvation Army to distribute more than 100 free to use cell phones and service plans to unhoused individuals. This initiative helped neighbors more easily connect to medical care, schedule appointments and meet other essential communication needs.
- In 2025, Chestnut Health Systems accomplished the following:
  - Continued the Vaccine for Children (VFC) and Vaccines for Adults (VFA) programs, ensuring uninsured and underinsured patients were able to receive recommended vaccines at low or no cost.
  - Hosted a Give a Kid a Smile event and provided free services to 52 children.
  - Continued to offer free use of the Community Rooms at the 702 West Chestnut site to other organizations for the purpose of expanding access to health and wellness-related activities on the west side of Bloomington. These included hosting activities like:
    - McLean County Health Department Diabetes Prevention Program.
    - McLean County Health Department Mental Health First Aid Training.
    - University of Illinois Extension Spanish Certified Food Protection Manager’s class.
    - Celebrity Cookoff to promote colorectal cancer awareness.
    - Illinois State University mobile auditory clinics.
    - YouthBuild professionalism workshop.
    - University of Illinois Extension Junior Chefs classes.
    - Multiple Narcan education and distribution sessions.
- In 2025, Chestnut Health Systems and OSF HealthCare St. Joseph Medical Center continued their collaboration to expand the Family Medicine Residency Program to 17 residents by the end of 2025.
- In 2025, Central Illinois Friends accomplished the following:
  - Continued to support assistance needs (transportation, prescription assistance, etc.) for patients.
  - Continued to leverage the 340B program to assist uninsured patients with high-cost medications.
  - Continued its strategic initiative to increase the use of their mobile unit in collaboration with other community partners/agencies.
  - Continued to support the health navigation needs of patients to assist in identifying local primary care providers and medical homes.
  - Continued to offer telehealth PrEP and gender affirming hormone therapy services to patients with transportation and other access barriers.
  - Provided low-to-no cost STI testing and treatment to lower resourced McLean County community members.

**Calendar Year 2024**

**The following organizations received grants in 2024 for implementation in 2024/2025 or FY25 (May 1, 2024– April 30, 2025) from the John M. Scott Health Care Commission. The grants are tied to the health priorities selected for the 2022 McLean County Community Health Needs Assessment and the 2023 – 2025 McLean County Community Health Improvement Plan. The data below is for May 1 – October 31, 2024.**

- The Community Health Care Clinic received a Category I grant for general operation; those served were not yet reported.
- Faith in Action received a Category II Program Grant for Senior Transportation and Support Services; those served were not reported yet.
- Chestnut received a Category II Program Grant for the Mobile Health Unit; 59 people were served during the above timeframe.
- The Promise Council received a Category II Program Grant for the Student Health Care Program; those served were not yet reported.
- The Salvation Army received a Category II Program Grant for Safe Harbor Shelter Operations; those served were not yet reported.
- Black Nurses of Central Illinois received a Category II Program Grant for the Junior Health Services Career Academy; 12 people were served during the above timeframe.

#### **Other Related Accomplishments**

- Chestnut Health Systems opened dental programming in May 2024. Between May 1 and December 31, 2024, Chestnut’s dental staff provided 1,451 visits to 673 unduplicated patients.
- In 2024, Chestnut Health Systems doubled the number of community health workers collocated at sites with collaborating organizations and now has collocations at more than 12 sites.
- In 2024, Carle Health had several system wide Diversity, Equity and Inclusion (DEI) related accomplishments:
  - Hosted 12 Health Equity Grand Round sessions, with a total of 1,904 participants. Sessions were available to community members for continuing education credits.
  - Delivered 15 weeks of anti-racism education to nurse leaders. The education was supported by a \$20,000 grant from the American Nurses Association.
  - Over 2,800 nurses completed education on caring for diverse hair types and textures.
  - Carle BroMenn Medical Center was designated as a “high performer” on the 2024 Healthcare Equality Index, which is a nationwide designation of hospitals and healthcare facilities for LGBTQ+-inclusive healthcare practices.
  - Carle Health leadership participated in over 4,000 hours of education through inclusive leadership forums; 102 leaders were Carle BroMenn Medical Center and Carle Eureka Hospital leaders accumulating 460 hours of education.
  - Carle Health employees participated in 12 multicultural DEI forums for a total of 430 learning hours.
  - Delivered 65 live DEI education sessions to Carle Health teams on topics like cultural humility, LGBTQ+ inclusive education, racism in healthcare and bias time out.
- In 2024, The Carle Mobile Health Clinic hosted 67 clinics at various sites in McLean County and saw 486 patients.

- In 2024, Carle Health launched YoMingo. YoMingo is a new app offered as an educational resource for new and expecting mothers. It has important information and answers to everyday questions as well as the following:
  - Information on topics like prenatal care, pregnancy, labor and childbirth, breastfeeding, newborn care, and parenting.
  - Interactive maternity tools such as contraction timer, personal journal, feeding log and immunization log.
  - Classes, videos and animations on multiple topics.
  - Personalized content available in English, Spanish and 12 other languages.
- On October 18, 2024, Carle BroMenn Medical Center, in collaboration with the Illinois Breast and Cervical Cancer Program and Prairie State Women's Health, offered free walk-in mammograms to uninsured and underinsured community members. Nineteen women participated.
- On November 13, Queer Coalition, Illinois State University's sponsored LGBTQIA+ faculty, staff and graduate student affinity group, and the Women's Gender and Sexuality Studies Program hosted a lunch and interactive workshop led by a Carle BroMenn Medical Center senior staff chaplain. The purpose of the event was to empower LGBTQIA+ people of all ages to take control of their health care decisions. 25 people participated in the event.
- In 2024, the McLean County Health Department accomplished the following:
  - Provided over 2,600 face-to-face dental services to clients and completed over 220 required school dental exam forms.
  - Continued to provide routine dental exams at the Juvenile Detention Center every two months.
  - Visited 10 rural communities across McLean County with the mobile unit offering free health education and assessment including A1C and blood pressure screenings and height, weight and body mass index (BMI) measurements.
- In 2024, Home Sweet Home Ministries (HSHM) accomplished the following:
  - Completed participation in the Illinois Medical Respite Capacity Building Initiative (IMRCBI) in order to learn more about providing medical respite (recuperative care) to people experiencing homelessness being discharged from hospitalization. HSHM intends to further explore this concept in partnership with Chestnut Health Systems, pending renewal of IMRCBI funding.
  - Continued to partner with Chestnut Health Systems via a health navigator through the Medicaid Innovation Collaboration (MIC) program. In addition to engaging clients at The Junction, the health navigator accompanies HSHM's street outreach team in order to engage clients throughout the community.
  - Continued to partner with nursing students from the Mennonite College of Nursing at Illinois State University as well as students from the nursing program at Illinois Wesleyan University (IWU). Nursing interns engaged community members at The Junction by completing blood glucose testing, blood pressure checks, and fielding general health questions. Additionally, IWU nursing students implemented a nutritional education & food labeling system within HSHM's Bread for Life food co-op.
  - Began providing transportation to healthcare appointments for clients residing in the shelter or experiencing unsheltered homelessness in the community through HSHM's supportive services and street outreach teams.

**Calendar Year 2023**

**The following organizations received grants in 2023 for implementation in 2023/2024 or FY24 (May 1, 2023– April 30, 2024) from the John M. Scott Health Care Commission. The grants are tied to the health priorities selected for the 2022 McLean County Community Health Needs Assessment and the 2023 – 2025 McLean County Community Health Improvement Plan. The data below is for May 1 – October 31, 2023.**

- Lifelong Access (Marcfirst) received a Category II Capital Grant for pediatric sensory plan and interactive equipment; zero people were served during the above timeframe.
- Lifelong Access received a Category II Program Grant for pediatric therapy; 30 people were served during the above timeframe.
- The Community Health Care Clinic received a Category II Program Grant for their dental clinic; 138 people were served during the above timeframe.
- Faith In Action received a Category II Program Grant for senior transportation and support services; 120 people were served during the above timeframe.
- The Promise Council received a Category II Program Grant for the Student Health Care Program; 61 people were served during the above timeframe.
- The McLean County Health Department received a Category II Program Grant for dental equipment; 1,461 people were served during the above timeframe.

A leader from both Carle BroMenn Medical Center and OSF HealthCare St. Joseph Medical Center continued to serve on the City of Bloomington’s John M. Scott Health Care Commission Grants Committee.

**Other related accomplishments:**

- In 2023, Carle Health had several system wide Diversity, Equity and Inclusion (DEI) related accomplishments:
  - Over 17,000 employees completed a learning module on health equity.
  - Carle Health leadership participated in 3,300 hours of education through inclusive leadership forums; 101 leaders were Carle BroMenn Medical Center and Carle Eureka Hospital leaders accumulating 411 hours of education.
  - Carle Health employees participated in twice monthly multi-cultural DEI forums for a total of 1,000 hours.
  - Enhanced EMR to better capture accurate and inclusive REAL (race, ethnicity, language) and SOGI (sexual orientation and gender identity) data from patients.
  - Removed race-based eGFR equation from clinical testing.
  - Began screening for the social determinants of health (SDOH) in the inpatient setting in October 2023.
  - Hosted five Health Equity Grand Round sessions with a total of 969 participants. Sessions were available to community members for continuing education credits.
- In 2023, Carle BroMenn Medical Center and Prairie Pride Coalition continued to provide support to Central Illinois Friends to expand access to HIV and sexual health services at the Community Health Care Clinic.
- In 2023, Carle Health provided mobile health services at six sites in McLean County for 372 clients. OSF HealthCare St. Joseph Medical Center distributed 93 Smart Meals at the clinics.

- Carle BroMenn Medical Center and OSF HealthCare St. Joseph Medical Center continued to provide support for the Community Health Care Clinic (CHCC) in 2023. The CHCC is a free clinic which provides services to the medically underserved population of McLean County to ensure that all populations in the community have access to healthcare. All emergency room visits, diagnostic testing and hospital services are provided free of charge by Carle BroMenn and OSF St. Joseph. Carle BroMenn also owns the building where the clinic is located and provides maintenance for the clinic at no charge. OSF provides human resources support for the clinic.
- Carle BroMenn Medical Center continued to lead the LGBTQ+ Community Advisory Council for Carle Health. The council fosters increased access to care by giving voice to the LGBTQ+ community and allies in order to provide more sensitive and respectful care.
- Carle Health submitted an application for the Healthcare Equality Index (HEI) in October 2023. HEI is the national LGBTQ+ benchmarking tool that evaluates healthcare facilities' policies and practices related to the equity and inclusion of their LGBTQ+ patients, visitors and employees. As a part of this the application process, leaders at each Carle Health hospital completed a three-hour executive briefing session on LGBTQ+ inclusive healthcare, and staff at Carle BroMenn Medical Center (previously designated under Advocate) completed over 60 hours of LGBTQ+ inclusion education.
- In 2023, Carle BroMenn Medical Center partnered with Habitat for Humanity of McLean County to sponsor a Healthcare House.
- In 2023, Carle BroMenn Medical Center, Carle Cancer Institute Normal and the American Cancer Society (ACS) continued to partner on ACS's Breast Health Advocate (BHA) pilot program that launched in October 2022. Breast Health Advocates are volunteers that work within their communities to help connect Black women to local screening resources and reduce later stage breast cancer diagnoses. By the end of 2023 four BHA's were trained.
- Carle Health staff members worked with the health committee of the local National Association for the Advancement of Colored People (NAACP) and the American Cancer Society in 2023, speaking and presenting on breast health at several major community events, including the Juneteenth celebration. Carle Health also hosted a lunch and learn educational event on Saturday, Aug. 5 at the Carle Cancer Institute Normal with 13 community members in attendance.
- In 2023, OSF HealthCare St. Joseph Medical Center accomplished the following:
  - Began a family medicine residency program in July 2023 with six new residents. For outpatient care, the residency program partnered with Chestnut Health Systems to provide comprehensive care of patients and their families at the Chestnut Family Health Center.
  - Partnered with Illinois State University athletes to provide access to athletic trainers, sports medicine providers, orthopedic surgeons and behavioral health professionals.
  - Partnered with the Springfield Clinic to enhance surgery options in McLean County.
  - Offered various clinics for McLean County Unit District No. 5 and Bloomington School District 87 families to reduce first day of school exclusion. School physicals with immunizations and sports physicals were offered.
- In 2023, OSF HealthCare accomplished the following:
  - Partnered with Medica – a non-profit health plan operating across 12 states – to offer Medicare Advantage plans for patients in the community.
  - Offered OSF OnCall to the community to enhance virtual health care options as well as opportunities to coordinate with the community health workers.

- Offered quarterly leadership training institute retreats focused on DEIB (Diversity, Equity, Inclusion, Belonging) for all leaders. Additionally, education was provided to all 24,000 employees on DEIB as ongoing cultural competency.
- Implemented a social determinants of health assessment for adult patients admitted into the hospital in the last quarter of 2023.
- In 2023, Chestnut Health Systems' Diversity, Equity and Inclusion Program accomplished the following:
  - Thirty percent of the workforce completed "Equity, Inclusion, and Cultural Humility" training, and 28 percent completed Safe Zone Training, an introduction to LGBTQ+ identities, gender and sexuality.
  - More than 350 hours of education were accumulated through Empowered Service trainings focused on health equity and workplace inclusion topics.
  - A dedicated budget was established for the DEI program to ensure sustainability.
  - The Chestnut DEI Committee was restructured and granted responsibility for managing New Employee Orientation DEI training and reviewing the Diversity & Inclusion Yearly Action Plan.
  - Policies were implemented that place clients in units of their choice based on their identified gender for detox and men's and women's residential substance use treatment services.
  - A guide entitled Gender Affirmative Services for Transgender and Gender Diverse People was prepared and publicized.
  - Chestnut Health Systems revised its Equal Employment Policy (PP 40) to ensure explicit protection of mental health conditions and substance use disorders and revised its Sick Leave Policy (PP 1220) to recognize behavioral health needs as an appropriate use of sick leave.
  - A multifaith religious holiday calendar was developed and distributed to be used by Chestnut Health System's employees in planning meetings and events.
- In 2023, Chestnut Health Systems sought and was awarded approval from the Health Resources Services Administration to add both Preventive Dental and Additional Dental services under FQHC scope for the 720 West Chestnut, Bloomington, address.
- Renovations were completed on Chestnut Health Systems' 4,000 square foot facility located at 720 West Chestnut Street, Bloomington, to accommodate the new dental program. Renovations resulted in 10 dental operatories, one lab, one panoramic x-ray room, one vitals station, a waiting area and multiple administrative offices.
- The addition of the OSF Family Medicine Residency located at Chestnut Family Health Center in July 2023 resulted in an increase in capacity to serve additional lower income McLean County residents through six family medicine residents and three faculty.
- In 2023, Chestnut Health Systems was selected to participate in an eight-month technical assistance project through the National Council for Wellbeing focused on increasing access across Chestnut's federally qualified health center (FQHC) and certified community behavioral health clinic (CCBHC) service lines.
- In 2023, Home Sweet Home Ministries accomplished the following:
  - Hosted two learning collaborative sessions regarding medical respite for people experiencing homelessness. A total of 20 individuals with lived experience participated in these sessions.

- Partnered with Chestnut Health Systems to engage clients at the Junction via a health navigator through the Medicaid Innovation Collaboration (MIC) program. The health navigator meets with community members at the Junction who are looking to sign up for Medicaid, connect to a primary care doctor and receive treatment for behavioral health and wellness issues.
- Partnered with the Mennonite College of Nursing at Illinois State University to engage clients at The Junction. Nursing interns engaged community members at The Junction by completing blood glucose testing, blood pressure checks, and fielding general health questions.

***\*The Four Organizations comprising the McLean County Executive Steering Committee—Carle BroMenn Medical Center, Chestnut Health Systems, McLean County Health Department and OSF St. Joseph Medical Center—are all implied resources/partners for Access to Care.***

## 2023 – 2025 McLean County Community Health Improvement Plan Behavioral Health Summary

**HEALTH PRIORITY: BEHAVIORAL HEALTH**

**GOAL:** Further equitable, inclusive, and integrated systemic community approaches to behavioral health and well-being for our diverse community by 2026.

**Related Social Determinants of Health:** Access to Care; Housing Instability/Quality of Housing

**OUTCOME OBJECTIVES:** By 2026, reduce the number of deaths due to suicide and emergency room visits due to suicide and intentional self-inflicted injury.  
By 2026, reduce the death rate due to drug poisoning and emergency room visits due to alcohol use.

**Baseline**

- 28 deaths due to suicide, McLean County Coroner’s Office, 2021.
- 47.7 emergency room visits per 10,000 population ages 18 years and older due to suicide and intentional self-inflicted injury (Conduent Healthy Communities Institute, Illinois Hospital Association, 2018 – 2020).
- 151.5 emergency room visits per 10,000 population 10 - 17 years of age due to adolescent suicide and self-inflicted injury (Conduent Healthy Communities Institute, Illinois Hospital Association, 2018 – 2020).
- 18.6 deaths/100,000 population due to drug poisoning, (Conduent Healthy Communities Institute, County Health Rankings, 2017 – 2019).
- 47.8 emergency room visits per 10,000 population 18 years and older due to alcohol use (Conduent Healthy Communities Institute, Illinois Hospital Association, 2018 – 2020).

**State Health Improvement Plan (SHIP) 2021 Alignment**

- *Build upon and improve local system integration.*
- *Improve the opportunity for people to be treated in the community rather than in institutions.*
- *Increase behavioral health literacy and decrease stigma.*
- *Reduce deaths due to behavioral health crises.*

THREE YEAR MEASURES	STRATEGIES and INTERVENTIONS	ANNUAL EVALUATION MEASURES	PROGRESS IN 2025
<b>IMPACT OBJECTIVE #1:</b>	<b>STRATEGY 1: SUPPORT EDUCATIONAL PROGRAMS AND MEDIA CAMPAIGNS AIMED AT REDUCING BEHAVIORAL HEALTH STIGMA, INCREASING MENTAL HEALTH AWARENESS AND/OR IMPROVING MENTAL HEALTH STATUS.</b>		

<p><b>By 2026, increase the percent of McLean County residents reporting good mental health and feeling less sad, depressed, stressed or anxious.</b></p> <p><b>BASELINE DATA</b></p> <ul style="list-style-type: none"> <li>Residents reported that their mental health was not good <b>4.0 days</b> in the past 30 days (County Health Rankings, 2018).</li> <li><b>24%</b> of survey respondents reported their overall mental health as good (McLean County Community Health Survey, 2021).</li> <li><b>23%</b> of survey respondents reported feeling depressed for 3 or more days in the 30 days prior to the survey (McLean County Community Health Survey, 2021).</li> <li><b>19%</b> of survey respondents reported feeling stressed or anxious for 3 or more days in the 30 days prior to the survey (McLean County Community Health Survey, 2021).</li> </ul>	<p><b>Intervention 1.1: Offer Mental Health First Aid (MHFA) Courses to the Community (evidence-based program).</b></p> <p><i>Evidence:</i>  <a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/mental-health-first-aid">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/mental-health-first-aid</a></p>	<p><b>Intervention 1.1: Process Indicators</b></p> <ul style="list-style-type: none"> <li># of MHFA for Older Adults courses offered (baseline: 1 course, 2021)</li> </ul>	<p><b>Intervention 1.1 Outcomes</b></p> <ul style="list-style-type: none"> <li><b>2025:</b> 1 course</li> <li><b>2024:</b> 2 courses</li> <li><b>2023:</b> 1 course</li> </ul>
		<ul style="list-style-type: none"> <li># of MHFA courses sponsored by Carle BroMenn Medical Center (baseline: 3 courses –McLean County MHFA Collaborative, 2021)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 3 courses</li> <li><b>2024:</b> 3 courses</li> <li><b>2023:</b> 3 courses</li> </ul>
		<ul style="list-style-type: none"> <li># of MHFA courses sponsored by OSF HealthCare St. Joseph Medical Center (baseline: 3 courses– McLean County MHFA Collaborative, 2021)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 4 courses</li> <li><b>2024:</b> 4 courses</li> <li><b>2023:</b> 4 courses</li> </ul>
		<ul style="list-style-type: none"> <li># of McLean County community members trained in MHFA per year (baseline: 323 community members, McLean County MHFA Collaborative, 2021)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 282 community members; 105 through MHFA collaborative, and 177 through ROE #17 (includes 102 students trained in Teen MHFA)</li> <li><b>2024:</b> 278 community members; 152 through MHFA collaborative, 36 through Bloomington School District 87 and 90 through ROE #17 (includes 22 students trained in Teen MFHA)</li> <li><b>2023:</b> 313 total community members;</li> </ul>

<ul style="list-style-type: none"> <li>40% of 8<sup>th</sup>, 10<sup>th</sup> and 12th grader students reported feeling so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities (Illinois Youth Survey, 2020).</li> </ul>			265 through MHFA collaborative and 48 through the Regional Office of Education (ROE)
		<ul style="list-style-type: none"> <li># of instructors trained to teach MHFA (baseline: 16 instructors – McLean County MHFA Collaborative, 2021)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 4 instructors (3 from grant from McLean County Health Department to ROE #17)</li> <li><b>2024:</b> 0 instructors</li> <li><b>2023:</b> 1 adult trainer and 3 youth trainers (1 from Carle BroMenn Medical Center)</li> </ul>
		<p><b><u>Intervention 1.1: Outcome Indicators</u></b></p> <ul style="list-style-type: none"> <li>% of MHFA course participants that “Agree” or “Strongly Agree” that they are More Confident About Being Aware of Their Own Views &amp; Feelings About Mental Health Problems &amp; Disorders (baseline: 94% of survey respondents-McLean County MHFA Collaborative, 2021)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> Data no longer available</li> <li><b>2024:</b> Data no longer available</li> <li><b>2023:</b> 89% (83 individuals submitted an evaluation)</li> </ul>
		<ul style="list-style-type: none"> <li>% of MHFA follow-up survey participants that still feel prepared to assist a person who may be dealing with a mental health problem or crisis to seek professional help (baseline: 70.7%, McLean County MHFA Collaborative, 2022) * The survey went to individuals who took a MHFA course within the last 6 years.</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> Follow-up survey not conducted in 2025</li> <li><b>2024:</b> Follow-up survey not conducted in 2024</li> <li><b>2023:</b> Follow-up survey not conducted in 2023</li> </ul>

		<ul style="list-style-type: none"> <li>• % of MHFA follow-up survey participants that feel prepared to ask a person whether s/he is considering killing her/himself (baseline: 90.9%, McLean County MHFA Collaborative, 2022)</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> Follow-up survey not conducted in 2025</li> <li>• <b>2024:</b> Follow-up survey not conducted in 2024</li> <li>• <b>2023:</b> Follow-up survey not conducted in 2023</li> </ul>
	<p><b>Intervention 1.2: Offer National Alliance on Mental Health (NAMI) <i>Ending the Silence</i> in McLean County Public Schools (evidence-based program).</b></p> <p><i>Evidence:</i>  <a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/universal-school-based-suicide-awareness-education-programs">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/universal-school-based-suicide-awareness-education-programs</a></p>	<p><b>Intervention 1.2: Process Indicators</b></p> <ul style="list-style-type: none"> <li>• # of public schools in McLean County where <i>Ending the Silence</i> is implemented (baseline: 20 public schools, Project Oz, 2021)</li> <li>• # of students in McLean County public schools participating in <i>Ending the Silence</i> (baseline: 3,317 students, Project Oz, 2021)</li> </ul>	<p><b>Intervention 1.2 Outcomes</b></p> <ul style="list-style-type: none"> <li>• <b>2025:</b> 21 public schools and 2 private schools</li> <li>• <b>2024:</b> 19 public schools</li> <li>• <b>2023:</b> 20 public schools</li> <li>• <b>2025:</b> 2,975 public school students (228 private school students)</li> <li>• <b>2024:</b> 3,180 students</li> <li>• <b>2023:</b> 3,256 students</li> </ul>
		<p><b>Intervention 1.2: Outcome Indicators</b></p> <ul style="list-style-type: none"> <li>• % of <i>Ending the Silence</i> student participants agreeing with the following statement, “As a result of this presentation, I know how to help myself or a friend if I notice any of the warning signs” (baseline: 89% of students, Project Oz, 2021)</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> 94%</li> <li>• <b>2024:</b> 93%</li> <li>• <b>2023:</b> 92%</li> </ul>
		<ul style="list-style-type: none"> <li>• % of <i>Ending the Silence</i> student participants agreeing with the following statement, “I know the early warning signs of mental illness” (baseline: 90% of students, Project Oz, 2021)</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> 93%</li> <li>• <b>2024:</b> 93%</li> <li>• <b>2023:</b> 92%</li> </ul>

		<ul style="list-style-type: none"> <li>% of students reaching out for help as a direct result of Ending the Silence presentations (baseline: 12.2% of 2,476 students who completed an evaluation, Project Oz, 2021)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 11%</li> <li><b>2024:</b> 14%</li> <li><b>2023:</b> 14.2%</li> </ul>
	<b>Intervention 1.3: Convene an annual Behavioral Health Forum for the community.</b>	<b>Intervention 1.3: Process Indicators</b>	<b>Intervention 1.3 Outcomes</b>
		<b>Intervention 1.3: Outcome Indicators</b>	
	<p><b>Intervention 1.4: To support McLean County in creating a trauma-informed and resilience-oriented county through helping individuals and communities build resilience and organizations become trauma-informed.</b></p> <p><i>Evidence:</i></p> <p><a href="#">Trauma-informed approaches to community building   County Health Rankings &amp; Roadmaps</a></p> <p><a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/trauma-informed-schools">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/trauma-informed-schools</a></p>	<p><b>Intervention 1.4: Process Indicators</b></p> <ul style="list-style-type: none"> <li># of organizations on RISE (Resilience Inspires and Spreads to Everyone) core team (baseline: 17 organizations, 2022, McLean County Government)</li> </ul>	<p><b>Intervention 1.4 Outcome</b></p> <ul style="list-style-type: none"> <li><b>2025:</b> On May 30, 2025, RISE discontinued as a standalone coalition. The trauma-informed work that RISE supported continued under the umbrella of the Behavioral Health Coordination (BHC) department.</li> <li><b>2024:</b> 5 organizations (Carle BroMenn Medical Center, Home Sweet Home Ministries, PATH, Public Defender’s Office, Bloomington Library)</li> </ul>

			<b>2023:</b> 17 organizations
		<ul style="list-style-type: none"> <li>Establish a baseline for the # of community trainings conducted to increase trauma awareness</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> On May 30, 2025, RISE discontinued as a standalone coalition. The trauma-informed work that RISE supported continued under the umbrella of the Behavioral Health Coordination (BHC) department. <b>2024:</b> 0 presentations <b>2023:</b> 7 presentations focused on increasing trauma awareness were held at the 2023 Behavioral Health Forum</li> </ul>
		<ul style="list-style-type: none"> <li>Initiate a trauma awareness social media campaign and online presence and establish a baseline for engagements and/or website utilization</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> On May 30, 2025, RISE discontinued as a standalone coalition. The trauma-informed work that RISE supported continued under the umbrella of the Behavioral Health Coordination (BHC) department. <b>2024:</b> Facebook account for RISE</li> </ul>

			<p>initiated in Feb 2024, biweekly content posted until April due to inactivity of group. Biweekly social media content restarted August 2024 via Behavioral Health Coordination Department Facebook account, which included information about trauma.</p> <p><b>2023:</b> Launched the RISE website on <a href="http://mcleancountyil.gov">mcleancountyil.gov</a></p>
		<p><b><u>Intervention 1.4: Outcome Indicators</u></b></p> <ul style="list-style-type: none"> <li>• Not available</li> </ul>	
	<p><b><u>Intervention 1.5: Conduct a behavioral health social media campaign.</u></b></p> <p>Bi-monthly social media messages will be posted with collaborating agencies being tagged to share the same message.</p>	<p><b><u>Intervention 1.5: Process Indicators</u></b></p> <ul style="list-style-type: none"> <li>• # of individuals reached on Facebook (baseline: 2,689 individuals, Chestnut Health Systems, January and October – December, 2021)</li> </ul>	<p><b><u>Intervention 1.5 Outcomes</u></b></p> <ul style="list-style-type: none"> <li>• <b>2025:</b> 139,864 individuals (is for impressions; FB no longer supports the number of individuals reached metric)</li> <li>• <b>2024:</b> 6,774 individuals (decrease due to changes in social media algorithms)</li> </ul>

			<p><b>2023:</b> 86,903 individuals*</p> <p>*Note: due to a technical glitch, collaborative organizations were not tagged on posts; data is only for Chestnut Health Systems</p>
		<ul style="list-style-type: none"> <li># of Facebook engagements (baseline: 1,000 engagements, Chestnut Health Systems, January and October – December 2021)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 4,938 engagements</li> <li><b>2024:</b> 247 engagements</li> <li><b>2023:</b> 3,760 engagements</li> </ul>
		<ul style="list-style-type: none"> <li># of individuals reached on Twitter/X (baseline: 2,533 individuals, Chestnut Health Systems, January, and October – December 2021)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 661 individuals</li> <li><b>2024:</b> 1,044 individuals</li> <li><b>2023:</b> 717 individuals</li> </ul>
		<ul style="list-style-type: none"> <li># of Twitter/X engagements (58 engagements, Chestnut Health Systems, January, and October – December 2021)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 22 engagements</li> <li><b>2024:</b> 74 engagements</li> <li><b>2023:</b> 7 engagements</li> </ul>
		<ul style="list-style-type: none"> <li># of individuals reached on LinkedIn (baseline: 1,057 individuals, Chestnut Health Systems, October – December 2021)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 35,224 individuals</li> <li><b>2024:</b> 9,410 individuals</li> <li><b>2023:</b> 1,430 individuals</li> </ul>
		<ul style="list-style-type: none"> <li># of LinkedIn engagements (59 engagements, Chestnut Health Systems, October – December 2021)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 1,276 engagements</li> <li><b>2024:</b> 304 engagements</li> </ul>

			<b>2023:</b> 18 engagements
		<b>Intervention 1.5: Outcome Indicators</b>	
		<ul style="list-style-type: none"> <li>Not available</li> </ul>	
<p><b>IMPACT OBJECTIVE #2:</b></p> <p><b>By 2026, decrease the percent of McLean County residents reporting heavy or binge drinking and the use of any type of substance.</b></p> <p><b>BASELINE DATA</b></p> <ul style="list-style-type: none"> <li><b>21.4%</b> of adults reported heavy or binge drinking (County Health Rankings, 2018)</li> <li><b>7%</b> of survey respondents reported using marijuana one or more times/day (McLean County Community Health Survey, 2021)</li> <li><b>21%</b> of survey respondents reported having an alcoholic drink one or more times/day (McLean County Community Health Survey, 2021)</li> <li><b>1%</b> of survey respondents reported the use of illegal substances one or more</li> </ul>	<p><b>STRATEGY 2: SUPPORT DRUG AND ALCOHOL EDUCATIONAL PROGRAMS and COLLABORATIVE COALITIONS TO INCREASE KNOWLEDGE AND DECREASE SUBSTANCE USE.</b></p>		
	<p><b>Intervention 2.1: Offer Too Good for Drugs in McLean County Public Schools (evidence-based program).</b></p> <p><i>Evidence:</i></p> <p><a href="http://www.toogoodprograms.org/too-good/evidence-base/">http://www.toogoodprograms.org/too-good/evidence-base/</a></p>	<p><b>Intervention 2.1: Process Indicators</b></p> <ul style="list-style-type: none"> <li># of public-school districts in McLean County where Too Good for Drugs is implemented (baseline: 7 public school districts, Project Oz, 2021)</li> </ul>	<p><b>Intervention 2.1 Outcomes</b></p> <ul style="list-style-type: none"> <li><b>2025:</b> 7 public school districts</li> <li><b>2024:</b> 8 public school districts</li> <li><b>2023:</b> 8 public school districts</li> </ul>
		<ul style="list-style-type: none"> <li># of students in McLean County public schools participating in Too Good for Drugs (baseline: 2,473 Project Oz, 2021)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 2,513 students</li> <li><b>2024:</b> 2,923 students</li> <li><b>2023:</b> 2,986 students</li> </ul>
		<p><b>Intervention 2.1: Outcome Indicator(s)</b></p> <ul style="list-style-type: none"> <li>Average improvement in student pre and post-test scores for Too Good for Drugs (baseline: +2.67, Project Oz, 2021)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> +2.8</li> <li><b>2024:</b> +3.1</li> <li><b>2023:</b> +2.24</li> </ul>
	<p><b>Intervention 2.2: Coordinate Recovery Oriented Systems of Care (ROSC) community-based recovery services in McLean County for the following behavioral health areas: Behavioral Health &amp; Wellness, Sober Living, Spirituality, Recovery Recreation, Diversity in Recovery and</b></p>	<p><b>Intervention 2.2: Process Indicators</b></p> <ul style="list-style-type: none"> <li># of community sectors participating in ROSC council meetings (baseline: establish)</li> </ul>	<p><b>Intervention 2.2 Outcomes</b></p> <ul style="list-style-type: none"> <li><b>2025:</b> 13 community sectors</li> <li><b>2024:</b> 13 community sectors</li> <li><b>2023:</b> 24 community sectors</li> </ul>

<p>times/day (McLean County Community Health Survey, 2021)</p> <ul style="list-style-type: none"> <li>• <b>7%</b> of survey respondents reported the improper use of prescription medication one or more times/day (McLean County Community Health Survey, 2021)</li> <li>• <b>53%</b> of 12th grade students reported that they have used any type of substance in the past year (Illinois Youth Survey, 2020)</li> <li>• <b>26%</b> of 12<sup>th</sup> grade students reported that they drank alcohol during the 30 days prior to the survey (Illinois Youth Survey, 2020)</li> <li>• <b>16%</b> of 12<sup>th</sup> grade students reported using marijuana 1 or more times in the past 30 days (Illinois Youth Survey, 2020)</li> <li>• <b>18.6 deaths/100,000 population</b> are due to drug poisoning (Conduent Healthy Communities Institute, County Health Rankings, 2017 – 2019)</li> </ul>	<p><b>various activities organized by the McLean County ROSC.</b></p> <p><u>Evidence:</u></p> <p><a href="#">Strategic Prevention Framework   SAMHSA</a></p> <p><a href="#">William White Papers   Chestnut Health Systems</a></p>	<ul style="list-style-type: none"> <li>• # of recovery recreational activities offered (baseline: establish)</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> 0 recovery recreational activities (ROSC move away from offering recovery recreational activities due to the establishment of A New Horizon Recovery Community Center)</li> <li>• <b>2024:</b> 9 recovery recreational activities</li> <li>• <b>2023:</b> 19 recovery recreational activities</li> </ul>
		<ul style="list-style-type: none"> <li>• # of unduplicated participants attending recovery recreational activities (baseline: establish)</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> 0 recovery recreational activities (ROSC move away from offering recovery recreational activities due to the establishment of A New Horizon Recovery Community Center)</li> <li>• <b>2024:</b> 106 unduplicated participants</li> <li>• <b>2023:</b> 149 unduplicated participants</li> </ul>
		<p><b>Intervention 2.2: Outcome Indicator(s)</b></p> <ul style="list-style-type: none"> <li>• Not available</li> </ul>	
<p><b><u>99IMPACT OBJECTIVE #3</u></b></p>	<p><b>STRATEGY 3: INCREASE ACCESS TO BEHAVIORAL HEALTH SERVICES AT VARIOUS SITES WITHIN THE COMMUNITY.</b></p>		
		<p><b>Intervention 3.1: Process Indicators</b></p>	<p><b>Intervention 3.1 Outcomes</b></p>

<p><b>By 2026, increase access to behavioral health services in McLean County.</b></p> <p><b>BASELINE DATA</b></p> <ul style="list-style-type: none"> <li>17% of McLean County residents reported that they needed counseling and were not able to get it (McLean County Community Health Survey, 2021)</li> </ul>	<p><b>Intervention 3.1: Support on-site or integrated behavioral health at primary care offices.</b></p> <p><i>Evidence:</i></p> <p><a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/behavioral-health-primary-care-integration">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/behavioral-health-primary-care-integration</a></p>	<ul style="list-style-type: none"> <li># of organizations that have integrated or collocated behavioral health services at primary care locations (baseline: 2 organizations; Chestnut Family Health Center and OSF Medical Group Primary Care Offices, 2022)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 3 organizations (same as below)</li> <li><b>2024:</b> 3 organizations (Chestnut Family Health Center, OSF Medical Group Primary Care offices and Center for Youth and Family Solutions at the Community Health Care Clinic)</li> <li><b>2023:</b> same as above</li> </ul>
		<p><b>Intervention 3.1: Outcome Indicators</b></p> <ul style="list-style-type: none"> <li>Not available</li> </ul>	
	<p><b>Intervention 3.2: Support telepsychiatry.</b></p> <p><i>Evidence:</i></p> <p><a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/telemental-health-services">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/telemental-health-services</a></p>	<p><b>Intervention 3.2: Process Indicators</b></p> <ul style="list-style-type: none"> <li># of sites where telepsychiatry is available (baseline: 6 sites, 2021)</li> </ul>	<p><b>Intervention 3.2 Outcomes</b></p> <ul style="list-style-type: none"> <li><b>2025:</b> 6 sites (see 2024 below)</li> <li><b>2024:</b> 6 sites Carle BroMenn Medical Center, McLean County Center for Human Services, Chestnut Health Systems, McLean County Government, McLean County Jail, OSF St. Joseph Medical Center</li> <li><b>2023:</b> 7 sites Carle BroMenn Medical Center, McLean County Center for Human</li> </ul>

			<p>Services, Center for Youth and Family Solutions (services ended in April 2023), Chestnut Health Systems, McLean County Government, McLean County Jail, OSF St. Joseph Medical Center</p>
		<ul style="list-style-type: none"> <li>• # of individuals receiving services via telepsychiatry (baseline: 1,979 individuals, 2021)</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> Total of at least 5,981 individuals <ul style="list-style-type: none"> <li>○ 95 individuals and 130 services – <i>McLean County Center for Human Services</i></li> <li>○ 24.7 hours - <i>Carle BroMenn Medical Center</i>; # of individuals not available</li> <li>○ 412 visits; # of unique individuals not available <i>McLean County Jail</i></li> <li>○ 22 individuals with 27 visits <i>McLean County Government</i></li> </ul> </li> </ul>

			<ul style="list-style-type: none"> <li>○ 2,076 unique individuals with 8,368 visits - <i>Carle Behavioral Health Bloomington</i></li> <li>○ 514 individuals received 1,517 remote/virtual psychiatry visits – <i>Chestnut Family Health Center</i></li> <li>○ 3,274 unique individuals with 5,924 visits; –<i>OSF Medical Group Behavioral Health</i></li> </ul> <p><b>2024:</b> Total of at least 1,857 individuals</p> <ul style="list-style-type: none"> <li>○ 116 individuals and 156 services – <i>McLean County Center for Human Services</i></li> <li>○ 30.7 hours - <i>Carle BroMenn Medical Center</i>; # of individuals not available</li> </ul>
--	--	--	--

			<ul style="list-style-type: none"> <li>○ 15 individuals with 53 visits <i>McLean County Jail</i></li> <li>○ 15 individuals with 48 visits <i>McLean County Government</i></li> <li>○ 1,526 unique individuals with 6,268 visits - <i>Carle Behavioral Health Bloomington</i></li> <li>○ 200 individuals received 434 remote/virtual psychiatry visits – <i>Chestnut Family Health Center</i></li> <li>○ 4,290 remote visits; # of individuals not available; <i>OSF Medical Group Behavioral Health</i></li> </ul> <p><b>2023:</b> Total of at least 1,545 individuals</p> <ul style="list-style-type: none"> <li>○ 25 youth with 83 hours from January – April 30, 2023. Services ended in April - <i>Center for</i></li> </ul>
--	--	--	--

			<p><i>Youth and Family Solutions</i></p> <ul style="list-style-type: none"> <li>○ 121 individuals and 171 services – <i>McLean County Center for Human Services</i></li> <li>○ 20.5 hours - <i>Carle BroMenn Medical Center</i>; # of individuals not available</li> <li>○ 97 individuals with 317 visits <i>McLean County Jail</i></li> <li>○ 11 individuals with 73 visits <i>McLean County Government</i></li> <li>○ 1,012 unique individuals with 3,337 visits <i>Carle BroMenn Behavioral Health Bloomington</i></li> <li>○ 279 individuals received 501 remote/virtual psychiatry visits– <i>Chestnut Family Health Center</i></li> </ul>
--	--	--	---

			<ul style="list-style-type: none"> <li>○ 2,222 remote visits – (2,054 adults, 168 pediatrics) <i>OSF Medical Group Behavioral Health.</i></li> </ul>
		<p><b><u>Intervention 3.2: Outcome Indicator(s)</u></b></p> <ul style="list-style-type: none"> <li>• Not available</li> </ul>	
	<p><b><u>Intervention 3.3: Support Frequent Users System Engagement (FUSE).</u></b></p> <p>FUSE is a program designed to break the cycle of homelessness and crisis among individuals with complex medical and behavioral health challenges who are intersecting the justice, homeless or emergency systems of care frequently.</p> <p><b><i>Evidence:</i></b></p> <p><a href="https://www.csh.org/fuse/">https://www.csh.org/fuse/</a></p>	<p><b><u>Intervention 3.3: Process Indicators</u></b></p> <ul style="list-style-type: none"> <li>• # of FUSE participants (baseline: average of 10 participants, McLean County Government, 2021)</li> </ul> <p><b><u>Intervention 3.3: Outcome Indicators</u></b></p> <ul style="list-style-type: none"> <li>• Decrease in mental health emergency room visits pre-FUSE (18 months prior to joining FUSE) versus post-FUSE (baseline: 60 mental health emergency room visits pre-FUSE versus 13 visits post-FUSE, McLean County Government, 2021)</li> <li>• Reduction in # of justice contacts (baseline: 46 justice contacts pre-FUSE (18 months prior to joining FUSE versus 8 justice</li> </ul>	<p><b><u>Intervention 3.3 Outcomes</u></b></p> <ul style="list-style-type: none"> <li>• <b>2025:</b> 60 FUSE participants <b>2024:</b> 37 FUSE participants <b>2023:</b> 23 FUSE participants</li> <li>• <b>2025:</b> 3.7 contacts/visits pre-FUSE versus 1.4 contacts/visits post-FUSE <b>2024:</b> 3.1 contacts/visits pre-FUSE versus 1 contacts/visits post-FUSE <b>2023:</b> 3.7 contacts/visits pre-FUSE versus .55 contacts/visits post-FUSE</li> <li>• <b>2025:</b> 3.35 justice contacts pre-FUSE versus 1.26 post-FUSE</li> </ul>

		<p>contacts post-FUSE, McLean County Government, 2021)</p> <ul style="list-style-type: none"> <li>Decrease in shelter bed days (baseline: 2,502 shelter bed days pre-FUSE (18 months prior to joining FUSE) versus 62 shelter bed days post-FUSE, McLean County Government, 2021)</li> </ul>	<p><b>2024:</b> 3.3 justice contacts pre-FUSE versus 0.36 post-FUSE  <b>2023:</b> 3.22 justice contacts pre-FUSE versus 0.43 justice contacts post-FUSE</p> <ul style="list-style-type: none"> <li><b>2025:</b> 1.68 shelter bed contacts/admissions (shelter bed days not available) pre-FUSE versus 0.46 shelter bed contacts/admissions post-FUSE  <b>2024:</b> 1.4 shelter bed contacts/admissions (shelter bed days not available) pre-FUSE versus 0.38 shelter bed contacts/admissions post-FUSE  <b>2023:</b> 1.7 shelter bed days pre-FUSE versus 0.22 shelter bed days post-FUSE</li> </ul>
	<p><b><u>Intervention 3.4: Support Behavioral Health Urgent Care (formerly the Triage Center).</u></b></p> <p>Behavioral Health Urgent Care is a walk-in option for individuals experiencing a behavioral health crisis.</p>	<p><b><u>Intervention 3.4: Process Indicators</u></b></p> <ul style="list-style-type: none"> <li># of clients served (baseline: 296 clients, McLean County Government, 2021)</li> </ul>	<p><b><u>Intervention 3.4 Outcomes</u></b></p> <ul style="list-style-type: none"> <li><b>2025:</b> 185 clients  <b>2024:</b> 161 clients  <b>2023:</b> 64 clients</li> </ul>

	<p><b>Evidence:</b></p> <p><a href="https://www.nlc.org/resource/triage-centers-as-alternatives-to-jail-for-people-in-behavioral-health-crises/">https://www.nlc.org/resource/triage-centers-as-alternatives-to-jail-for-people-in-behavioral-health-crises/</a></p> <p><a href="https://www.gicpp.org/pdfs/2013-007-final-20130930.pdf">https://www.gicpp.org/pdfs/2013-007-final-20130930.pdf</a></p>	<ul style="list-style-type: none"> <li>Total # of client services</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 710 services</li> <li><b>2024:</b> 698 services</li> <li><b>2023:</b> 347 services</li> </ul>
		<ul style="list-style-type: none"> <li>Average number of services per client (baseline to be established)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 3.84 services</li> <li><b>2024:</b> 4.34 services</li> <li><b>2023:</b> 4.4 services</li> </ul>
		<p><b>Intervention 3.4: Outcome Indicators</b></p> <ul style="list-style-type: none"> <li>% of clients sent to the emergency room (baseline: 0.7%, McLean County Government, 2021)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 7.57%</li> <li><b>2024:</b> 2.87%*</li> <li><b>2023:</b> 3%*</li> </ul> <p>*Sent to ER does not mean clients were admitted</p>
		<ul style="list-style-type: none"> <li>% of client interactions that do not result in a psychiatric hospitalization (baseline: 99.3%, McLean County Government, 2021)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 96.6%</li> <li><b>2024:</b> 96.7%</li> <li><b>2023:</b> 97%</li> </ul>
		<ul style="list-style-type: none"> <li>% of client interactions that do not result in law enforcement involvement post initial hand-off (98.9%, McLean County Government, 2021)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 99.77%</li> <li><b>2024:</b> 100%</li> <li><b>2023:</b> 100%</li> </ul>
	<p><b>Intervention 3.5: Offer PEARLS to McLean County older adults in the home.</b></p> <p>The Program to Encourage Active, Rewarding Lives (PEARLS) is a national evidence-based program for late-life depression. PEARLS brings high quality mental health care into community-based settings that reach vulnerable older adults.</p>	<p><b>Intervention 3.5: Process Indicators</b></p> <ul style="list-style-type: none"> <li># of persons served (baseline: 54 older adults, CCSI Case Coordination LLC, FY2021)</li> </ul>	<p><b>Intervention 3.5 Outcomes</b></p> <ul style="list-style-type: none"> <li><b>2025:</b> 42 people</li> <li><b>2024:</b> 30 people</li> <li><b>2023:</b> 0 people</li> </ul> <p>CCSI Case Coordination LLC was unable to hire a geriatric counselor in 2023</p>

	<p><b>Evidence:</b></p> <p><a href="https://depts.washington.edu/hprc/evidence-based-programs/pearls-program/pearls-evidence/">https://depts.washington.edu/hprc/evidence-based-programs/pearls-program/pearls-evidence/</a></p>	<ul style="list-style-type: none"> <li># of units/hours for individuals in PEARLS (657 units/hours, CCSI Case Coordination LLC, FY2021)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 353 units/hours</li> <li><b>2024:</b> 506 units/hours</li> <li><b>2023:</b> 0 units/hours</li> </ul>
		<p><b>Intervention 3.5: Outcome Indicator(s)</b></p> <ul style="list-style-type: none"> <li>Average PHQ-9 score pre-PEARLS versus six months post PEARLS (baseline to be established)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 18.69 average PHQ-9 score pre-Pearls versus 2.93 average PHQ-9 score post six months PEARLS</li> <li><b>2024:</b> 17.13 average PHQ-9 score pre-Pearls versus 2.96 average PHQ-9 score six months post PEARLS</li> <li><b>2023:</b> Not available</li> </ul>
	<p><b>Intervention 3.6: Support embedded behavioral health in schools.</b></p> <p>Defined as a community agency providing services through a school setting in McLean County. Community agency can bill Medicaid or Medicare.</p>	<p><b>Intervention 3.6: Process Indicators</b></p> <ul style="list-style-type: none"> <li>Number of school districts with embedded behavioral health in schools (baseline: 5 school districts, Center for Human Services and Chestnut Health Systems, 2021)</li> </ul>	<p><b>Intervention 3.6 Outcomes</b></p> <ul style="list-style-type: none"> <li><b>2025:</b> 5 school districts (see listing below)</li> <li><b>2024:</b> 5 school districts</li> <li><b>2023:</b> 5 school districts</li> </ul> <p><i>Chestnut Health Systems - Ridgeview CUSD#19</i></p> <ul style="list-style-type: none"> <li>-Ridgeview Jr/Sr. High School</li> <li>-Ridgeview Elementary School</li> </ul> <p><i>McLean County Center for Human Services –</i></p>

			<p><u>Bloomington School District 87</u>  -Bloomington High School  -Bloomington Junior High School  -Irving Elementary School  -Oakland Elementary School  -Sheridan Elementary School  -Stevenson Elementary School  -Washington Elementary School</p> <p><u>McLean County Unit District #5</u>  -Normal West High School  -Chiddix Junior High School  -Evans Junior High School  -Kingsley Junior High School  -Parkside Junior High School  -Fox Creek Elementary School  -Oakdale Elementary School  -Fairview Elementary School  -Cedar Ridge Elementary School</p> <p><u>Olympia CUSD #16</u>  -Olympia High School</p>
--	--	--	---

			<ul style="list-style-type: none"> <li>-Olympia Middle School</li> <li>-Olympia North Elementary School</li> <li>-Olympia South Elementary School</li> <li>-Olympia West Elementary School</li> </ul> <p><u>Lexington CUSD #7</u></p> <ul style="list-style-type: none"> <li>-Lexington Elementary School</li> <li>-Lexington Junior High School</li> <li>-Lexington High School</li> </ul>
		<ul style="list-style-type: none"> <li>• Number of students receiving counseling services in school setting through Embedded Behavioral Health in Schools (baseline: 928 students, Center for Human Services and Chestnut Health Systems, 2021)</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> 572 total students; 64 students (Chestnut Health Systems), 508 (McLean County Center for Human Services); there was a change in funding in 2025 and the schools defined as “embedded.” Counselors are still in schools offering services that are not classified as “embedded.”</li> <li><b>2024:</b> 849 total students; 53 students (Chestnut Health Systems), 796 (McLean</li> </ul>

			County Center for Human Services) <b>2023:</b> 829 total students; 64 students (Chestnut Health Systems), 765 students McLean County Center for Human Services
		<u><b>Intervention 3.6 Outcome Indicators</b></u> <ul style="list-style-type: none"> <li>• Not available</li> </ul>	
	<u><b>Intervention 3.7: Support Central Illinois Bridge Academy.</b></u>  Central Illinois Bridge Academy is a specialized alternative educational program under ROE #17 to serve adolescents in 7th through 12th grade with internalizing mental health concerns at risk for hospitalization, returning from hospitalization, or utilizing significant resources that exceed their school's ability. Students attend for full days, meet state standards for their academics through project-based learning, with full access to case managers, therapist and sensory room on-site, as well as community connections for ongoing resources.  <b>Evidence:</b>	<u><b>Intervention 3.7: Process Indicators</b></u> <ul style="list-style-type: none"> <li>• The number of students served by Bridge Academy (baseline to be established)</li> </ul>	<u><b>Intervention 3.7 Outcomes</b></u> <ul style="list-style-type: none"> <li>• <b>2025:</b> 55 unique students served  <b>2024:</b> 2023 – 2024 school year: 30 students served            2024 – 2025 school year: 21 students enrolled on first day of school, 30 students enrolled (as of January 10, 2025)  <b>2023:</b> 2022-2023 school year: 32 students served            2023-2024 school year: 30 students served (as of January 8, 2024)</li> </ul>

	<p><a href="https://safesupportivelearning.ed.gov/sites/default/files/13-ImpSchMnHlthSprtBtPrt-508_0.pdf">https://safesupportivelearning.ed.gov/sites/default/files/13-ImpSchMnHlthSprtBtPrt-508_0.pdf</a></p> <p><a href="https://store.samhsa.gov/sites/default/files/d7/priv/pep19-school-guide.pdf">https://store.samhsa.gov/sites/default/files/d7/priv/pep19-school-guide.pdf</a></p> <p><a href="https://oschool.org/">https://oschool.org/</a></p>	<ul style="list-style-type: none"> <li>The number of school districts and/or schools served within ROE (baseline to be established)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 9 school districts within ROE #17, 1 district served outside of ROE #17 area</li> <li><b>2024:</b> 7 districts served as of January 10, 2025; 8 districts served within 2024 – 2025 school year, 13 total districts served since opening Fall 2022</li> <li><b>2023:</b> 11 districts served as of January 8, 2024; 12 total districts served since opening Fall 2022</li> </ul>
		<p><b><u>Intervention 3.7 Outcome Indicators</u></b></p> <ul style="list-style-type: none"> <li>The average percentage of full-day attendance pre-Bridge Academy enrollment versus post Bridge Academy enrollment (baseline to be established)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 40% pre-Bridge Academy versus 76% post-Bridge Academy enrollment; pre-Bridge Academy attendance data is not available for 18 students.</li> <li>- Of students currently enrolled at Bridge Academy, 21 students have maintained or improved their attendance rate compared to either</li> </ul>

			<p>prior to coming to Bridge Academy or the prior school year at Bridge Academy.</p> <p>- Of those students who have had a decline in attendance rates, most are related to physical health impacting attendance.</p> <ul style="list-style-type: none"> <li>• <b>2024:</b> 47% pre-Bridge Academy versus 75% post-Bridge Academy; 18 students remained the same or had an increase in attendance compared to prior year attendance (pre-Bridge Academy attendance data not available for 12 students). Students who had a decrease in attendance rate was due to hospitalization impacting dates in attendance.</li> <li>• <b>2023:</b> 63% pre-Bridge Academy versus 77% post-Bridge Academy; 21 students have a current increase in attendance compared</li> </ul>
--	--	--	---

			to prior year attendance.
		<ul style="list-style-type: none"> <li>GAD-7 scores and PHQ data upon enrollment at Bridge Academy versus one-year post-Bridge Academy enrollment (or upon transition back to the referring school, whichever one comes sooner) (baseline to be established)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> Out of 40 students who attended Bridge in calendar year 2025 AND attended long enough to have at least 2 BASCs from that time period, 29 had improvements in at least one BASC score (72.5%). Twenty-six had improvements in at least two BASC scores (65%).</li> <li>- Out of 40 students who attended Bridge in calendar year 2025 AND attended long enough to have at least 2 BASCs from that time period, 40 maintained Acceptable scores in at least one BASC area (100%).</li> </ul> <p><i>BASC-3 Scores start at Bridge compared to current</i></p> <ul style="list-style-type: none"> <li>- Out of 13 students who started at Bridge between May 2023 and</li> </ul>

			<p>April 2024, attended through December 2025 AND have at least 2 BASCs from that time period, 12 had improvements in at least one BASC score (92.3%).</p> <ul style="list-style-type: none"> <li>- Out of 13 students who started at Bridge between May 2023 and April 2024, attended through December 2025 AND have at least 2 BASCs from that time period, 11 had improvements in at least two BASC scores (84.6%).</li> <li>- Out of 13 students who started at Bridge between May 2023 and April 2024, attended through December 2025 AND have at least 2 BASCs from that time period, 13 maintained Acceptable scores in at least one BASC area (100%).</li> </ul> <p><b>2024:</b> See 2023 below  <b>2023:</b> Bridge Academy transitioned in the</p>
--	--	--	--

			<p>2023 - 2024 school year to the Behavioral Assessment System for Children 3<sup>rd</sup> Edition (BASC-3) for a more comprehensive assessment. In future reporting years, Bridge Academy will provide BASC-3 comparisons.</p>
	<p><b>Intervention 3.8: Improve collaboration and close service gaps for residents 18+ with significant mental health related service needs.</b></p> <p>Chestnut Health Systems and the Center for Human Services will use SAMHSA Certified Community Behavioral Health Clinic (CCBHC) funding to improve collaboration between the two organizations and close service gaps for 305 unduplicated adults over the next four years.</p> <p><b>Evidence:</b></p> <p><a href="https://www.samhsa.gov/section-223/quality-measures">https://www.samhsa.gov/section-223/quality-measures</a></p> <p><a href="https://www.thenationalcouncil.org/program/ccbh-success-center/">https://www.thenationalcouncil.org/program/ccbh-success-center/</a></p>	<p><b>Intervention 3.8: Process Indicators</b></p> <ul style="list-style-type: none"> <li># of unduplicated patients served through the collaboration (baseline: establish)</li> </ul>	<p><b>Intervention 3.8 Outcomes</b></p> <ul style="list-style-type: none"> <li><b>2025:</b> 125 patients</li> <li><b>2024:</b> 125 patients</li> <li><b>2023:</b> 65 patients</li> </ul>
		<p><b>Intervention 3.8: Outcome Indicators</b></p> <ul style="list-style-type: none"> <li>Within six months of funding, establish Consumer/Family Committee comprised of clients from both organizations to meaningfully involve consumers in service development and provision.</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> Established and ongoing</li> <li><b>2024:</b> Established and ongoing</li> <li><b>2023:</b> Established and ongoing</li> </ul>
		<ul style="list-style-type: none"> <li>Creation and implementation of shared care team and clinical model to support patient-centered and coordinated provision of core CCBHC services.</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> Established and ongoing</li> <li><b>2024:</b> Established and ongoing</li> </ul>

2023: Established and ongoing

**RELATED IMPROVEMENT PLAN ACCOMPLISHMENTS**

**Calendar Year 2025**

The following organizations received grants in 2025 for implementation in 2025/2026 or FY26 (May 1, 2025– April 30, 2026) from the John M. Scott Health Care Commission. The grants are tied to the health priorities selected for the 2022 McLean County Community Health Needs Assessment and the 2023 – 2025 McLean County Community Health Improvement Plan. The data below is for May 1 – October 1, 2025.

- The McLean County Center for Human Services received a Category I Program Grant to support the integration of behavioral and primary healthcare services; number served has not yet been reported.
- Boys & Girls Club received a Category II Program Grant for a behavioral health program; 152 people were served during the above timeframe.
- Project Oz received a Category II Program Grant for the Transitional Living Program for Homeless Youth; 26 people were served during the above timeframe.
- The Center for Youth & Family Solutions received a Category II Program Grant for the Child, Adolescent and Family Behavioral Program; 240 people were served during the above timeframe.
- INtegRity Counseling, Inc. received a Category I Program Grant for mental health counseling; 273 people were served during the above timeframe.
- YouthBuild of McLean County received a Category II Program Grant for mental health services and interventions. Number served has not yet been reported.
- Girl Scouts of Central Illinois received a Category II Program Grant for behavioral services; 17 people were served during the above timeframe.

A leader from both Carle BroMenn Medical Center and OSF HealthCare St. Joseph Medical Center continued to serve on the City of Bloomington’s John M. Scott Health Care Commission Grants Committee.

**Other Related Accomplishments**

- In March 2025, Carle Behavioral Health Bloomington added a child psychiatrist who offers evening and weekend appointments for families to increase access to counseling services.
- In 2025, Carle BroMenn Medical Center accomplished the following:
  - Expanded outpatient programming for McLean County Family Treatment Court participants in the following ways:
    - Launched a gender-specific counseling group tailored to the unique needs of women participating in Family Treatment Court.
    - Provided individual therapy onsite when women were unable to secure services in the community, preventing delays in treatment progress and reunification efforts.

- Implemented regular urine drug screening for program participants to increase accountability and support court compliance.
  - Establish weekly presence at Family Treatment Court hearings and staff meetings to maintain real time communication with court partners.
  - Used court collaboration to stay informed about each client's requirements, challenges and ongoing progress.
- Increased inpatient psychiatric bed capacity from 16 to 19 beds.
- Developed comprehensive Mental Health Outpatient Day Group programming that serves as a structured step-down level of care for individuals transitioning from inpatient psychiatric treatment, as well as a step-up support option for those requiring more intensive services than traditional community mental health. The Adult Mental Health Day Program consists of three levels of care: Partial Hospitalization Program (PHP), Intensive Outpatient program (IOP) and Continuing Care. PHP and IOP are structured, group-based outpatient programs that incorporate group counseling, psychoeducation and individualized recovery planning through Wellness Recovery Action Plans (WRAPS). Continuing Care provides step-down support, allowing patients to sustain recovery by continuing to implement and refine their WRAPS.
- In 2025, Heartland Community College received a Certified Recovery Support Specialist (CRSS) Success Grant from the Illinois Department of Human Services to support individuals in obtaining CRSS certification, strengthening the behavioral health workforce and expanding access to peer recovery support services within the community.
- In 2025, The Center for Human Services accomplished the following:
  - Received its substance use disorder license to provide SUD level I and II outpatient services.
  - Entered into a contract with court services to provide peer recovery support services to emerging adults and youth involved in the justice system.
  - Received a grant from the state to provide programming for individuals determined to be unfit to stand trial due to their mental illness.
  - Obtained an outpatient license to provide substance use disorder treatment services.
  - Continued to provide outpatient counseling, psychiatry, crisis and case management services to youth and adults with mental health disorders.
- In 2025, McLean County Health Department (MCHD) accomplished the following:
  - Expanded community access to suicide prevention education by funding and promoting free, nationally recognized QPR training with online signup available through the MCHD website.
  - Awarded \$830,000 (via the 377 Board) to local agencies supporting individuals with Intellectual and Developmental disabilities (IDD).
  - Awarded \$1.8 million (via the Board of Health) to local behavioral health agencies to support and advance behavioral health services.
  - Continued its active participation in the Illinois Department of Human Services, Division of Behavioral Health & Recovery (IDHS/DBHR) Drug Overdose Prevention Program (DOPP). Through this partnership, MCHD receives Narcan at no cost, a nasal spray medication that temporarily reverses opioid overdoses. Narcan obtained through DOPP is distributed to community members and partner organizations across McLean County. In 2025, a total of 888 boxes of Narcan were distributed through this program.
- In 2025, OSF HealthCare accomplished the following:
  - Expanded access to behavioral health services through embedded behavioral health providers in primary care settings, including the addition of two new providers in 2025.
  - Continued care management referrals for patients with identified behavioral health needs.
  - Continued ongoing integration of behavioral health and primary care to improve early identification and coordination of care.

- In 2025, Girls Scouts Central Illinois accomplished the following:
  - Established a community-based troop at the Boys & Girls Club of Bloomington-Normal, creating a pathway to participation in Girl Scouting for 18 local girls facing heightened barriers to enrichment programs.
  - Delivered Girl Scouting to nearly 700 girls, age 5-17, in McLean County, supporting their development of social-emotional competencies through building their confidence, positive values, challenge-seeking behaviors and healthy relationship skills.
- In 2025, the Center for Youth and Family Solutions (CYFS) accomplished the following:
  - Public Awareness and Education
    - Provided information to participate in McLean County’s marketing campaign for crisis services.
  - Advancing Behavioral Health Care
    - Continued to provide high-quality therapy/counseling services to community members, serving anyone, regardless of payors, through in-office, telehealth and outreach to natural settings. CYFS added clinical staff in 2025 to better meet the demand.
    - Obtained a grant from the McLean County Health Department that began in January 2025, that will allow continuation and expansion of the partnership with Home Sweet Home Ministries to include outreach to unhoused individuals in public spaces and to add outreach clinical services to seniors and the aging population in community settings such as congregate care, assisted living and homes.
    - Received a John M. Scott Category II Program Grant for a child, adolescent and family behavioral health program; 322 people were served (continuation of a grant).
    - Developed and trained Bloomington High School students in Peer Mediation which is used as an alternative to punitive consequences in 2025.
    - Achieved and obtained Illinois Department of Healthcare and Family Services (HFS) certification as a provider for Intensive Home-Based Services for Pathways to Success eligible youth. The first team was hired and trained, and services began in Fall 2025. Services will be available to youth with more intensive behavioral health needs and their families.
    - Participated as a partner in the Family Treatment Court model, providing case management and behavioral health treatment services to connected family members.
  - Workforce Development
    - Received a Veterans Peer Support contract in McLean County, expanding the peer-support workforce within behavioral health.
- In 2025, Project Oz accomplished the following:
  - Expanded youth mental health community education and prevention efforts by providing new resources for parents and caregivers, broadening school-based services to four additional non-standard or private schools and delivering informational presentations at the Juvenile Detention Center to increase awareness of available supports and access pathways.
  - Continued implementation of the Restorative Schools Program across six public schools to strengthen prevention, early intervention and access pathways by connecting students and families to available resources, delivering restorative interventions, training school staff and supporting classrooms through 250+ restorative circles, 14 trainings, 300+ classroom support contacts and over 4,000 student contacts.

- Achieved state certification as a Behavioral Health Clinic, expanding the availability and continuity of counseling services for youth by allowing participants to continue receiving care beyond grant-funded program timelines and increasing capacity for additional services, including therapeutic mentoring.
- Opened a new Youth Education and Support Center that strengthens the availability and accessibility of supportive services for youth and vulnerable families through enhanced instructional space, expanded life skills instruction, increased opportunities for community engagement and new on-site basic needs resources, including a hygiene station with laundry facilities.
- Secured two new three-year state and federal grants to sustain transitional housing capacity for youth ages 18–23, maintaining 30 scattered-site beds annually with coordinated access to intensive case management and behavioral health assessment, referral and linkage to services.
- Delivered crisis intervention and stabilization services for youth facing housing crises by responding to 149 crisis calls and providing short-term emergency shelter, including 241 host home nights for minors and over 1,000 emergency shelter nights for young adults ages 18–23.
- In 2025, McLean County Recovery Oriented System of Care (ROSC) accomplished the following:
  - Outreach and Community Engagement
    - ROSC attended 13 community outreach events.
    - ROSC held three Narcan trainings with an average of 31 participants per training.
    - ROSC distributed 442 boxes of Narcan across various events and outreach initiatives.
    - ROSC conducted a community survey with 218 responses for FY25 and 242 responses for FY26.
  - Community Collaboration
    - ROSC partnered with New Horizon Recovery Community Center for three National Recovery Month initiatives.
      - 3rd Annual National Recovery Month Library Books Display Campaign; eight McLean County libraries participated.
      - National Recovery Month 2025 Recovery Stories Project; 11 recovery stories featured on social media.
      - Paint McLean County Purple for National Recovery Month; eight entries submitted and 12 local business donated prizes.
- In 2025 McLean County Government accomplished the following:
  - Behavioral Health Coordination
    - Presented information about public applications of community behavioral health to students at Illinois State University and Heartland Community College.
    - Utilized the 2025 Mental Health Plan Strategic Priorities set by the Behavioral Health Coordinating Council, resulting in 25 different contracts, including:
      - \$1.34 million to Home Sweet Home Ministries for completion of The Bridge, a non-congregate shelter with integrated behavioral health services.
      - A multi-media, multi-agency marketing campaign to highlight local and national crisis services in the community.
      - Releasing an Emerging Needs grant for behavioral health programs that have unexpectedly lost funding and had essential services at risk of closing.

- Awarded \$190,000 to Boys & Girls Club of Bloomington-Normal to ensure delivery of trauma-informed and social emotional learning programs, staff training, and transportation for members.
- Awarded \$100,095 to Center for Human Services to allow for continued operation of assistance for up to 46 households utilizing their Permanent Supported Housing and Rapid Rehousing services.
- Coordinated 18 training events, including 10 small training events on various behavioral health and trauma-related topics, three full or multi-day professional development trainings and two half-to-full day conferences, reaching over 800 individual community members. Some trainings were offered multiple times and in different modalities to allow for learner flexibility.
  - 45 community members at a half-day youth summit focusing on the behavioral health of youth and their families.
  - 100 local clinicians trained in eye movement and desensitization therapy.
  - 102 local clinicians trained in dialectical behavioral therapy.
  - 64 local professionals trained in motivational interviewing.
- Hired a Grants Program Manager to create and manage grants generated from a portion of the Mental Health and Public Safety Fund.
- Completed year two of the System of Care Grant (SOC), a federal opportunity through Substance Abuse and Mental Health Administration (SAMHSA) meant to expand and sustain comprehensive community mental health services for children with serious emotional disturbances.
  - Formed a council with representation of over 75 local organizations, parents and community members.
  - Established a five-member Parent and Young Adult Advisory Board which guides the work of the council.
  - Shared SOC information with more than 70 community groups through presentations and event participation.
  - Launched a monthly newsletter.
  - Trained a cohort of trainers for Support Over Silence, a three-hour bystander intervention program that equips community members to support caregivers navigating public moments with their children.
  - Approved a strategic plan and established standing committees.
  - Initiated an intensive home-based support program with The Baby Fold, added local capacity for psychiatric services for children aged 5-21 with The Center for Human Services and grew care coordination services with The Center for Youth and Family Solutions.
- Continued growing the Frequent Users System Engagement (FUSE) Program, a community support team intensive case management program for McLean County residents who experience frequent interactions with the justice system, homeless services and/or emergency mental health services.
  - Opened with 26 clients in 2025 and ended the year with 43 active clients, for a total of 60 people served in 2025 and 81 (unduplicated) individuals served since opening in late 2019.
- Added an additional counselor position to support increase in clients seeking therapy.

#### 11<sup>th</sup> Judicial Circuit

- Continued a Family Treatment Court, in conjunction with several local provider agencies, as supported by a grant from the Office of Juvenile Justice and Delinquency Prevention. This problem-solving court is meant to provide increased multidisciplinary services to court-involved adults in McLean County who are at risk of losing their children due to substance use issues.

- Confirmed partnership with the Administrative Office of Illinois Courts (AOIC) with a federal Assisted Outpatient Treatment (AOT) grant. Will work with the AOIC to develop and operationalize a replicable and effective structure to increase the utilization of AOT as a step-down transition from inpatient to community-based care.
- Confirmed partnership with the AOIC for the Swift, Certain, Fair grant, which provides additional resources for court involved young adults aged 18-25.
- The courts had previous collaborative opportunities with The Center for Youth and Family Solutions (CYFS) through the Comprehensive Assessment Team (CAT) grant, which ended September 30, 2024. CYFS has secured additional grants and the courts expect to be able to continue to provide referrals to services to CYFS based on the relationships the CAT grant built and through the additional grants that are beginning.

#### McLean County Jail

- In partnership with Carle Behavioral Health Bloomington, a full-time psychiatric nurse practitioner provides Medication Assisted Recovery and treatment options have expanded to include additional injectable options as well as partnership with a methadone clinic.
- Received approval for and added a certified substance use counselor position for 2025.
- Added a facility emotional support dog to serve incarcerated persons and staff.
- Added a garden for use of those in custody to provide stress relief and improve nutritional options.
- Increased collaboration with the Department of Health and Human Services to provide restoration counseling to those in custody found Unfit to Stand Trial.
- Added an Eye Movement and Desensitization and Reprocessing (EMDR) trained therapist.

#### Calendar Year 2024

**The following organizations received grants in 2024 for implementation in 2024/2025 or FY25 (May 1, 2024– April 30, 2025) from the John M. Scott Health Care Commission. The grants are tied to the health priorities selected for the 2022 McLean County Community Health Needs Assessment and the 2023 – 2025 McLean County Community Health Improvement Plan. The data below is for May 1 – October 31, 2024.**

- The McLean County Center for Human Services received a Category I grant to support the integration of behavioral and primary healthcare services; 2,749 people were served during the above timeframe.
- Boys & Girls Club received a Category II Program Grant for a behavioral health program; 78 people were served during the above timeframe.
- Project Oz received a Category II Program Grant for the Transitional Living Program for Homeless Youth; 31 people were served during the above timeframe.
- The Center for Youth & Family Solutions received a Category II Program Grant for the Child, Adolescent and Family Behavioral Program; 322 people were served during the above timeframe.
- INtegrity Counseling, Inc. received a Category II Program Grant for Mental Health Counseling; 284 people were served during the above timeframe.
- Lifelong Access received a Category II Program Grant for pediatric therapy; 62 people were served during the above timeframe.
- YouthBuild of McLean County received a Category II Program Grant for mental health services and interventions. Number served has not yet been reported.

A leader from both Carle BroMenn Medical Center and OSF HealthCare St. Joseph Medical Center continued to serve on the City of Bloomington's John M. Scott Health Care Commission Grants Committee.

### **Other Related Accomplishments**

- In 2024, The Center for Youth and Family Solutions (CYFS) accomplished the following:

#### **Justice Involved**

- CYFS Behavioral Health is a contracted provider of mental health services for McLean County Court Services. CYFS expanded their role in offering behavioral health services to court-involved clients and became involved in all of the specialty court endeavors in some way. CYFS participated in the new Family Treatment Court planning group and became one of the child welfare agencies providing the Department of Children and Family Services (DCFS) case management services.
- The Comprehensive Assessment Team (CAT) program served youth who were referred by the justice system or who were at risk of having justice system involvement. The grant ended September 30, 2024, but was replaced by two programs that will help fill the gap that the CAT grant was developed to address. The two programs are:
  - Mental Health Juvenile Justice program (Department of Mental Health funded program) - CYFS was one of two funded applicants in McLean County (the other being the Center for Human Services (CHS)). The goal of this program is to provide assessment, referral and linkage and case management assistance to youth who are either involved in the justice system or at risk of being involved in the justice system and may have a behavioral health need.
  - Care Coordination Program - CYFS has developed and grown a care coordination program for youth who have more complex behavioral health needs. This program is funded by two main sources - the state for Medicaid-enrolled youth who are determined to be eligible by the state and McLean County government through a Substance Abuse and Mental Health Services Administration (SAMHSA) System of Care (SOC) grant for those youth who are not Medicaid-enrolled OR not deemed eligible by the state but could benefit. The program utilizes a wraparound model (echoing the model used by CAT) and builds upon partnerships and stakeholder input that the CAT team developed.

#### **Other Projects/Additions**

- Integration of counseling/therapy services for vulnerable populations - CYFS partnered with the Community Health Care Clinic, embedding Spanish and English language counseling/therapy services in the clinic to better support clinic patients and offer another location for services in the community. This included adding a second full-time therapist who can provide therapy/counseling in Spanish.
- CYFS partnered with Home Sweet Home Ministries and embedded therapy/counseling services in the Junction, both to offer services and better support the unhoused population, but also as another location to serve community residents.
- CYFS obtained a grant from the McLean County Health Department that begins in January 2025, that will allow continuation and expansion of the partnership with Home Sweet Home Ministries to include outreach to unhoused individuals in public spaces and to add outreach clinical services to seniors and the aging population in community settings such as congregate care, assisted living, and homes.

- Through funding from the John M. Scott Health Care Commission, CYFS worked to increase timely access to services by piloting the Single Session Intervention Pilot Program, a one-time solution-focused intervention which is offered to individuals seeking counseling/therapy services who will have a wait before being able to access a clinician. This intervention is designed to assist individuals in identifying strengths and strategies to start addressing the issues challenging them, engaging them when motivation is highest (when asking for services) and empowering them until they can access ongoing care.

#### Training/Collaboration

- CYFS provided two trainings that were open to behavioral health providers: Lost in TRANslation: Developing Awareness, Knowledge, and Skills in Working with Trans and Nonbinary Clients (in Peoria) and Polyvagal Theory in Action: Creating Safety and Connection with Trauma Clients, which was funded by a grant from the McLean County Health Department, free to attendees and held at Carle BroMenn Medical Center.
- In 2024, Bloomington School District 87 accomplished the following:
  - Developed and trained Bloomington High School students in Peer Mediation, which will continue to be used as an alternative to punitive consequences in 2025.
  - Established a partnership with Cartwheel, a telehealth mental health provider, to serve the district’s multilingual population since there are limited Spanish-speaking therapists in McLean County.
  - Secured the Stronger Connections Grant which provided the opportunity to hire a behavior specialist, focusing on training around Positive Behavior Intervention and Supports at the Tier 1 level and a behavior coach that will support teachers and students with high behavior needs.
  - Held three Youth Mental Health First Aid courses for 36 staff.
  - Recertified 51 staff in Youth Mental Health First Aid.
  - Held three Diversity, Equity and Inclusion affinity group trainings for 754 staff.
  - Held trauma-informed trainings including, “What Happened to You?” book study, “Conscious Discipline” book study and “Behavior Strategies for Your Toolbox” and trained 100 staff.
  - Trained 50 staff in Ukeru – a national crisis intervention program that offers alternatives to the use of restraints/seclusion by using trauma-informed care/restraint.
- In 2024, McLean County Unit District No. 5 accomplished the following:
  - Piloted a partnership with Cartwheel to increase secondary students' access to mental health services.
  - Developed and implemented professional development on the signs and symptoms of suicide as well as how to respond to students.
  - Reinitiated Mental Health First Aid certification training in the district.
- In 2024, 25 students completed the Certified Recovery Support Specialist (CRSS) program at Heartland Community College. Eight of the students also completed an internship. This unique certificate program prepares students for entry-level positions as a recovery support specialist, specifically in substance abuse and mental health recovery. Through a combination of academic courses, practical experience and professional training, students learn how to facilitate recovery, build resilience of people in recovery and use principles to guide ethical decision-making. Upon completion, students demonstrate competency in advocacy, mentoring and education, professional responsibility, recovery support and wellness skills.
- In 2024, Carle Behavioral Health Bloomington accomplished the following:

- Increased adult psychiatrist and psychiatric nurse practitioners from three to seven practitioners.
- Added an additional mental health counselor.
- Added an intake RN for outpatient services to support referral process.
- Successfully launched patient portal scheduling for psychiatric providers.
- Hosted an informative conversation about mental health for community members. Carle Behavioral Health psychiatrists discussed what mental health and psychiatric care can mean to the individual and to the community. The panel of experts included Rachel Immen, MD, psychiatrist, Burgundy Johnson, DO, child/adolescent psychiatrist and Alyssa Wood, DO, child/adolescent psychiatrist. Approximately 30 individuals were in attendance.
- In 2024, Carle Behavioral Health Bloomington had the following community collaborations:
  - Contracted with McLean County Government for psychiatric services with McLean County Jail.
  - Contracted with McLean County Government for psychiatric services with the Frequent Users System Engagement (FUSE) Program.
  - Received a State of Illinois Substance Abuse and Mental Health Services Administration (SAMHSA) Assisted Outpatient Treatment Grant (adult psychiatry/care management). This pilot program (in partnership with Cook County and the State of Illinois) expands the successful use of court ordered outpatient behavioral health treatment. Court ordered outpatient treatment is an underutilized resource in the State of Illinois; this program created models that can be expanded and replicated in other Illinois counties.
  - Carle Behavioral Health Bloomington and United Way of McLean County continued their partnership entitled *ThriveMind* to increase rural access to behavioral health services for kindergarten through twelfth grade students who do not readily have access to these services, at Olympia, Ridgeview, LeRoy and Lexington schools. As a part of the collaboration, 27 students received counseling services in 2024 at no charge and without a limit on the number of services received.
  - A leader from Carle BroMenn Medical Center participated in McLean County's newly established Family Treatment Court (FTC). Carle BroMenn Medical Center is also a part of the FTC team that is designed to work with parents and children who have become involved with the Department of Children and Family Services because of child abuse or neglect that is directly related to a parent's substance abuse.
- In 2024, Carle BroMenn Medical Center increased inpatient psychiatric bed capacity from 13 beds to 16 beds by adding another inpatient psychiatrist.
- In 2024, Brightpoint's *The Butterfly Project* added a therapy position, increasing access to individual therapy for caregivers affected by domestic violence and participating in family counseling with their child.
- In 2024 McLean County Government accomplished the following:
  - Behavioral Health Coordination
  - System of Care
    - Completed year one of the System of Care Grant, a federal opportunity through the Substance Abuse and Mental Health Administration (SAMHSA) meant to expand and sustain comprehensive community mental health services for children with serious emotional disturbances.
    - Hired a project director in July 2024, contributing to significant progress in aligning contractual agreements with strategic goals of the grant and establishment of a governance structure to ensure sustainability of the initiative during and beyond the grant.
    - Held a resource fair at Western Avenue Community Center to increase local awareness of current resources for families.

- Subgrantees continued to work with the project director on pursuing the goals of the grant through contracts made with Behavioral Health Coordination:
  - Regional Office of Education (ROE) #17 to assist with establishment and implementation of standardized mental health screening in McLean County schools.
  - Center for Youth and Family Solutions to provide care coordination services and a lead family coordinator that assists in collection of data and facilitates a Parent Youth Advisory Board.
  - The Center for Human Services to help expand availability of psychiatric services for youth by hiring a provider.
  - The Baby Fold to support intensive home-based services by hiring staff to support filling this gap in local services.
  - Wellbeing In Action to continue to provide evaluative and technical support to the System of Care leadership team.

*The Frequent Users System Engagement (FUSE) Program*

- Continued providing community support team services to McLean County residents who experience frequent interactions with the justice system, homeless services and/or emergency mental health services.
- Moved location, allowing for an upgrade to office space and therapeutic communal space options for clients.
- Opened with 21 clients in 2024 (17 new, 4 returning), ended the year with 30 active clients, for a total of 37 people served in 2024 and 54 people total since opening in late 2019.
- Added on-demand interpretation and translation services for clients.
- Hired a recovery case manager and nurse to replace promoted staff.
- Transitioned services from Genoa to Carle Behavioral Health Bloomington for psychiatric services for clients.

Other

- Hired a visitors' aide to provide wayfinding, referral and de-escalation support to visitors to the County's Front Street campus.
- Provided administrative support to the Behavioral Health Coordinating Council (BHCC) and the new Mental Health and Public Safety Funding Advisory Council by:
  - Assisting the group and communicating changes to partners during transition period.
  - Monitoring contracts and awards previously approved by BHCC, after the body changed function.
- Created a behavioral health grant search engine (not yet published) to allow community partners an opportunity to search for funding based on population, service, etc.
- Completed a follow up Sequential Intercept Model Mapping event, in collaboration with several community partners and the Administrative Office of Illinois State Courts. The Sequential Intercept Model is a federal tool that details how individuals with mental and substance use disorders come into contact with and move through the criminal justice system, by extension helping to identify resources and gaps in services at each intercept and to develop local strategic plans.

*Resilience Inspires and Spreads to Everyone (RISE)*

- Continued active participation from Home Sweet Home Ministries, PATH, the Public Defender's office, the Bloomington Library and Carle BroMenn Medical Center.

- Presented plan to host continuing education and professional development events in 2025.

#### Behavioral Health Coordinating Council

- Approved up to \$717,016 for walk-in crisis and referral services through the Behavioral Health Urgent Care (BHUC).
- Approved up to \$100,000 for mental health services for those experiencing sexual assault through YWCA Stepping Stones.
- Approved up to \$330,000 for renovations to space on Jacobssen Drive for community day services and intensive youth academic services through Lifelong Access and Regional Office of Education (ROE) #17's Bridge Academy.
- Approved a contract for psychiatric services for FUSE Program clients through Carle Health.
- Changed from a subcommittee of the McLean County Board to an independent ad hoc advisory body in June 2024.
- Created five 2025 Strategic Priorities from the Mental Health Action Plan and conducted workgroups to describe a scope of work for each.
- Enhance public awareness and effective use of the following through expanded education:
  - Available resources.
  - Prevention efforts.
  - Early-intervention services.
  - Crisis services and access to care.
- Support community members' behavioral health by:
  - Advancing availability of behavioral health care in ways that are accessible to youth, families and vulnerable populations.
  - Connecting vulnerable populations to psychiatric care and affordable medication.
  - Increase safe, temporary shelter space with coordinated access to behavioral health services.
- Support innovative efforts to recruit and develop a workforce that spans the behavioral health spectrum including:
  - Creating a governance group to explore requirements for standard data collection and establish a template business associate agreement (BAA) for information sharing.

#### Mental Health and Public Safety Funding Advisory Council (FAC)

- Created in June 2024 as an advisory board to the Executive Committee of the McLean County Board. Provides recommendations about budgeting for funds from the shared sales tax Mental Health and Public Safety Fund that was created in an intergovernmental agreement between the City of Bloomington, Town of Normal and County of McLean in 2016.
- Approved bylaws for group and recommended \$1.5 million for behavioral health community projects as a part of the 2025 budget for Behavioral Health Coordination (this budget was subsequently approved by the McLean County Board).

#### 11<sup>th</sup> Judicial Circuit

- Initiated a Family Treatment Court, in conjunction with several local provider agencies, as supported by a grant from the Office of Juvenile Justice and Delinquency Prevention. This problem-solving court is meant to provide increased multidisciplinary services to court involved adults in McLean County who are at risk of losing their children due to substance use issues.

- Confirmed partnership with the Administrative Office of Illinois Courts (AOIC) with a federal Assisted Outpatient Treatment (AOT) grant. Will work with the AOIC to develop and operationalize a replicable and effective structure to increase the utilization of AOT as a step-down transition from inpatient to community-based care.
- Confirmed partnership with the AOIC for the Swift, Certain, Fair grant, which provides additional resources for court involved young adults aged 18-25.
- The courts had previous collaborative opportunities with The Center for Youth and Family Solutions (CYFS) through the Comprehensive Assessment Team (CAT) grant, which ended September 30, 2024. CYFS has secured additional grants, and the courts expect to be able to continue to provide referrals to services to CYFS based on the relationships the CAT grant built and through the additional grants that are beginning.

#### McLean County Jail

- Medication Assisted Recovery program restarted in July 2024 after provider transition. It is now a collaboration with Carle Behavioral Health Bloomington and treatment options have expanded to include additional injectable options as well as partnership with a methadone clinic.
  - Received approval for a substance use counselor position for 2025.
  - Added a facility emotional support dog to serve incarcerated persons and staff.
  - Added a garden for use by those in custody to provide stress relief and improve nutritional options.
  - Increased collaboration with the Department of Health and Human Services to provide restoration counseling to those in custody found Unfit to Stand Trial.
- In 2024, McLean County Recovery Oriented System of Care (ROSC) had the following related accomplishments outlined below:

#### Outreach & Community Engagement

- Cold and Hot Weather Outreach: Over 500 outreach bags with essential items were distributed to local agencies and unhoused populations in Bloomington-Normal and rural McLean County communities.
- Narcan Trainings and Distribution: Multiple Narcan training sessions were conducted across various community sectors, with over 250 individual units of Narcan distributed at outreach events.
- Sober Social Events: Several successful sober social events, including canvas painting, coffee, and family events, were organized, reaching diverse groups including seniors and youth.
- Resource Distribution: Numerous McLean County ROSC marketing materials, including Sober Social Guides, business cards and resource binders, were distributed at community events, fairs and outreach tables, reaching hundreds of individuals.

#### Community Collaborations

- Partnerships and Networking: Established relationships with local organizations such as A New Horizon Recovery Community Center, Eastview Community Center and Living Well United, to facilitate joint events and resource sharing.
- Rotary and Faith-Based Engagements: Expanded connections within civic, volunteer and faith-based sectors, increasing the ROSC's community presence.

#### Special Initiatives and Events

- "Generation Found" Film Screenings: Several screenings were held for community engagement, with a specific focus on young adults and youth, offering both film and resource-based support.
- National Recovery Month Activities: Joint initiatives with local libraries and wellness fairs, including a book display on substance use and mental health recovery, alongside Narcan distribution.
- Annual Family Fun and Wellness Events: The ROSC organized and participated in multiple events such as the McLean County ROSC Annual Grady's Family Fun Night and community wellness fairs, with wide participation and engagement.

#### Training and Education

- Recovery Monitoring and Support (RMS) Certification: Two team members were trained in RMS, strengthening the coalition's capacity for supporting individuals in recovery.
- Evidence-Based Practices Education: The ROSC educated community members on evidence-based substance use prevention and recovery practices.

#### Collaboration and Planning

- Strategic Planning for FY25: Key priorities were identified, including rural outreach, collaboration, education and resource accessibility, to guide the ROSC's efforts in the upcoming year.
- Collaboration with Faith-Based Communities: Made connections with local faith groups to further expand recovery support.

#### Outreach and Resource Distribution

- Over 1,200 print campaign materials were distributed across various sectors.
- Narcan distribution was extensive, with nearly 350 units distributed across various events, fairs and community outreach initiatives.

#### Support for Recovery

- Recovery Support Specialist Graduates: The ROSC facilitated the gifting of graduation bags to graduates of the Recovery Support Specialist program.
- Essentials Drive: In collaboration with A New Horizon Recovery Community Center, a hygiene and personal care essentials drive was implemented to support individuals in early recovery.

- In 2024, Project Oz accomplished the following:

#### Mental Health Prevention Services

- Secured funds for program expansion. In 2025, Project Oz will begin providing resources and education for parents and caregivers, expand school-based programming to four additional non-standard or private schools and provide presentations at the Juvenile Detention Center.

#### Restorative Schools Program

- Continued embedded restorative practitioners in six schools (three high schools, one junior high, two elementary schools).
- Coordinated over 200 restorative circles/conflict resolution and 14 training sessions. The original Restore, Reinvest and Renew (R3) grant expired and Project Oz received a new three-year award to continue the program at the elementary level.

#### Juvenile Justice/Diversion

- Received state funds to implement an expanded juvenile justice diversion program as part of the existing Comprehensive Community Based Youth Services (CCBYS) program. Hired new staff and worked with court services and law enforcement to strengthen partnerships and improve the referral pipeline.

### Youth Housing

- Received state funds to expand transitional housing for youth ages 18-23 experiencing housing insecurity by six beds, which brings the total capacity to 30 beds annually.
- Hired new staff and worked with landlords to identify additional locations for the scattered-site housing model.
- Successfully re-applied for a federally funded transitional living program grant and received a new five-year award. The program specifically serves youth who are experiencing homelessness and who are pregnant or parenting.
- In 2024, McLean County Health Department (MCHD) continued its participation in the Illinois Department of Human Services, Division of Substance Use Prevention and Recovery (IDHS/SUPR) Drug Overdose Prevention Program (DOPP). This partnership provides MCHD with free Narcan, a nasal spray that temporarily reverses opioid overdoses, which is distributed to community members and partners. A total of 612 boxes of Narcan were distributed through this partnership.
- In October 2024, MCHD added a Narcan wall dispenser on the 1st floor, with 156 boxes distributed from October 2024 to December 2024. MCHD also provided The Junction with the same type of machine and Narcan.

### Calendar Year 2023

**The following organizations received grants in 2023 for implementation in 2023/2024 or FY24 (May 1, 2023– April 30, 2024) from the John M. Scott Health Care Commission. The grants are tied to the health priorities selected for the 2022 McLean County Community Health Needs Assessment and the 2023 – 2025 McLean County Community Health Improvement Plan. The data below is for May 1 – October 31, 2023.**

- The Center for Youth and Family Solutions received a Category II Program Grant for child, adolescent and family behavioral health services; 274 people were served during the above timeframe.
- Project Oz received a Category II Program Grant for the Transitional Living Program for Homeless Youth; 37 people were served during the above timeframe.
- INtegRity Counseling, Inc. received a Category II Program Grant for a counseling program; 242 people were served during the above timeframe.
- YouthBuild of McLean County received a Category II Program Grant for mental health services and interventions; 63 people were served during the above timeframe.
- Girl Scouts of Central Illinois received a Category II Program Grant for a social emotional learning program; 16 people were served during the above timeframe.

A leader from both Carle BroMenn Medical Center and OSF HealthCare St. Joseph Medical Center continued to serve on the City of Bloomington’s John M. Scott Health Care Commission Grants Committee.

### Other Related Accomplishments

- In 2023, the Center for Youth and Family Solutions accomplished the following:

- Began accepting referrals for the provision of care coordination services for youth eligible for the Pathways to Success program, building on the already existing Comprehensive Assessment (CAT) team care coordination services. This program provides wraparound care coordination to publicly funded youth with more intensive behavioral health needs.
- Embedded two Spanish-speaking counseling interns at the Community Health Care Clinic (CHCC) to provide behavioral health services to primarily Spanish-speaking clients. The partnership will continue with a full-time therapist co-located at CHCC in 2024.
- In 2023, 19 students completed the Certified Recovery Support Specialist (CRSS) program at Heartland Community College. The CRSS program prepares students for entry-level positions as behavioral health workers, specifically in the areas of substance abuse and mental health disorders recovery. Recovery Support Specialists work in a variety of capacities, such as outpatient drug and alcohol treatment, sobriety maintenance settings like sober houses and behavioral health. Five students completed a (minimum) 300-hour internship in 2023 at the following sites: Chestnut Health Systems, UnityPoint Healthcare and McLean County Center for Human Services.
- In 2023, OSF HealthCare accomplished the following:
  - Added two new embedded therapists in primary care offices in Bloomington. Patients are being seen for behavioral health services at Ft. Jesse, College Avenue (Internal Medicine and Family Medicine), St. Joseph Drive and Bradford Lane locations.
  - Finalized the affiliation with Illinois State University Athletics, leading to OSF HealthCare being the provider of behavioral health services for Illinois State University athletes.
  - Implemented a new evidence-based program called COPE (Creating Opportunities for Personal Empowerment) to help teens utilize cognitive behavior skills to improve stressful situations. Four classes were held and there were 37 visits.
- In 2023, an employee of OSF HealthCare St. Joseph Medical Center became trained in COPE (Creating Opportunities for Personal Empowerment) which focused on implementing invention strategies for teens who struggle with depression, anxiety, and stress. This evidence-based program was founded by Dr. Bernadette Melnyk.
- Brightpoint's The Butterfly Project is an in-home counseling and case management program for youth ages 0 - 18 years who have been exposed to domestic violence. In 2023, The Butterfly Project secured funding through an existing grant to offer additional case management services and individual counseling for caregivers of the program. The hope is that this wrap around approach of case management, dyadic/family counseling, and individual counseling for the caregivers can honor all of the family's needs as they heal from abuse.
- In 2023, CCSI Case Coordination LLC expanded Caregiver Advisory Services to include healthy aging programs for Stress Busters for Caregivers of loved ones with dementia and Bingocize®. Under the Reducing Social Isolation Pilot Project, CCSI also expanded the Brain Train program to two additional locations, Leroy Living Well United and Chenoa Public Library. In addition to the already offered services of Case Management, Community Care Program, Senior Health Insurance Program Counseling, Senior Information Services and Outreach, Choices for Care Screens, Health Aging Programs, Caregiver Advisory and Geriatric Counseling, expansion of Brain Train and Caregiver services will continue to ensure independence for adults over the age of 60 and those adults under 60 with disabilities in McLean County.
- In 2023, Bloomington School District 87 accomplished the following:
  - Secured the Healing IL Grant which will be utilized to hold listening circles for staff, students and families at Bloomington Junior High School in the spring of 2024.

- Developed and trained Bloomington High School students in peer mediation which will begin as an alternative to punitive consequences in 2024.
- Established a partnership with Cartwheel, a telehealth mental health provider, which will help service the district's multilingual population since there are limited Spanish-speaking therapists in McLean County.
- Bloomington School District 87's internal Mental Health First Aid (MHFA) instructors held three Youth Mental Health First Aid courses for 46 staff. The district has four MHFA trainers.
- In 2023, McLean County Unit District #5 accomplished the following:
  - Formed a Suicide Prevention and Mental Health Awareness Committee to enhance professional learning for staff, provide education for students, improve identification and referral processes and increase interventions.
  - Added an additional Youth Mental Health First Aid trainer to better serve the needs of staff.
- In 2023, Carle Behavioral Health Bloomington accomplished the following:
  - A Carle Behavioral Health Bloomington psychiatrist provided onsite psychiatry visits for adults for a brief period at two local homeless shelters. The psychiatrist also worked with a medical student and a master's in social work student to pilot a dialectical behavioral therapy (DBT) group at Home Sweet Home Ministries (HSHM). This is a specific type of clinical therapy group that gives people actionable steps and resources to manage mental health.
  - A Carle Behavioral Health Bloomington psychiatrist provided educational sessions on psychopharmacology for local Carle primary care physicians. Eight sessions were conducted for approximately 30 primary care physicians and family medicine residents.
  - On May 5, 2023, a Carle Behavioral Health Bloomington psychiatrist, in partnership with University of Iowa Stead Family Children's Hospital and Child Health Specialty Clinics, conducted an eight-hour virtual training entitled, *Reviewing Up-to-Date Child Psychiatric Information for a Post-Pandemic World* to approximately 500 participants.
- In June 2023, the Coordinator of Faith Community Relations/Senior Chaplain at Carle Health became a certified Youth Mental Health First Aid instructor.
- As part of a grant through LifeLong Access, a Carle psychologist was provided free training and certification in Parent-Child Interaction Therapy in 2023 and began providing those services at Carle.
- In 2023, Carle Behavioral Health Bloomington and United Way of McLean County continued their partnership entitled *ThriveMind* to increase rural access to behavioral health services for kindergarten through twelfth grade students, who do not readily have access to these services, at Olympia, Ridgeview and Lexington schools. As a part of the collaboration, 22 students received counseling services at no charge and without a limit on the number of services received.
- In 2023, The Center for Human Services accomplished the following:
  - Received a four-year Certified Community Behavioral Health Clinic (CCBHC) planning, development, and implementation grant from the Division of Substance Use Prevention and Recovery. The grant aims to assist clinics to establish and implement new CCBHC programs. The purpose of this program is to transform community behavioral health systems and provide comprehensive, coordinated behavioral health care.
  - Received a grant from the Division of Substance Use Prevention and Recovery to develop a recovery community center to provide peer led support services to community members with substance use disorders and their family members/support system. A New Horizon at CHS opened in October 2023 and provides group and individual support.

- In 2023, the Regional Office of Education #17 accomplished the following:
  - Secured county funding to pilot embedded child psychiatry services at two area schools. The services will start in winter 2024 and will be provided by Carle Behavioral Health Bloomington child psychiatrists.
  - Resumed Behavioral Health in Schools group.
  - Hosted professional development (PD) sessions for educators and community members in 2023.
  - Hosted six Youth Mental Health First Aid (MHFA) courses with McLean County Board of Health funding July through December 2023.
  - Began process to implement universal screening tool in McLean County schools as part of a Substance Abuse and Mental Health Services Administration (SAMHSA) System of Care grant through McLean County Government.
  - Bridge Academy had nine students attend a two-week June summer camp voluntarily.
- In 2023, McLean County Government accomplished the following:
  - Funded the Behavioral Health Urgent Care Center through its first full year and the Bridge Academy through its last phase of a successful step-down process.
  - Issued a Professional Service Request for Frequent Users System Engagement (FUSE) Psychiatric Prescriber Services and held the Behavioral Health Forum at Illinois State University to keep taxpayer funds local.
  - Received a \$2.1 million dollar Substance Abuse and Mental Health Services Administration (SAMHSA) System of Care Grant for Youth Services.
  - Facilitated five reoccurring Mental Health Action Plan Workgroups across various priority areas.
  - Hired a Grant Specialist to assist with community-wide grant identification and application.
  - Continued expansion of the FUSE program with the addition of a new case manager and started a FUSE Data Analysis Project with the Stevenson Center at Illinois State University.
- In 2023, McLean County Recovery Oriented System of Care (ROSC) accomplished the following:
  - Partnered with four organizations, The Center for Human Services, LifeCil, Illinois State University police and Chestnut Residential Treatment for collection of professional clothing items.
  - Developed a “One Stop and Shop” app and The McLean County Sober Social Guide for resources in McLean County that serves as a tourist guide to fun activities and events that support sobriety and recovery.
  - Hosted six community presentations on topics such as trauma informed care and stigmatizing language.
  - Hosted six sober social events and participated in seven resource/health fairs at various locations.
- In November 2023, six individuals from the Invest Health team attended a national convention in Nashville. The individuals represented the following organizations: Carle BroMenn Medical Center, Chestnut Health Systems, City of Bloomington, Home Sweet Home Ministries, McLean County Government and McLean County Regional Planning Commission. Invest Health is an initiative through the Robert Wood Johnson Foundation and the Reinvestment Fund which includes 50 small to mid-size cities. The purpose of Invest Health is to bring multi-sector partners together to bridge the gap between community development and health and to provide an opportunity to transform the way local leaders work together to make changes to the built environment in low-income neighborhoods to improve resident health and well-being.
- In 2023, Project Oz accomplished the following:

- Received new funds from the Illinois Department of Human Services to expand services for runaway and homeless youth. The grants will double the transitional living capacity, provide new prevention services to justice-involved youth, and expand outreach to homeless youth.
- Continued to offer the Youth Empowered Schools (YES) program. With counselors in six schools the YES staff offered individualized support for over 900 students. At the high school level, 100 percent of students on the intensive caseload graduated and 82 percent were promoted to the next grade on-time at the end of the year. To help support an inclusive and equitable school climate, Project OZ staff also facilitated 155 restorative circles or mediations to resolve conflicts, had over 200 classroom coaching contacts to support the use of restorative practices in the classroom and offered 11 formal trainings on restorative practices for school staff.
- Expanded the capacity of Ending the Silence through the addition of a second staff member. This increased the sustainability of the program by providing staff time for tasks related to providing the program.
- Provided mental health education for approximately 150 community members. This included a presentation of National Alliance on Mental Illness (NAMI) Ending the Silence for families at the Annual Behavioral Health Forum, a presentation for the Juvenile Detention Center, multiple sessions of Mental Health First Aid and Youth Mental Health First Aid and participation in panel discussions hosted by the McLean County Health Department, Illinois Wesleyan University and Illinois State University.
- Created a virtual resource packet with content that supplements classroom instruction. The packet includes a frequently asked questions guide, links for educational videos, information about resources and a virtual self-care package that contains journal prompts, positive affirmations, instructions for practicing coping skills and more. It also includes a mental health reading guide that features book recommendations from the Normal Public Library. The resource packet is shared with students, teachers, and school counselors.

***\*The Four Organizations comprising the McLean County Executive Steering Committee—Carle BroMenn Medical Center, Chestnut Health Systems, McLean County Health Department and OSF St. Joseph Medical Center—are all implied resources/partners for Behavioral Health.***

## McLean County 2023 – 2025 Community Health Improvement Plan Healthy Eating/Active Living Summary

<p><b>HEALTH PRIORITY: HEALTHY EATING/ACTIVE LIVING (HEAL)</b></p> <p><b>GOAL:</b> Promote equitable opportunities to access healthy eating and active living to strengthen the health and wellbeing of our diverse community by 2026. Social Determinants of Health Areas of Focus: Food Insecurity, Social Isolation</p> <p><b>Related Social Determinants of Health:</b> Food Insecurity, Transportation</p>			
<p><b>OUTCOME OBJECTIVE: By 2026, maintain or increase the percentage of people living at a healthy body weight in McLean County.</b></p> <p><b>Baseline</b></p> <ul style="list-style-type: none"> <li>Adults: 32% of McLean County adults are classified as obese (County Health Rankings, 2022).</li> <li>Adolescents: 11% of 8<sup>th</sup> graders, 9% of 10<sup>th</sup> graders, 6% of 12<sup>th</sup> graders in McLean County are obese (Illinois Youth Survey, 2020).</li> </ul> <p><b><u>State Health Improvement Plan (SHIP)</u></b></p> <ul style="list-style-type: none"> <li>Increase opportunities for healthy eating.</li> <li>Increase opportunities for active living.</li> <li>Increase opportunities for chronic conditions prevention and wellness.</li> </ul>			
<b>THREE YEAR MEASURES</b>	<b>STRATEGIES and INTERVENTIONS</b>	<b>ANNUAL EVALUATION MEASURES</b>	<b>PROGRESS IN 2025</b>
<p><b>IMPACT OBJECTIVE #1: By 2026, increase opportunities for healthy eating.</b></p> <p>BASELINE DATA</p>	<p><b>STRATEGY #1: SUPPORT, PROMOTE, AND EDUCATE THE COMMUNITY ABOUT THE AVAILABILITY AND ACCESSIBILITY OF FRUITS AND VEGETABLES IN MCLEAN COUNTY.</b></p>		
	<p><b><u>Intervention 1.1: Develop and share educational tools and programs to assist in</u></b></p>	<p><b><u>Intervention 1.1: Process Indicators</u></b></p> <ul style="list-style-type: none"> <li># of free programs that help identify how healthy foods are prepared</li> </ul>	<p><b><u>Intervention 1.1 Outcomes:</u></b></p> <ul style="list-style-type: none"> <li><b>2025:</b> 135 free programs (OSF)</li> </ul>

<ul style="list-style-type: none"> <li>• <b>32%</b> of adults (18+) are obese; <b>34.6%</b> of adults (18+) are obese in the 10 High Health Equity Needs ZIP codes with a 4-5 ranking (Conduent Healthy Communities Institute, County Health Rankings, 2022 and CDC – Places, 2019)</li> <li>• <b>94%</b> of McLean County residents do not consume 5+ servings of fruit and vegetables per day; citing transportation issues or “don’t like”. (McLean County Community Health Survey, 2021)</li> <li>• <b>9.5%</b> of people in McLean County experience food insecurity (Conduent Healthy Communities Institute, Feeding America, 2019)</li> <li>• An average of <b>30%</b> of 8<sup>th</sup>, 10<sup>th</sup> and 12<sup>th</sup> graders ate fruit two times per day in</li> </ul>	<p><b>educating the community about healthier food choices.</b></p>		<p>St. Joseph Medical Center, Chestnut Family Health Center, University of Illinois Extension and Home Sweet Home Ministries)  <b>2024:</b> 39 free programs (OSF St. Joseph Medical Center, Chestnut Family Health Center, Town of Normal, University of Illinois Extension Mayors Manor, Carle Health &amp; Fitness Center)  <b>2023:</b> 227 free programs (OSF St. Joseph Medical Center, University of Illinois Extension)</p>
		<ul style="list-style-type: none"> <li>• # of participants who attend free programs on preparing healthy foods</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> 1,426 participants  <b>2024:</b> 1,700 participants  <b>2023:</b> 2,542 participants</li> </ul>

<p>the last seven days and an average of <b>12%</b> ate three or more vegetables per day in the last seven days (Illinois Youth Survey, 2020)</p>		<ul style="list-style-type: none"> <li># of paid programs that help identify how healthy foods are prepared</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 3 paid programs (OSF St. Joseph Medical Center)</li> <li><b>2024:</b> 3 paid programs (OSF St. Joseph Medical Center, University of Illinois Extension)</li> <li><b>2023:</b> 0 paid programs</li> </ul>
		<ul style="list-style-type: none"> <li># of participants who attend programs (with a fee) preparing healthy foods</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 138 participants</li> <li><b>2024:</b> 63 participants</li> <li><b>2023:</b> 0 participants</li> </ul>
		<p><b><u>Intervention 1.1: Outcome Indicators</u></b></p> <ul style="list-style-type: none"> <li>Not available</li> </ul>	
	<p><b><u>Intervention 1.2: Promote awareness of local resources for healthy eating and access to healthy foods.</u></b></p>	<p><b><u>Intervention 1.2: Process Indicators</u></b></p> <ul style="list-style-type: none"> <li># of promotional activities taking place to encourage healthy eating (QR code, newsletters, websites, chat boxes, social media, Pantagraph articles, etc.)</li> </ul>	<p><b><u>Intervention 1.2 Outcomes:</u></b></p> <ul style="list-style-type: none"> <li><b>2025:</b> 106 promotional activities (OSF St. Joseph Medical Center, Chestnut Family Healthy Center, McLean County Health Department)</li> </ul>

			<p><b>2024:</b> 8 promotional activities (OSF St. Joseph Medical Center, University of Illinois Extension, Faith In Action, District 87)</p> <p><b>2023:</b> 7 promotional activities (OSF St. Joseph Medical Center, University of Illinois Extension)</p>
		<p><b>Intervention 1.2: Outcome Indicators</b></p> <ul style="list-style-type: none"> <li>• Not available</li> </ul>	
	<p><b>Intervention 1.3: Promote healthy food accessibility.</b></p> <p><b>Evidence:</b>  <a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/community-gardens">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/community-gardens</a>   <a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/healthy-food-initiatives-in-food-banks">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/healthy-food-initiatives-in-food-banks</a></p>	<p><b>Intervention 1.3: Process Indicators</b></p> <p>Veggie Oasis:</p> <ul style="list-style-type: none"> <li>• # of pounds of produce donated to the community</li> </ul> <p>OSF SmartMeals:</p> <ul style="list-style-type: none"> <li>• # of meals given</li> </ul>	<p><b>Intervention 1.3 Outcomes:</b></p> <ul style="list-style-type: none"> <li>• <b>2025:</b> 5,200 pounds</li> <li>• <b>2024:</b> 5,200 pounds</li> <li>• <b>2023:</b> 5,200 pounds</li> </ul> <ul style="list-style-type: none"> <li>• <b>2025:</b> 1,296 meals</li> <li>• <b>2024:</b> 2,086 meals</li> </ul>

			<b>2023:</b> 1,072 meals
		Midwest Food Bank: <ul style="list-style-type: none"> <li># of cases of healthier foods donated</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> Data not available</li> <li><b>2024:</b> Data not available</li> <li><b>2023:</b> 342,589 cases</li> </ul>
		<ul style="list-style-type: none"> <li># of organizations reached</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> Data not available</li> <li><b>2024:</b> Data not available</li> <li><b>2023:</b> 127 organizations</li> </ul>
		Food Farmacy <ul style="list-style-type: none"> <li># of members in program</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 16 members - funding ended in fall 2025 (Chestnut Family Health Center, Home Sweet Home Ministries)</li> <li><b>2024:</b> 115 members (Chestnut Family Health Center, Home Sweet Home Ministries)</li> <li><b>2023:</b> 75 members (Chestnut Family</li> </ul>

			Health Center, Home Sweet Home Ministries)
		<ul style="list-style-type: none"> <li># of visits</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 45 visits (Chestnut Family Health Center, Home Sweet Home Ministries)</li> <li><b>2024:</b> 307 visits (Home Sweet Home Ministries, Chestnut Family Health Center)</li> <li><b>2023:</b> 260 visits (Home Sweet Home Ministries, Chestnut Family Health Center)</li> </ul>
		<p>Soup Kitchen:</p> <ul style="list-style-type: none"> <li># of participants who consume salad</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 11,400 participants</li> <li><b>2024:</b> 9,745 participants</li> <li><b>2023:</b> 5,300 participants</li> </ul>
		<ul style="list-style-type: none"> <li>% of healthier foods offered</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 80%</li> <li><b>2024:</b> 80%</li> <li><b>2023:</b> 80%</li> </ul>
		<ul style="list-style-type: none"> <li># of meals given: <ul style="list-style-type: none"> <li>Lunch</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 15,029 lunch meals</li> </ul>

		<ul style="list-style-type: none"> <li>○ Dinner</li> <li>○ Sack Lunches</li> </ul>	<p><b>2024:</b> 12,606 lunch meals <b>2023:</b> 6,740 lunch meals</p> <ul style="list-style-type: none"> <li>● <b>2025:</b> 17,537 dinner meals <b>2024:</b> 15,237 dinner meals <b>2023:</b> 28,571 dinner meals</li> <li>● <b>2025:</b> 8,049 sack lunches <b>2024:</b> 11,533 sack lunches <b>2023:</b> 10,200 sack lunches</li> </ul>
		<p>Bread for Life Co-op:</p> <ul style="list-style-type: none"> <li>● # of visits</li> </ul>	<ul style="list-style-type: none"> <li>● <b>2025:</b> 1,720 visits <b>2024:</b> 1,655 visits <b>2023:</b> 1,142 visits</li> </ul>
		<ul style="list-style-type: none"> <li>● # of shopping carts</li> </ul>	<ul style="list-style-type: none"> <li>● <b>2025:</b> 1,955 carts <b>2024:</b> 1,854 carts <b>2023:</b> 1,269 carts</li> </ul>
		<p>Community Gardens:</p> <ul style="list-style-type: none"> <li>● # of pounds of produce donated</li> </ul>	<ul style="list-style-type: none"> <li>● <b>2025:</b> 4,200 pounds (OSF St Joseph Medical Center, University of Illinois extension) <b>2024:</b> 543 pounds (OSF St. Joseph Medical</li> </ul>

			Center, Mayors Manor) <b>2023:</b> 425 pounds (OSF St. Joseph Medical Center)
		<ul style="list-style-type: none"> <li>Establish a baseline for the locations of and number of community gardens.</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 146 community gardens <b>2024:</b> 2 community gardens (OSF St. Joseph Medical Center, Mayors Manor) <b>2023:</b> 3 community gardens (OSF St. Joseph Medical Center, Mid Central Community Action, Bloomington School District 87)</li> </ul>
		<p>Community Food Drives</p> <ul style="list-style-type: none"> <li># of healthy food drives</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 3 healthy food drives (OSF St. Joseph Medical Center, Carle BroMenn Medical Center)</li> </ul>

			<p><b>2024:</b> 2 healthy food drives (OSF St. Joseph Medical Center, Carle BroMenn Medical Center)</p> <p><b>2023:</b> 3 healthy food drives</p>
		<ul style="list-style-type: none"> <li># of partnerships</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 3 partnerships</li> <li><b>2024:</b> 2 partnerships</li> <li><b>2023:</b> 8 partnerships</li> </ul>
		<p>Farmer's Market</p> <ul style="list-style-type: none"> <li># of Double Snap participants (baseline: 282 unique participants, 2021)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 191 participants</li> <li><b>2024:</b> 208 participants</li> <li><b>2023:</b> 378 participants</li> </ul>
		<p>Prepared Food Boxes:</p> <ul style="list-style-type: none"> <li># of boxes donated</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 1,800 boxes</li> <li><b>2024:</b> 0 boxes</li> <li><b>2023:</b> 1,160 boxes</li> </ul>
		<p>"Screen and Connect" tool in OSF Medical Group Offices</p> <ul style="list-style-type: none"> <li># of patients identified who are food insecure and referred to local entity</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 32,368 patients screened, 2,589</li> </ul>

			<p>stated they were food insecure  <b>2024:</b> 41,604 patients screened, 4,093 stated they were food insecure  <b>2023:</b> 27,940 patients screened, 998 patients referred.</p>
		<p>OSF Peace Meal Senior Nutrition Program:</p> <ul style="list-style-type: none"> <li># of meals served</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 349,808 meals</li> <li><b>2024:</b> 162,615 meals</li> <li><b>2023:</b> 135,149 meals</li> </ul>
		<p><b><u>Intervention 1.3: Outcome Indicators (Peace Meal only)</u></b></p> <ul style="list-style-type: none"> <li>% of clients who can stay home because meals are being delivered</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 95%</li> <li><b>2024:</b> 88.2%</li> <li><b>2023:</b> 98%</li> </ul>
		<ul style="list-style-type: none"> <li>% of clients who are eating healthier due to the meals served</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 95%</li> <li><b>2024:</b> 93.1%</li> <li><b>2023:</b> 95%</li> </ul>
		<p><b><u>Intervention 1.4: Process Indicator</u></b></p> <ul style="list-style-type: none"> <li># of free meals provided to students</li> </ul>	<p><b><u>Intervention 1.4 Outcomes:</u></b></p> <ul style="list-style-type: none"> <li><b>2025:</b> 1,297,383 free meals (Bloomington School District 87)</li> </ul>

		<ul style="list-style-type: none"> <li># of reduced priced meals provided to students</li> </ul>	<p>and McLean County Unit District No. 5)  <b>2024:</b> 630,606 free meals  <b>2023:</b> 618,900 free meals</p> <ul style="list-style-type: none"> <li><b>2025:</b> 154,548 reduced price meals (Bloomington School District 87 and McLean County Unit District No. 5)  <b>2024:</b> 33,863 reduced price meals  <b>2023:</b> 23,363 reduced priced meals</li> </ul>
		<p><b>Intervention 1.4: Outcome Indicators</b>  Not available</p>	
<p><b>IMPACT OBJECTIVE #2: By 2023, increase opportunities for active living.</b></p> <p><b>BASELINE DATA:</b></p> <ul style="list-style-type: none"> <li>Access to exercise opportunities <i>Adults:</i></li> </ul>	<p><b>STRATEGY #2: PROMOTE ACTIVE LIVING IN THE WORKPLACE AND COMMUNITY.</b></p>		
	<p><b>Intervention 2.1: Promote access to well-being programs in the workplace.</b></p> <p><i>Evidence:</i></p>	<p><b>Intervention 2.1: Process Indicators</b></p> <ul style="list-style-type: none"> <li># of employers offering at least 3 worksite wellbeing opportunities in the workplace per year (EAP, Employee Surveys, education programs)</li> </ul>	<p><b>Intervention 2.1 Outcomes:</b></p> <ul style="list-style-type: none"> <li>2025: 11 employers (McLean County Health)</li> </ul>

<p><b>83.9%</b> have access (Conduent Healthy Communities Institute, County Health Rankings, 2020)</p> <ul style="list-style-type: none"> <li>Physical Activity: <i>Adults</i>: <b>19.9%</b> did not participate in any leisure-time physical activities in the past month (Conduent Healthy Communities Institute, County Health Rankings, 2019)</li> <li><b>86%</b> of McLean County residents are not meeting exercise guidelines (150 minutes per week); 28% report being too tired to exercise, 23% report they don't like to exercise (McLean County Community Health Survey, 2021)</li> <li>An average of <b>22%</b> of 8<sup>th</sup>, 10<sup>th</sup> and 12<sup>th</sup> graders were physically active for at least 60-minutes for 5 days,</li> </ul>	<p><a href="https://www.thecommunityguide.org/findings/obesity-worksite-programs">https://www.thecommunityguide.org/findings/obesity-worksite-programs</a></p> <p><a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/community-fitness-programs">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/community-fitness-programs</a></p>		<p>Department, Chestnut Family Health Center, Project Oz, OSF St. Joseph Medical Center, YMCA, City of Bloomington, Town of Normal, The Baby Fold, University of Illinois Extension, Bloomington School District 87, McLean County Unit District No. 5)  <b>2024: 8</b> employers (Carle Health, OSF Healthcare, Chestnut Health Systems, Town of Normal, YMCA, Project Oz, The Baby Fold, University of Illinois Extension, Bloomington School District 87, McLean</p>
--	---	--	---

<p>during the past 7 days (Illinois Youth Survey, 2020)</p> <ul style="list-style-type: none"> <li>An average of <b>27%</b> of 8th, 10th and 12th graders reported being physically active for a total of 60 minutes per day for 7 days a week (Illinois Youth Survey, 2020)</li> <li><b>140.6</b> hospitalizations/10,000 population 18+ years due to unintentional falls (Conduent Healthy Communities Institute, Illinois Hospital Association, 2018-2020)</li> </ul>			<p>County Unit District No. 5) <b>2023:</b> 15 employers</p>
		<p><b><u>Intervention 2.1: Outcome Indicators</u></b></p> <ul style="list-style-type: none"> <li>Not available</li> </ul>	
	<p><b><u>Intervention 2.2: Promote access to wellbeing programs in the community.</u></b></p>	<p><b><u>Intervention 2.2: Process Indicators</u></b></p> <ul style="list-style-type: none"> <li># of free programs/events promoting physical activity in the community</li> </ul>	<p><b><u>Intervention 2.2 Outcomes:</u></b></p> <ul style="list-style-type: none"> <li><b>2025:</b> 43 programs/events (OSF St. Joseph Medical Center, Town of Normal, Carle Health &amp; Fitness Center, Chestnut Family Health Center) <b>2024:</b> 18 programs (OSF St. Joseph Medical Center, Town of Normal, Carle Health &amp; Fitness Center, Bloomington School District 87) <b>2023:</b> 88 programs (OSF Healthcare, Carle Health &amp; Fitness</li> </ul>

			Center, Project Oz, Fleet Feet)
		<ul style="list-style-type: none"> <li># of community members participating in free programs/events promoting physical activity</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 4,979 community members (OSF St. Joseph Medical Center, Town of Normal, Carle Health &amp; Fitness Center, Chestnut Family Health Center)</li> <li><b>2024:</b> 515 community members (OSF St. Joseph Medical Center, Town of Normal, Carle Health &amp; Fitness Center, Bloomington School District 87)</li> <li><b>2023:</b> 7,625 community members (OSF St. Joseph Medical Center, Carle Health &amp; Fitness Center, Project Oz)</li> </ul>
		<ul style="list-style-type: none"> <li># of visits at a local fitness center</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 382,153 (Carle Health &amp;</li> </ul>

			<p>Fitness Center, YMCA)  <b>2024:</b> 537,384 (Carle Health &amp; Fitness Center, YMCA)  <b>2023:</b> 600,504 (Carle Health &amp; Fitness Center, Project Oz, OSF St. Joseph Medical Center, YMCA, Town of Normal)</p>
		<ul style="list-style-type: none"> <li># of participants who utilize the Constitution Trail</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 1.5 million using trails in Normal, Illinois (Town of Normal Parks &amp; Recreation)  <b>2024:</b> Data not available  <b>2023:</b> 640 visits (Chestnut Health Systems)</li> </ul>
		<p><b>Intervention 2.2: Outcome Indicators</b></p> <ul style="list-style-type: none"> <li>Not available</li> </ul>	
	<p><b>Intervention 2.3: Offer A Matter of Balance to older adults.</b></p>	<p><b>Intervention 2.3: Process Indicators</b></p> <ul style="list-style-type: none"> <li># of people participating in the A Matter of Balance course (baseline: 58 participants, 2021)</li> </ul>	<p><b>Intervention 2.3 Outcomes:</b></p> <ul style="list-style-type: none"> <li><b>2025:</b> 8 people  <b>2024:</b> 26 people  <b>2023:</b> 92 people</li> </ul>

	<p><b>Evidence:</b></p> <p><a href="https://ijbnpa.biomedcentral.com/articles/10.1186/s12966-017-0509-8">https://ijbnpa.biomedcentral.com/articles/10.1186/s12966-017-0509-8</a></p>	<ul style="list-style-type: none"> <li># of Matter of Balance courses offered (baseline: 1 course)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 1 class</li> <li><b>2024:</b> 4 classes</li> <li><b>2023:</b> 8 classes</li> </ul>
		<ul style="list-style-type: none"> <li>% of participants reported “feeling improved strength”</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 100%</li> <li><b>2024:</b> NA</li> <li><b>2023:</b> 88.3%</li> </ul>
		<p><b>Outcome Indicators 2.3:</b></p> <ul style="list-style-type: none"> <li>% of participants reported “feeling a reduction in a fear of falling”</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 100%</li> <li><b>2024:</b> NA</li> <li><b>2023:</b> 94.1%</li> </ul>
	<p><b>Intervention 2.4: Offer Partnership in Health to individuals with developmental and intellectual disabilities and to their support workers</b></p> <p><b>Evidence:</b></p> <p><a href="https://ijbnpa.biomedcentral.com/articles/10.1186/1479-5868-10-18">https://ijbnpa.biomedcentral.com/articles/10.1186/1479-5868-10-18</a></p>	<p><b>Intervention 2.4: Process Indicators</b></p> <ul style="list-style-type: none"> <li># of people participating in the Partnership in Health program (baseline: 33 participants, Carle Health &amp; Fitness Center, 2021)</li> </ul>	<p><b>Intervention 2.4 Outcomes:</b></p> <ul style="list-style-type: none"> <li><b>2025:</b> 25 people</li> <li><b>2024:</b> 21 people</li> <li><b>2023:</b> 29 people</li> </ul>
		<p><b>Outcomes Indicators 2.4:</b></p> <ul style="list-style-type: none"> <li>% of participants who decreased their blood pressure (baseline: 50%, Carle Health &amp; Fitness Center, 2021)</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 73% improved or maintained their systolic pressure, 77% improved or maintained their diastolic pressure</li> <li><b>2024:</b> 45% of participants decreased their systolic pressure, 50% of participants decreased their diastolic pressure</li> </ul>

			<p><b>2023:</b> 48% of participants decreased their systolic pressure, 50% of participants decreased their diastolic pressure</p>
		<ul style="list-style-type: none"> <li>• % of participants who improved or maintained their waist circumference</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> 59%</li> <li>• <b>2024:</b> 60%</li> <li>• <b>2023:</b> 48%</li> </ul>
		<ul style="list-style-type: none"> <li>• % of participants who improved their BMI</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> 50%</li> <li>• <b>2024:</b> 60%</li> <li>• <b>2023:</b> 34%</li> </ul>
	<p><b>Intervention 2.5: Promote the 5-2-1-0 Campaign amongst school-aged kids.</b></p> <p><b>Evidence:</b>  <a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/community-wide-physical-activity-campaigns">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/community-wide-physical-activity-campaigns</a></p> <p><a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/screen-time-interventions-for-children">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/screen-time-interventions-for-children</a></p>	<p><b>Intervention 2.5: Process Indicators</b></p> <ul style="list-style-type: none"> <li>• Track # of facilities who promote the 5-2-1-0 campaign</li> <li>• Track # of children educated on the 5-2-1-0 Campaign amongst school-aged kids</li> </ul>	<p><b>Intervention 2.5 Outcomes:</b></p> <ul style="list-style-type: none"> <li>• <b>2025:</b> 3 facilities</li> <li>• <b>2024:</b> 3 facilities</li> <li>• <b>2023:</b> 2 facilities</li> <li>• <b>2025:</b> 710 children (OSF St. Joseph Medical Center)</li> <li>• <b>2024:</b> 880 children (OSF St. Joseph Medical Center)</li> <li>• <b>2023:</b> 683 children (OSF St.</li> </ul>

			Joseph Medical Center)
		<b>Intervention 2.5: Outcome Indicators</b>	
		<ul style="list-style-type: none"> <li>• Not available</li> </ul>	
	<b>Intervention 2.6: Increase physical activity access in the pediatric population through Healthy Kids University.</b>  <i>Evidence:</i> <a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/multi-component-obesity-prevention-interventions">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/multi-component-obesity-prevention-interventions</a>	<b>Intervention 2.6: Process Indicators</b> <ul style="list-style-type: none"> <li>• # of participants</li> </ul>	<b>Intervention 2.6 Outcomes:</b> <ul style="list-style-type: none"> <li>• <b>2025:</b> 118 participants</li> <li>• <b>2024:</b> 50 participants</li> <li>• <b>2023:</b> 22 participants</li> </ul>
		<b>Outcome Indicators 2.6:</b>	
		<ul style="list-style-type: none"> <li>• % of individuals who report feel healthier</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> 80%</li> <li>• <b>2024:</b> 100%</li> <li>• <b>2023:</b> 100%</li> </ul>
		<ul style="list-style-type: none"> <li>• % of individuals that adopted healthier behaviors</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> 75%</li> <li>• <b>2024:</b> 100%</li> <li>• <b>2023:</b> 100%</li> </ul>
	<b>Intervention 2.7: Promote and implement Girls on the Run program in McLean County</b>  <i>Evidence:</i> <a href="#">Our Impact   Girls Empowerment Program   Girls on the Run</a>	<b>Intervention 2.7: Process Indicators</b> <ul style="list-style-type: none"> <li>• # of participants</li> </ul>	<b>Intervention 2.7 Outcomes:</b> <ul style="list-style-type: none"> <li>• <b>2025:</b> 142 participants</li> <li>• <b>2024:</b> 142 participants</li> <li>• <b>2023:</b> 67 participants</li> </ul>
		<ul style="list-style-type: none"> <li>• # of programs offered in McLean County</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> 10 sites</li> <li>• <b>2024:</b> 9 sites</li> <li>• <b>2023:</b> 5 sites</li> </ul>
		<b>Intervention 2.7: Outcome Indicators</b>	

		<ul style="list-style-type: none"> <li>• % of participants who increased physical activity</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> 40%</li> <li>• <b>2024:</b> 37%</li> <li>• <b>2023:</b> 84%</li> </ul>
		<ul style="list-style-type: none"> <li>• % of participants who improved confidence and connection</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> 97%</li> <li>• <b>2024:</b> 94%</li> <li>• <b>2023:</b> 93%</li> </ul>
<p><b>IMPACT OBJECTIVE #3: By 2026, promote opportunities for chronic conditions prevention and wellness programs in the community.</b></p> <p><b>BASELINE DATA:</b></p> <ul style="list-style-type: none"> <li>• <b>71.8%</b> of adults have taken medication for high blood pressure (Conduent Healthy Communities Institute, CDC – Places, 2019)</li> <li>• <b>84.5%</b> of adults have a cholesterol test history (Conduent Healthy Communities Institute, CDC – Places, 2019)</li> </ul>	<p><b>STRATEGY #3: PROMOTE WELLNESS RELATED CHRONIC DISEASE PREVENTION PROGRAMS IN THE COMMUNITY.</b></p>		
	<p><b>Intervention 3.1: Offer community programs and/or screenings related to heart disease to community members.</b></p>	<p><b>Intervention 3.1: Process Indicators</b></p> <ul style="list-style-type: none"> <li>• # of blood pressure screening participants</li> </ul>	<p><b>Intervention 3.1 – 3.8 Outcomes:</b></p> <ul style="list-style-type: none"> <li>• <b>2025:</b> 760 participants (OSF St. Joseph Medical Center, Carle Health &amp; Fitness Center, McLean County Health Department)</li> <li>• <b>2024:</b> 328 participants (OSF St. Joseph Medical Center, Chestnut Family Health Center, University of Illinois Extension, Mayors Manor, Carle Health &amp; Fitness Center)</li> <li>• <b>2023:</b> 619 participants (OSF</li> </ul>

			St. Joseph Medical Center, Chestnut Family Health Center, Home Sweet Home Ministries)
		<ul style="list-style-type: none"> <li># of heart disease educational classes offered</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 8 (OSF HealthCare St. Joseph Medical Center and Chestnut Family Health Center)</li> <li><b>2024:</b> 14 classes (OSF St. Joseph Medical Center, Town of Normal, University of Illinois Extension, Mayors Manor)</li> <li><b>2023:</b> 6 classes (OSF St. Joseph Medical Center)</li> </ul>
		<ul style="list-style-type: none"> <li># of participants in heart disease educational classes</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 212 participants (OSF HealthCare St. Joseph Medical Center and Chestnut Family Health Center)</li> <li><b>2024:</b> 988 participants (OSF</li> </ul>

			St. Joseph Medical Center, Town of Normal, Mayors Manor) <b>2023:</b> 191 participants (OSF St. Joseph Medical Center)
		<ul style="list-style-type: none"> <li># of cholesterol screening participants</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 480 participants (OSF St. Joseph Medical Center, Carle Health &amp; Fitness Center)</li> <li><b>2024:</b> 579 participants (OSF St. Joseph Medical Center, Town of Normal)</li> <li><b>2023:</b> 346 participants (OSF St. Joseph Medical Center, Carle Health &amp; Fitness Center)</li> </ul>
		<b><u>Intervention 3.1: Outcome Indicators</u></b>	
		<ul style="list-style-type: none"> <li>Not available</li> </ul>	
	<b><u>Intervention 3.2: Offer programs related to stress reduction to the community.</u></b>	<b><u>Intervention 3.2: Process Indicators</u></b>	
		<ul style="list-style-type: none"> <li># of participants in stress reduction participants</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 230 participants (OSF St. Joseph</li> </ul>

			<p>Medical Center, Town of Normal)  <b>2024:</b> 1,282 participants (OSF St. Joseph Medical Center, Town of Normal, University of Illinois Extension, Mayors Manor)  <b>2023:</b> 2,946 participants (OSF St. Joseph Medical Center, The Baby Fold)</p>
		<ul style="list-style-type: none"> <li># of stress reduction classes offered</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 2 (OSF St. Joseph Medical Center)  <b>2024:</b> 14 classes (OSF St. Joseph Medical Center, Town of Normal, University of Illinois Extension, Mayors Manor)  <b>2023:</b> 25 classes (OSF St. Joseph Medical Center, The Baby Fold)</li> </ul>
		<p><b><u>Intervention 3.2: Outcome Indicators</u></b></p> <ul style="list-style-type: none"> <li>Not available</li> </ul>	

	<p><b>Intervention 3.3: Offer COPE program to teens in the community.</b></p> <p>COPE is Creating Opportunities for Personal Empowerment. It’s a seven-week program for teens to focus on cognitive behavioral therapy</p> <p><b>Evidence:</b></p> <p><a href="#">Intervention Studies Supporting Evidence-based COPE for Helping Depression, Stress and Anxiety — Coping Skills Programs for Children, Teens, Young Adults, Adults   Schools, Universities, Healthcare, Parents/Teens (cope2thrive.com)</a></p>	<p><b>Intervention 3.3: Process Indicator</b></p> <ul style="list-style-type: none"> <li># of consultations</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> no longer being offered</li> <li><b>2024:</b> 12 consultations (OSF St. Joseph Medical Center)</li> <li><b>2023:</b> 37 consultations (OSF St. Joseph Medical Center)</li> </ul>
		<ul style="list-style-type: none"> <li># of classes offered</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> no longer being offered</li> <li><b>2024:</b> 4 classes (OSF St. Joseph Medical Center)</li> <li><b>2023:</b> 4 classes (OSF St. Joseph Medical Center)</li> </ul>
		<p><b>Intervention 3.3: Outcome Indicators</b></p> <ul style="list-style-type: none"> <li>% of participants who improved resiliency</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> no longer being offered</li> <li><b>2024:</b> 92%</li> <li><b>2023:</b> 93%</li> </ul>
	<p><b>Intervention 3.4: Offer Diabetes Prevention Program and other classes related to diabetes risk reduction to community members.</b></p> <p><b>Evidence:</b></p>	<p><b>Intervention 3.4: Process Indicators</b></p> <ul style="list-style-type: none"> <li># of Diabetes Prevention Program participants</li> </ul>	<ul style="list-style-type: none"> <li><b>2025:</b> 42 participants</li> <li><b>2024:</b> 10 participants</li> <li><b>2023:</b> 23 participants</li> </ul>

	<a href="https://coveragetoolkit.org/about-national-dpp/evidence/">https://coveragetoolkit.org/about-national-dpp/evidence/</a>	<ul style="list-style-type: none"> <li>• # of Diabetes Prevention Program classes</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> 52 classes</li> <li>• <b>2024:</b> 2 classes</li> <li>• <b>2023:</b> 37 classes</li> </ul>
		<p><b>Intervention 3.4: Outcome Indicators</b></p> <ul style="list-style-type: none"> <li>• # of persons who decreased their body weight</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> 35 participants</li> <li>• <b>2024:</b> 35 participants</li> <li>• <b>2023:</b> 16 participants</li> </ul>
		<ul style="list-style-type: none"> <li>• # of people who increased physical activity</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> 40 participants</li> <li>• <b>2024:</b> 37 participants</li> <li>• <b>2023:</b> 23 participants</li> </ul>
	<p><b>Intervention 3.5: Offer programs related to cancer prevention/diagnosis to community members.</b></p>	<p><b>Intervention 3.5: Process Indicators</b></p> <ul style="list-style-type: none"> <li>• Cancer support group <ul style="list-style-type: none"> <li>○ # of participants</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> 22 participants (OSF St. Joseph Medical Center)</li> <li>• <b>2024:</b> 46 participants (OSF St. Joseph Medical Center)</li> <li>• <b>2023:</b> 63 participants (OSF St. Joseph Medical Center)</li> </ul>
		<ul style="list-style-type: none"> <li>○ # of programs offered</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> 12 programs (OSF</li> </ul>

			St. Joseph Medical Center) <b>2024:</b> 10 programs (OSF St. Joseph Medical Center) <b>2023:</b> 10 programs (OSF St. Joseph Medical Center)
		<ul style="list-style-type: none"> <li>• Cancer group fitness classes <ul style="list-style-type: none"> <li>○ # of participants</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> 0 participants <b>2024:</b> 0 participants <b>2023:</b> 0 participants</li> </ul>
		<ul style="list-style-type: none"> <li>○ # of classes offered</li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> 0 classes <b>2024:</b> 0 classes <b>2023:</b> 0 classes</li> </ul>
		<ul style="list-style-type: none"> <li>• Cancer education classes <ul style="list-style-type: none"> <li>○ # of participants</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• <b>2025:</b> did not offer <b>2024:</b> 89 participants (OSF St. Joseph Medical Center) <b>2023:</b> 204 participants (OSF St. Joseph Medical Center) Carle Cancer Institute Normal,</li> </ul>

			University of Illinois Extension)
		<ul style="list-style-type: none"> <li>○ # of classes offered</li> </ul>	<ul style="list-style-type: none"> <li>● <b>2025:</b> did not offer</li> <li><b>2024:</b> 3 classes (OSF St. Joseph Medical Center)</li> <li><b>2023:</b> 4 classes (OSF St. Joseph Medical Center, Carle Cancer Institute Normal, University of Illinois Extension)</li> </ul>
		<p><b><u>Intervention 3.5: Outcome Indicators</u></b></p> <ul style="list-style-type: none"> <li>● Not available</li> </ul>	
	<p><b><u>Intervention 3.6: Offer programs related to achieving a healthy body weight.</u></b></p>	<p><b><u>Intervention 3.6: Process Indicators</u></b></p> <ul style="list-style-type: none"> <li>● Healthy weight education classes <ul style="list-style-type: none"> <li>○ # of participants</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>● <b>2025:</b> 314 participants</li> <li><b>2024:</b> 66 participants</li> <li><b>2023:</b> 320 participants</li> </ul>
		<ul style="list-style-type: none"> <li>○ # of classes offered</li> </ul>	<ul style="list-style-type: none"> <li>● <b>2025:</b> 19 classes</li> <li>● <b>2024:</b> 2 classes</li> <li>● <b>2023:</b> 3 classes</li> </ul>
		<p><b><u>Intervention 3.6: Outcome Indicators</u></b></p> <ul style="list-style-type: none"> <li>● Not available</li> </ul>	
	<p><b><u>Intervention 3.7: Offer programs related to smoking cessation.</u></b></p>	<p><b><u>Intervention 3.7: Process Indicators</u></b></p> <ul style="list-style-type: none"> <li>● INDEPTH <ul style="list-style-type: none"> <li>○ # of participants</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>● <b>2025:</b> 37 participants</li> </ul>

	<p>McLean County Facilitates the Intervention for Nicotine Dependence, Education, Prevention, Tobacco and Health (INDEPTH) program. The program helps schools and communities address teen e-cigarette use in a more supportive way. Instead of solely focusing on punitive measures, INDEPTH is an interactive program that teaches students about nicotine dependence, establishing healthy alternatives, and how to overcome unhealthy substance dependence. The program was developed by the American Lung Association and consists of five 1-hour sessions. In addition, INDEPTH educates students on the impact of tobacco use in teens, the long-term health consequences, and other skills to support teens in quitting or reducing their tobacco product use.</p>		<p><b>2024:</b> 26 participants (Mayors Manor)  <b>2023:</b> 47 participants</p>
		<ul style="list-style-type: none"> <li>○ # of classes offered</li> </ul>	<ul style="list-style-type: none"> <li>● <b>2025:</b> 27 classes</li> <li>● <b>2024:</b> 1 class (Mayors Manor)</li> <li>● <b>2023:</b> 35 classes</li> </ul>
		<p><b><u>Intervention 3.7: Outcome Indicators</u></b></p> <ul style="list-style-type: none"> <li>● # of participants who quit smoking</li> </ul>	<ul style="list-style-type: none"> <li>● NA</li> </ul>
<p><b><u>Intervention 3.8: Offer programs related to chronic disease management</u></b></p>	<p><b><u>Intervention 3.8: Process Indicators</u></b></p> <ul style="list-style-type: none"> <li>● Chronic disease management course <ul style="list-style-type: none"> <li>○ # of participants</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>● <b>2025:</b> 92 participants (Chestnut Family Health Center, Carle Health &amp; Fitness Center)</li> <li>● <b>2024:</b> 83 participants (University of Illinois Extension, Carle Health &amp; Fitness Center)</li> </ul>	

			<p><b>2023:</b> 20 participants (University of Illinois Extension)</p>
		<ul style="list-style-type: none"> <li>○ # of classes offered</li> </ul>	<ul style="list-style-type: none"> <li>● <b>2025:</b> 8 classes (Chestnut Family Health Center, Carle Health &amp; Fitness Center)</li> <li><b>2024:</b> 1 class (University of Illinois Extension)</li> <li><b>2023:</b> 1 class (University of Illinois Extension)</li> </ul>
		<p><b><u>Intervention 3.8: Outcome Indicators</u></b></p> <ul style="list-style-type: none"> <li>● Not available</li> </ul>	

**RELATED IMPROVEMENT PLAN ACCOMPLISHMENTS**

**Calendar Year 2025**

The following organizations received grants in 2025 for implementation in 2025/2026 or FY26 (May 1, 2025– April 30, 2026) from the John M. Scott Health Care Commission. The grants are tied to the health priorities selected for the 2022 McLean County Community Health Needs Assessment and the 2023 – 2025 McLean County Community Health Improvement Plan. The data below is for May 1 – October 1, 2025.

- Lifelong Access received a Category II Program Grant for active living support; eight people were served during the above timeframe.
- One Hope Project received a Category II Program Grant for an eating disorder program; 29 people were served during the above timeframe.
- Living Well United received a Category II Program Grant for low-income senior services; 323 people were served during the above timeframe.

- West Bloomington Revitalization Project (WBRP) and Western Avenue Community Center received a Category II Program Grant for a healthy eating program; 26 people were served during the above timeframe.
- Bloomington-Normal YMCA received a Category II Program Grant for the Healthy Kids' University program; 46 people were served during the above timeframe.
- West Bloomington Revitalization Project (WBRP) received a Category II Program Grant for westside rides; 36 people were served during the above timeframe.

### **Other Related Accomplishments**

- In 2025, the Carle Health & Fitness Center accomplished the following:
  - Offered a screening questionnaire and body composition screening in November 2025 for Diabetes Awareness Month.
  - Held a presentation in collaboration with a physician and the National Multiple Sclerosis Society for 12 people during Multiple Sclerosis Awareness Month.
  - Held a lunch and learn on April 26, 2025, on Parkinson's Awareness in collaboration with local organizations that support the Parkinson's community. Sixty-five individuals attended the event.
  - Held a presentation, given by a physician, on chronic foot and ankle conditions, appropriate footwear and minimally invasive surgery options for 24 participants.
  - Hosted a presentation, Positive Aging, given by the University of Illinois Extension in September 2025 for 20 participants.
- In 2025, OSF HealthCare St. Joseph Medical Center accomplished the following:
  - Donated funds to the Boys & Girls Club of Bloomington-Normal through an OSF HealthCare St. Joseph Medical Center fundraiser.
  - Partnered with community employers to promote employee health and well-being, reaching over 10,000 individuals.
  - Conducted a free mammography screening event in October.
  - Provided breast cancer prevention education at the Gale Keeran Center for Women in August, including guidance on self-exams, risk factors and recognizing early warning signs.
- In 2025, McLean County Health Department accomplished the following:
  - Provided education on healthy living through presentations, social media and tabling events, covering topics such as MyPlate, physical activity, healthy eating on a budget and access to community resources like food pantries.
  - Supported healthy eating through the Women, Infants and Children (WIC) Farmers' Market Nutrition Program and Farmer Market Bundles, providing 140 bundles valued at \$30 each to help participants access fresh, locally grown fruits and vegetables.
  - Promoted chronic disease prevention through lifestyle programs and mobile unit activities, offering A1C and blood pressure screenings and information on healthy eating, physical activity and preventive care.
  - Promoted wellness and behavior change through programs like the Diabetes Prevention Program, guiding participants in making healthier food and activity choices.

- Implemented a tobacco prevention program to educate residents about the risks of tobacco use and support healthier choices.
- In 2025, more than 400 employees from McLean County Government, the City of Bloomington and the Bloomington-Normal Water Reclamation District attended the Employee Wellness Fair on April 15 at Grossinger Motors Arena. Participants connected with over 35 local vendors offering health and wellness resources, received a wellness gift upon arrival and enjoyed a free healthy breakfast while networking with coworkers and learning about available health benefits and services.
- In 2025, University of Illinois Extension supported 145 Giving Gardens in McLean County, resulting in the donation of over 4,000 pounds of fresh produce to individuals in need and more than 350 fresh floral bouquets shared throughout the community.
- Through the generous donation from the McLean County Sportsmen Club, a total of 17 deer—equaling 848 pounds of venison—were donated and distributed to community members. The meat was professionally processed by Bloomington Meats and Chenoa Meat Locker, helping ensure safe, high-quality protein was available for families utilizing local food pantries.
- Staff at Home Sweet Home Ministries prepared crock-pot venison recipes and provided samples, recipe cards and education on preparing venison as a lean, healthy protein. Over four weeks, approximately 30 individuals each week sampled the recipes and learned how to prepare venison at home, with participants also taking home ground venison to recreate the meals for themselves. The venison used for this effort was generously donated by the McLean County Sportsmen Club.
- In 2025, The Town of Normal Parks & Recreation continued planning and investment in recreational facilities and programs that encourage physical activity, including trails, playgrounds, skate parks and aquatic centers, providing residents of all ages with accessible opportunities for swimming, walking, biking and other forms of active recreation.
- The Town of Normal Parks & Recreation Department hosted a variety of free community events throughout the year that encouraged residents to be active and spend time outdoors. Events such as Normal Stride & Ride provided opportunities for walking, biking and other physical activity while promoting healthy lifestyles and community connection.
- In 2025, City of Bloomington Parks & Recreation continued to promote community well-being by offering free programs and events that encouraged residents to be active, spend time outdoors and engage in healthy lifestyle activities.
- In 2025, 164 employees of the City of Bloomington participated in health screenings provided by the Carle Health & Fitness Center as part of the City’s employee wellness program. Screenings took place at the Employee Wellness Fair and during additional scheduled appointments. Employees had their weight, waist circumference, resting blood pressure and resting heart rate measured and also completed laboratory tests such as a complete blood count, metabolic panel and lipid panel. These screenings helped employees better understand their health and take proactive steps to maintain it.
- In 2025, Project Oz offered 24 total events for employees focused on healthy behaviors where 420 individuals participated.
- In 2025, The Salvation Army accomplished the following:
  - Served a total of 38,520 meals.
  - 25,783 Dinner meals
  - 8,119 Lunch meals
  - 4,618 Breakfast meals

- The Salvation Army hosted a weekly youth program for 42 participants that focused on healthy cooking, nutrition and positive lifestyle habits. The program met once a week for nine months, providing 378 free healthy meals while encouraging peer support and building lifelong wellness skills.
- In 2025, the Food Pantry Network continued its multi-pantry collaboration, bringing organizations together to share best practices and expand efforts to provide healthier food options and nutrition education to the community.

**Calendar Year 2024**

**The following organizations received grants in 2024 for implementation in 2024/2025 or FY25 (May 1, 2024– April 30, 2025) from the John M. Scott Health Care Commission. The grants are tied to the health priorities selected for the 2022 McLean County Community Health Needs Assessment and the 2023 – 2025 McLean County Community Health Improvement Plan. The data below is for May 1 – October 31, 2024.**

- OSF HealthCare received a Category II Program Grant for Peace Meal Senior Nutrition program; 1,287 people were served during the above timeframe.
- One Hope Project received a Category II Program Grant for an eating disorder program; 28 people were served during the above timeframe.
- Living Well United received a Category II Program Grant for the Senior Center for Rural McLean County; 381 people were served during the above timeframe.
- The Bloomington-Normal YMCA received a Category II Program Grant for the Healthy Kids University program; 50 people were served during the above timeframe.
- West Bloomington Revitalization Project received a Category II Program Grant for the Bike Co-Op; number served has not yet been reported.

**Other Related Accomplishments**

- Bloomington School District 87, Western Ave Community Center and Second Presbyterian Church collaborated to hold three Nourish and Nurture Nights for 12 families.
- Project Oz offered 22 total events for employees focused on healthy behaviors where 420 individuals participated.
- LINK Match distributed: 13,217 and LINK Match redeemed: 10,852 with an 82.11 percent redemption rate which is 2.58 percent higher than the 2023 redemption rate.
- In 2024, Carle BroMenn Medical Center accomplished the following:
  - The Nurse Practice Council at Carle BroMenn Medical Center donated over 700 jars of peanut butter and 550 boxes of crackers to benefit children in need at Glenn, Fairview and Oakland Elementary Schools.
  - The Spiritual Care department at Carle BroMenn Medical Center, in cooperation with the Carle Faith Community Partners, launched the Compassion Cupboard in May 2023 as a pilot program. The Compassion Cupboard provided bags of basic food items such as canned fruits,

vegetables, proteins and grains to 70 individuals experiencing food insecurity that were discharged from the hospital or sought services at an outpatient clinic in 2024. The intent of the food bags is to aid with food insecurity in the short term. Information about local food pantries and support programs was included in each bag.

- Cardiopulmonary Rehab and Nutrition Services at Carle BroMenn Medical Center hosted a low-sodium food drive. Approximately 124 donated items were given to Home Sweet Home Ministries and Center for Hope Outreach Program.
- A food waste composting pilot began at Carle BroMenn Medical Center in August 2024 that diverted an average of 800 pounds of food waste from a landfill each month.
- Carle Cancer Institute Normal held Trail Tuesdays from June to October to boost physical activity for current and previous cancer patients. A total of approximately 60 people participated in the weekly walks on the Constitution Trail.
- In 2024, the Carle Health & Fitness Center accomplished the following:
  - Conducted a free blood pressure screening for 40 Illinois Wesleyan University nursing students.
  - Conducted a free fall prevention workshop to 23 participants in partnership with Carle McLean County Orthopedics.
  - Held a free bone density presentation to 50 participants in partnership with Carle McLean County Orthopedics.
  - Held a free nutrition presentation to five seniors and a free presentation on olive oil to eight people.
  - Ten staff members volunteered at the Midwest Food Bank and the center held drive for essentials for The Salvation Army.
- University of Illinois Extension Office provided 578 SNAP-Ed classes to 2,726 participants for nutrition education. They also attended the Farmers' Market eight times providing opportunities to register for their healthy eating newsletter, QR code to recipe website and/or registration for upcoming classes.
- In 2024, OSF HealthCare St. Joseph Medical Center (OSF SJMC) accomplished the following:
  - Sponsored the Peace Meal Senior Nutrition Program to seniors living in McLean County.
  - Sponsored Student Health 101 for Normal Community West and Normal Community High Schools. Produced weekly emails promoting overall health and wellbeing education and resources for parents and students.
  - Offered a genetic cancer risk assessment to women during mammogram screening visits.
  - Updated benefits package to OSF Healthcare employees to encourage self-care and volunteer time.
  - Donated money to the Boys & Girls Club of Bloomington Normal as part of a fundraiser within OSF SJMC.
  - Partnered with Fleet Feet to give shoes to nine random employees during a wellbeing challenge.
  - Women Empowered Giving Circle through OSF donated \$4,500 to the OSF Maternal and Fetal Services for women undergoing extra gynecological testing.
  - Partnered with various employers in the community to promote health and wellbeing for their employees, reaching over 15,000 people.
- In 2024, The Baby Fold accomplished the following:
  - Budgeted a wellness fund line item where staff could apply for funding throughout the year. There were 12 funding requests for a total of \$3,800.
  - Held a Lunch and Learn on the topic of vicarious trauma that 35 staff attended.

- Offered an employee wellness fair with various breakout sessions. Topics included yoga and compassion fatigue. Approximately 105 staff attended the fair.
- Hosted an all-agency gathering of food, games and music bingo. Approximately 80 staff attended the gathering.
- Offered four yoga classes to 20 staff by a therapist who is trained in trauma-informed yoga.
- In 2024, The Salvation Army accomplished the following:
  - Had a total of 4,020 food pantry visits for the year (average of 335 visits per month).
  - Served a total of 11,607 people (average of 967 people per month).
  - Served 613 households for the first time.
  - Distributed \$1,046,584 worth of food to pantry clients based on the average cost of food per visit.
- In 2024, Bloomington School District 87 offered monthly education programs for their employees:
  - January 2024-Better sleep.
  - February 2024-Step challenge.
  - March 2024-Eat two or more different colored fruits or vegetables at one meal.
  - April 2024-Be active outside.
  - May 2024-Attend the 5K/wellness event.
  - September 2024-Do yoga.
  - October 2024-Walk outside.
  - November 2024-Eat fall produce.
  - December 2024-Do a wellness activity with a friend.

**Calendar Year 2023**

**The following organizations received grants in 2023 for implementation in 2023/2024 or FY24 (May 1, 2023– April 30, 2024) from the John M. Scott Health Care Commission. The grants are tied to the health priorities selected for the 2022 McLean County Community Health Needs Assessment and the 2023 – 2025 McLean County Community Health Improvement Plan. The data below is for May 1 – October 31, 2023.**

- The Center for Healthy Lifestyles at received a Category II Program Grant for OSF SmartMeals; 2,195 people were served during the above timeframe.
- Milestones Early Learning Center and Preschool received a Category II Program Grant for the Healthy Eating Program; 21 people were served during the above timeframe.
- Living Well United received a Category II Program Grant for the Senior Center for rural McLean County; 161 people were served during the above timeframe.

- The Bloomington-Normal YMCA received a Category II Program Grant for the Healthy Kids University program; 10 people were served during the above timeframe.
- West Bloomington Revitalization Project received a Category II Program Grant for the Bike Co-Op; 64 people were served during the above timeframe.
- The YWCA of McLean County received a Category II Program Grant for the Child Healthy Living Program; 169 people were served during the above timeframe.
- OSF Health Care received a Category II Program Grant for the Senior Nutrition Program; 502 people were served during the above timeframe.

### **Other Related Accomplishments**

- In September 2023, the inaugural McLean County Hunger Walk was held at Tipton Park. The Hunger Walk was sponsored by the Executive Steering Committee of the McLean County Community Health Council and the University of Illinois Extension. Members of the Council’s Executive Steering Committee included representatives from Carle BroMenn Medical Center, Chestnut Health Systems, McLean County Health Department, and OSF St. Joseph Medical Center. Approximately 50 individuals participated in the walk and donated food. Food donations were given to Mt. Pisgah Baptist Church for their food pantry.
- The Baby Fold initiated money for well-being type activities for staff. There were eight requests for these wellness funds that were approved for a total of \$1,950.00. Two hundred and twenty-six staff benefited from these requests. Activities included program retreats across departments which facilitated team building and connection to support wellness.
- Chestnut Family Health Center partnered with the Boys & Girls Club of Bloomington Normal to offer skin cancer screenings for the community. Thirteen individuals were screened.
- In 2023, Chestnut Health Systems accomplished the following:
  - Hosted a ‘Pamper Me Pink’ event to bring awareness about breast cancer.
  - Offered food pharmacy “refills” criteria based on patient meeting with a nurse or dietetic intern or participating in an approved class, group, or event to obtain refill. The goal was to provide education and support to help the patient make healthier lifestyle choices to coincide with access to healthier foods.
  - Held an all staff training September 2023 on the Food Pharmacy program and included information for University of Illinois Extension FindFood IL community food map and Home Sweet Home Bread of Life Co-op membership program.
  - Partnered with Illinois State University to provide nutrition counselling for patients in the community.
  - Offered community skin cancer screenings on the mobile unit.
- In 2023, Chestnut Health Systems’ accomplished the following related to employee wellbeing strategies:
  - Set a goal to increase visibility of wellness program by working to increase utilization of the Employee Assistance Program (EAP) by five percent over the next three quarters.

- Approved the revision of Chestnut’s Equal Employment Policy (PP 40) and Sick Leave Policy (PP 1220) to provide protections for mental illness and substance use disorders and allow employees to use sick leave for behavioral health needs.
- Held a monthly wellness giveaway to Chestnut Health System employees.
- Added and promoted a dedicated “tele doc” feature for employees with Chestnut Health System benefits and incented its use through EAP (all full-time and part-time employees).
- Administered a Work & Well-Being Survey in May 2022 and in July 2023.
- Seven Work and Well-Being Community of Practice Webinars were held in 2023 covering a variety of wellness topics. Each webinar was also recorded and posted to the Chestnut Health Systems intranet for employees who could not attend live.
- Designed, developed and implemented supervisor orientation to educate managers on supportive supervision.
- In 2023, Carle Health & Fitness Center accomplished the following:
  - Hosted a presentation by a Carle physician on sleep for 22 individuals.
  - Hosted a Friendship Walk Training at McGraw Park for 12 individuals.
  - Hosted a workout session and presented nutrition information at Lifelong Access for 35 individuals on Disability Pride Awareness Day.
  - Hosted a presentation by a Carle physician on acid reflux for 15 individuals.
  - Hosted a presentation by a Carle physician on breast health for 12 individuals.
  - Hosted a presentation by a Carle physician on seasonal affective disorder for 17 individuals.
  - Donated 20 bags of clothing to PATH Crisis Center.
  - Donated over 1,660 pounds of food to faith and other organizations in West Bloomington.
  - Donated \$5,000 in fitness center memberships, youth services and general sponsorships in 2023.
- Carle BroMenn Medical Center’s Nurse Practice Council donated 217 jars of peanut butter and 63 boxes of crackers to benefit children in need at Glenn, Fairview and Oakland Elementary Schools.
- Carle BroMenn Medical Center’s Spiritual Care department, in cooperation with the Carle Faith Community Partners, launched the Compassion Cupboard in May 2023 as a pilot program. The Compassion Cupboard provided bags of basic food items such as canned fruits, vegetables, proteins and grains to 68 individuals experiencing food insecurity that were discharged from the hospital or sought services at an outpatient clinic. The intent of the food bags is to aid with food insecurity in the short term. Information about local food pantries and support programs was included in each bag.
- In 2023, a professor from Illinois Wesleyan University taught an 8-hour class at Illinois State University's Alumni Center on the social determinants of longevity to 45 adult students. The material spanned an introduction to SDoH, sub-group inequalities in life expectancy over place and time, demographic groups, life expectancy, and physiology involved in chronic stress, low-birth weights, disease, and premature death. Mid Central Community Action (MCCA) had two free gardens at the corporate office with tomatoes and peppers for customers, staff, and neighbors to enjoy. MCCA also had a vegetable garden at Mayors Manor for residents and held two cooking classes to teach the residents how to use the vegetables in their meals.
- In 2023, the McLean County Health Department accomplished the following:

- Offered eight elaborate challenges for staff (Holiday Challenge, Rest & Revive Challenge, Stair Challenge, Water Challenge, Spring in your Step Challenge, Fruit and Veggie Challenge, Together Tuesdays and Winter Wellness). Each challenge included an employee tracking form and weekly engaging emails.
- Employee Wellness coordinated events at the health department to recognize staff members for their hard work and accomplishments. Employee Wellness celebrated work-related awareness days and integrated appropriate activities to coincide with each event.
- Employee Wellness started Wellness Wednesdays which offers yoga and Zumba over the lunch hour.
- The Employee Wellness program also brought back the Employee Wellness Fair and partnered with the City of Bloomington for the event.
- Nearly 200 McLean County employees attended the McLean County Employee Wellness Fair on April 21, 2023 at Grossinger Motors Arena. Employees were welcomed with a gift of their choice upon entering the fair and were able to interact with over 25 local vendors that offered health benefits. Employees were able to mingle with coworkers from across the county and enjoyed a free healthy sit-down breakfast.
- In 2023, OSF HealthCare St. Joseph Medical Center accomplished the following:
  - Sponsored the Peace Meal Senior Nutrition Program to seniors living in McLean County.
  - Sponsored Girls on the Run for local programming to improve the wellbeing of girls in elementary and junior high school.
  - Sponsored Student Health 101 for Normal Community West and Normal Community High Schools. Weekly emails promoted overall health and wellbeing education and resources for parents and students.
  - Offered a genetic cancer risk assessment to women during a mammogram screening.
  - Updated benefits package to OSF Healthcare employees to encourage self-care and volunteer time.
  - Donated money to the Boys & Girls Club of Bloomington Normal.
  - Held a 5-K race for employees through a Fleet Feet community event.
  - Women Empowered Giving Circle through OSF donated \$50,000 to the OSF Cancer Center to support artificial intelligence mammography equipment.
  - Raised and donated money to the Boys & Girls Club of Bloomington Normal.
  - Partnered with various employers in the community to promote health and wellbeing for their employees, reaching over 15,000 employees.
- In 2023, the Town of Normal reported and/or accomplished the following:
  - 28,000 rounds of golf.
  - 320 youth golf participants.
  - 180 youth on the swim team.
  - 73,000 visits to the pools.
  - 12,386 recreation program participants.
  - 968 day camp participants.
  - Hosted 5,000 people on the Constitution Trail for one event.
  - Donated 2,800 pounds of food to Midwest Food Bank.

- Offered 2,065 after school programs.

***\*The Four Organizations comprising the McLean County Executive Steering Committee—Carle BroMenn Medical Center, Chestnut Health Systems, McLean County Health Department and OSF St. Joseph Medical Center—are all implied resources/partners for Healthy Eating/Active Living.***

# 2023–2025 McLean County Community Health Improvement Plan

## Outcome and Impact Objective Comparison Summary

---

- Green** – Improvement in data from baseline to most recent data available
- Yellow** – No substantial change in data from baseline to most recent data available
- Red** – Value for most recent data available is worse than it was at baseline

HEALTH PRIORITY: ACCESS TO CARE		
<b>GOAL:</b>	Advance and advocate for equitable and affirming access to care and other resources, which address social determinants of health, to improve the health and well-being of our diverse community by 2026.	
<b>OUTCOME OBJECTIVES:</b>	<p>By 2026, reduce the percentage of individuals utilizing McLean County hospital emergency rooms for non-emergent conditions.</p> <p><b>Baseline vs. Current Data</b></p> <ul style="list-style-type: none"> <li>16% of McLean County residents identified as “at risk” (Medicaid Population) reported the emergency department as their choice of medical care (McLean County Health Survey, 2021).</li> <li><b>8%</b> of McLean County residents identified as “at risk” (Medicaid Population) reported the emergency department as their choice of medical care (McLean County Community Health Survey, 2024).</li> </ul>	
<b>THREE YEAR MEASURES</b>	<b>BASELINE DATA</b>	<b>UPDATED COMPARISON DATA</b>

<p><b>Impact Objective #1</b></p> <p>By 2026, decrease the number of McLean County residents identifying the emergency department as choice of medical care.</p>	<p><b>16%</b> of the at-risk population Identified the emergency room as their primary choice of medical care (McLean County Community Health Survey, 2021)</p> <p><b>4%</b> of the general population identified the emergency room as their primary choice of medical care (McLean County Community Health Survey, 2021)</p>	<p><b>8%</b> (McLean County Community Health Survey, 2024)</p> <p><b>3%</b> - “general” population (McLean County Community Health Survey, 2024)</p>
<p><b>Impact Objective #2:</b></p> <p>By 2026, increase the number of McLean County residents indicating they have access to a dentist.</p>	<p><b>33%</b> of responses from survey respondents reported “no insurance” as their reason for inability to access dental care (McLean County Community Health Survey, 2021) *</p> <p><b>27%</b> of responses from survey respondents reported “could not afford co-pay” as their reason for inability to access dental care (McLean County Community Health Survey, 2021) *</p> <p>*Survey respondents could choose all that apply.</p>	<p><b>10%</b> (McLean County Community Health Survey, 2024)</p> <p><b>33%</b> (McLean County Community Health Survey, 2024)</p>
<p><b>Impact Objective #3:</b></p> <p>By 2026, Decrease the number of McLean County residents indicating that they do not seek care.</p>	<p><b>5%</b> of respondents indicated that they do not seek care (McLean County Community Health Survey, 2021).</p>	<p><b>6%</b> (McLean County Community Health Survey, 2024)</p>

## HEALTH PRIORITY: BEHAVIORAL HEALTH

<p><b>GOAL</b></p>	<p>Further equitable, inclusive, and integrated systemic community approaches to behavioral health and well-being for our diverse community by 2026.</p>
<p><b>OUTCOME OBJECTIVE:</b></p>	<ul style="list-style-type: none"> <li>• By 2026, reduce the number of deaths due to suicide and emergency room visits due to suicide and intentional self-inflicted injury.</li> <li>• By 2026, reduce the death rate due to drug poisoning and emergency room visits due to alcohol use.</li> </ul> <p><b><u>Baseline vs. Current Data</u></b></p> <ul style="list-style-type: none"> <li>• 28 deaths due to suicide, McLean County Coroner’s Office, 2021. 24 deaths due to suicide, McLean County Coroner’s Office, 2025.</li> <li>• 47.7 emergency room visits per 10,000 population ages 18 years and older due to suicide and intentional self-inflicted injury (Conduent Healthy Communities Institute, Illinois Hospital Association, 2018 – 2020). 47.6 emergency room visits per 10,000 population ages 18 years and older due to suicide and intentional self-inflicted injury (Conduent Healthy Communities Institute, Illinois Hospital Association, 2022 – 2024).</li> <li>• 151.5 emergency room visits per 10,000 population 10 - 17 years of age due to adolescent suicide and self-inflicted injury (Conduent Healthy Communities Institute, Illinois Hospital Association, 2018 – 2020). 186.3 emergency room visits per 10,000 population 10 - 17 years of age due to adolescent suicide and self-inflicted injury (Conduent Healthy Communities Institute, Illinois Hospital Association, 2022 – 2024).</li> <li>• 18.6 deaths/100,000 population due to drug poisoning (Conduent Healthy Communities Institute, County Health Rankings, 2017 – 2019) 15.4 deaths/100,000 population due to drug poisoning (Conduent Healthy Communities Institute, County Health Rankings, 2021 – 2023)</li> <li>• 47.8 emergency room visits per 10,000 population 18 years and older due to alcohol use (Conduent Healthy Communities Institute, Illinois Hospital Association, 2018 – 2020). 48.3 emergency room visits per 10,000 population 18 years and older due to alcohol use (Conduent Healthy Communities Institute, Illinois Hospital Association, 2022 – 2024).</li> </ul>

THREE YEAR MEASURES	Baseline Data	Updated Comparison Data
<p><b>Impact Objective #1:</b></p> <p>By 2026, increase the percent of McLean County residents reporting good mental health and feeling less sad, depressed, stressed or anxious.</p>	<p>Residents reported that their mental health was not good <b>4.0 days</b> in the past 30 days (County Health Rankings, 2018).</p> <p><b>24%</b> of survey respondents reported their overall mental health as good (McLean County Community Health Survey, 2021).</p> <p><b>23%</b> of survey respondents reported feeling depressed for 3 or more days in the 30 days prior to the survey (McLean County Community Health Survey, 2021).</p> <p><b>19%</b> of survey respondents reported feeling stressed or anxious for 3 or more days in the 30 days prior to the survey (McLean County Community Health Survey, 2021).</p> <p><b>40%</b> of 8<sup>th</sup>, 10<sup>th</sup> and 12<sup>th</sup> grader students reported feeling so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities (Illinois Youth Survey, 2020).</p>	<p><b>5.1 days</b> (Conduent Healthy Communities Institute, County Health Rankings, 2022)</p> <p><b>19%</b> (McLean County Community Health Survey, 2024)</p> <p><b>30%</b> (McLean County Community Health Survey, 2024)</p> <p><b>25%</b> (McLean County Community Health Survey, 2024)</p> <p><b>30%</b> (Illinois Youth Survey, 2024)</p>
<p><b>Impact Objective #2:</b></p> <p>By 2026, decrease the percent of McLean County residents reporting heavy or binge drinking and the use of any type of substance.</p>	<p><b>21.4%</b> of adults reported heavy or binge drinking (County Health Rankings, 2018).</p> <p><b>7%</b> of survey respondents reported using marijuana one or more times/day (McLean County Community Health Survey, 2021).</p>	<p><b>21.5%</b> (County Health Rankings, 2022)</p> <p><b>12%</b> (McLean County Community Health Survey, 2024)</p>

	<p><b>21%</b> of survey respondents reported having an alcoholic drink one or more times/day (McLean County Community Health Survey, 2021).</p> <p><b>1%</b> of survey respondents reported the use of illegal substances one or more times/day (McLean County Community Health Survey, 2021).</p> <p><b>7%</b> of survey respondents reported the improper use of prescription medication one or more times/day (McLean County Community Health Survey, 2021).</p> <p><b>53%</b> of 12th grade students reported that they have used any type of substance in the past year (Illinois Youth Survey, 2020).</p> <p><b>26%</b> of 12<sup>th</sup> grade students reported that they drank alcohol during the 30 days prior to the survey (Illinois Youth Survey, 2020).</p> <p><b>16%</b> of 12<sup>th</sup> grade students reported using marijuana 1 or more times in the past 30 days (Illinois Youth Survey, 2020).</p> <p><b>18.6 deaths/100,000 population</b> are due to drug poisoning (Conduent Healthy Communities Institute, County Health Rankings, 2017 – 2019).</p>	<p><b>26%</b> (McLean County Community Health Survey, 2024)</p> <p><b>5%</b> (McLean County Community Health Survey, 2024)</p> <p><b>15%</b> (McLean County Community Health Survey, 2024)</p> <p><b>38%</b> (Illinois Youth Survey, 2024)</p> <p><b>24%</b> (Illinois Youth Survey, 2024)</p> <p><b>12%</b> (Illinois Youth Survey, 2024)</p> <p><b>15.4 deaths/100,000 population</b> (Conduent Healthy Communities Institute, County Health Rankings, 2021 – 2023)</p>
<p><b>Impact Objective #3</b></p> <p>By 2026, increase access to behavioral health services in McLean County.</p>	<p><b>17%</b> of McLean County residents reported that they needed counseling and were not able to get it (McLean County Community Health Survey, 2021).</p>	<p><b>27%</b> (McLean County Community Health Survey, 2024)</p>

## HEALTH PRIORITY: HEALTHY EATING/ACTIVE LIVING

<b>GOAL:</b>	Promote equitable opportunities to access healthy eating and active living to strengthen the health and wellbeing of our diverse community by 2026.	
<b>OUTCOME OBJECTIVES:</b>	<p>By 2026, maintain or increase the percentage of people living at a healthy body weight in McLean County.</p> <p><b>Baseline vs. Current Data</b></p> <ul style="list-style-type: none"> <li>Adults: 32% of McLean County adults are classified as obese (County Health Rankings, 2022). <b>35%</b> of McLean County adults are classified as obese (County Health Rankings, 2025).</li> <li>Adolescents: 11% of 8<sup>th</sup> graders, 9% of 10<sup>th</sup> graders, 6% of 12<sup>th</sup> graders in McLean County are obese (Illinois Youth Survey, 2020). Adolescents: <b>10%</b> of 8<sup>th</sup> graders, <b>9%</b> of 10<sup>th</sup> graders, <b>10%</b> of 12<sup>th</sup> graders in McLean County are obese (Illinois Youth Survey, 2024).</li> </ul>	
<ul style="list-style-type: none"> <li><b>THREE YEAR MEASURES</b></li> </ul>	<b>BASELINE DATA</b>	<b>UPDATED COMPARISON DATA</b>
<p><b>Impact Objective #1</b></p> <p>By 2026, increase opportunities for healthy eating.</p>	<p><b>32%</b> of adults (18+) are obese in McLean County. An average of <b>34.6%</b> of adults (18+) are obese in the 10 High Health Equity Needs ZIP codes with a 4-5 ranking (Conduent Healthy Communities Institute, County Health Rankings, 2022 and CDC – Places, 2019).</p> <p><b>94%</b> of McLean County residents do not consume 5+ servings of fruit and vegetables per day; citing</p>	<p><b>35%</b> - McLean County (County Health Rankings, 2025) <b>36.8%</b> - 7 high Health Equity Needs ZIP codes (Centers for Disease Control and Prevention, 2023)</p> <p><b>95%</b> (McLean County Community Health Survey, 2024)</p>

	<p>transportation issues or “don’t like”. (McLean County Community Health Survey, 2021).</p> <p><b>9.5%</b> of people in McLean County experience food insecurity (Conduent Healthy Communities Institute, Feeding America, 2019).</p> <p>An average of <b>30%</b> of 8<sup>th</sup>, 10<sup>th</sup> and 12<sup>th</sup> graders ate fruit two times per day in the last seven days and an average of <b>12%</b> ate three or more vegetables per day in the last seven days (Illinois Youth Survey, 2020).</p>	<p><b>11.7%</b> (Conduent Healthy Communities Institute, Feeding America, 2023)</p> <p><b>18%</b> (Illinois Youth Survey, 2024)</p> <p><b>14%</b> (Illinois Youth Survey, 2024)</p>
<p><b>Impact Objective #2</b></p> <p>By 2026, increase opportunities for active living.</p>	<p>Access to exercise opportunities: <i>Adults:</i> <b>83.9%</b> have access (Conduent Healthy Communities Institute, County Health Rankings, 2020).</p> <p>Physical Activity: <i>Adults:</i> <b>19.9%</b> did not participate in any leisure-time physical activities in the past month (Conduent Healthy Communities Institute, County Health Rankings, 2019).</p> <p><b>86%</b> of McLean County residents are not meeting exercise guidelines (150 minutes per week); 28% report being too tired to exercise, 23% report they don’t like to exercise (McLean County Community Health Survey, 2021).</p>	<p><b>78.7%</b> (Conduent Healthy Communities Institute, County Health Rankings, 2025)</p> <p><b>22%</b> (County Health Rankings, 2022)</p> <p><b>88%</b> (McLean County Community Health Survey, 2024)</p>

	<p>An average of <b>21%</b> of 8<sup>th</sup>, 10<sup>th</sup> and 12<sup>th</sup> graders were physically active for at least 60-minutes for 5 days, during the past 7 days (Illinois Youth Survey, 2020).</p> <p>An average of <b>27%</b> of 8th, 10th and 12th graders reported being physically active for a total of 60 minutes per day for 7 days a week (Illinois Youth Survey, 2020).</p> <p><b>140.6</b> hospitalizations/10,000 population 18+ years due to unintentional falls (Conduent Healthy Communities Institute, Illinois Hospital Association, 2018-2020).</p>	<p><b>17%</b> (Illinois Youth Survey, 2024)</p> <p><b>26%</b> (Illinois Youth Survey, 2024)</p> <p><b>218.9 hospitalizations/10,000 population</b> (Conduent Healthy Communities Institute, Illinois Hospital Association, 2022-2024)</p>
<p><b>Impact Objective #3</b></p> <p>By 2026, promote opportunities for chronic conditions prevention and wellness programs in the community.</p>	<p><b>71.8%</b> of adults have taken medication for high blood pressure (Conduent Healthy Communities Institute, CDC – Places, 2019).</p> <p><b>84.5%</b> of adults have a cholesterol test history (have had their blood pressure checked in the past five years) (Conduent Healthy Communities Institute, CDC – Places, 2019).</p>	<p><b>77.3%</b> (Conduent Healthy Communities Institute, CDC - Places, 2021)</p> <p><b>78.9%</b> (Conduent Healthy Communities Institute, CDC - Places, 2021)</p>