



CARLE FOUNDATION HOSPITAL  
Community Benefit Implementation Plan  
2020 – 2022

## **MISSION**

**We serve people through high quality care, medical research, and education.**

Our mission statement defines who we are, what we stand for, and the importance of our relationship with our patients, staff and community. As a locally-based private, not-for-profit organization, we take seriously our obligation to treat and provide high quality care to everyone, regardless of their ability to pay. This mission statement looks beyond medicine to include research and education, both of which remain highly valued by our organization.

## **VISION**

**Improve the health of the people we serve by providing world-class, accessible care through an integrated delivery system.**

Benefiting the community is central to everything we do at Carle.

## **COMMUNITY HEALTH NEEDS ASSESSMENT SUMMARY**

Carle, in conjunction with Champaign-Urbana Public Health District (CUPHD), OSF HealthCare and United Way of Champaign County, used the Mobilizing for Action through Planning and Partnership (MAPP) model, a four-tiered, community-based model that necessitates community engagement at all levels to conduct the Community Health Needs Assessment (CHNA). We assessed the current health status of the community and identified needs, and created a comprehensive plan to improve our community's health by acquiring input from community partners, planners, elected officials and residents.

Approximately 25 community leaders met virtually to participate in the assessment and to review the results of the survey and community health data, set a vision and identify priorities and goals for the 2020 - 2022 Community Health Improvement Plan, with ongoing subcommittee meetings to flesh out objectives and goals.

## **COMMUNITY BENEFIT IMPLEMENTATION PLAN**

Based upon the Community Health Needs Assessment using both quantitative and qualitative research, Carle Foundation Hospital prioritized the significant community health needs of Champaign County considering several criteria including: alignment with the hospital's mission, existing programs, the ability to make an impact within a reasonable time frame, the financial and human resources required, and whether there would be a measurable outcome to gauge improvement. The following three health areas were selected as the top priorities:

- 1. Behavioral Health**
- 2. Obesity**
- 3. Violence**

Following is a description of each priority area, risk factors, indirect and direct contributing factors, goals, objectives, and strategies selected for each of the three health priority areas. Each worksheet incorporates the goals and objectives Champaign County has set for the next three years. These health plans were developed in partnership with community leaders representing multiple agencies and organizations.

This plan includes Carle Foundation Hospital's intent to address and measure outcomes from 2020 – 2022.

## Behavioral Health:

### Description of Priority Area:

Behavioral health issues continue to be an issue across the county. Lack of resources, funding, and stigma contribute to the issue in Champaign County. According to County Health Rankings the ratio of mental health providers per 100,000 has improved drastically over the past six years, moving from 2055:1 in 2010 to 444:1 in 2019. According to the CDC, National Vital Statistics System, the Champaign County suicide rate in 2018 was 12.9 per 100,000 which is higher than the state of Illinois rate of 10.8 but lower than the national rate of 13.4. According to the death certificate data compiled by Vital Records at Champaign-Urbana Public Health District, there were 262 drug-related deaths for the five-year period 2015-2019. Of these deaths, 198 were residents of Champaign County. Opiates were the leading cause of drug-related deaths in Champaign County.

Risk Factor:	Contributing Factors:	Barriers:
<ul style="list-style-type: none"> <li>• Environmental Health Stressors</li> <li>• Unidentified Mental Health Disorders</li> </ul>	<ul style="list-style-type: none"> <li>• Stigma</li> <li>• Lack of Education</li> <li>• PTSD</li> <li>• Physical / Verbal Abuse</li> <li>• Genetics</li> <li>• Lack of Social Support</li> <li>• Poor Medicaid Reimbursement</li> <li>• Lack of Awareness</li> <li>• Language Barriers</li> <li>• Trauma</li> <li>• Substance Abuse</li> <li>• Low Self Esteem</li> <li>• Sexual Abuse</li> </ul>	<ul style="list-style-type: none"> <li>• Lack of Support System</li> <li>• Lack of Transportation</li> <li>• Lack of Funding</li> <li>• Lack of Providers Who Take Medicaid</li> <li>• Availability and Access to Counseling and Screening Programs</li> <li>• Lack of Screening in Primary Care Offices</li> <li>• Education Levels</li> <li>• Lack of Interagency Referral</li> <li>• Participant Follow-up</li> </ul>

**Shared Champaign County Goal:** Make advancements in behavioral health for Champaign County residents by expanding access to prevention, intervention and treatment services.

Objective 1: Promote awareness of and increase usage of 2-1-1 hotline services to connect people to behavioral health services.

Strategy 1.1: Encourage all modalities of behavioral health available to patients (i.e. virtual, in person, groups, etc.).

Strategy 1.2: Promote currently available programs and existing health services through public service announcements and other education efforts. This will facilitate an increase in awareness of services offered in the county and eventually lead to an increased utilization of these services as well as a better understanding of which programs and services are in greatest demand.

Strategy 1.3: Use national awareness “holidays” to increase awareness around mental health issues and services.

Objective 2: Educate primary care physicians on medicating/prescribing drugs that are potentially addictive as a means of early intervention for patients.

Strategy 2.1: Connect with healthcare entities to develop and execute educational opportunities that include medicinal alternatives to opioids.

Strategy 2.2: Develop a plan for early intervention and assessment of patients.

Objective 3: Continue to advocate for services for those in crisis.

Strategy 3.1: Work to improve retention and recruitment of mental health providers in an effort to increase access.

Strategy 3.2: Increase access to services by improving the number of people with health insurance and those with too high of deductibles to afford services.

Strategy 3.2: Expansion of current treatment options which could include a triage center for those actively in crisis and/or has an encounter with law enforcement.

**Carle Implementation Plan – Anticipated Impact & Plan to Evaluate:**

Carle Foundation Hospital will pursue these initiatives to increase access to behavioral health services:

1. Explore viability of increasing primary care physicians’ comfort level in prescribing psychotropic prescriptions.
2. Recruit behavioral health providers to add capacity within the community.
3. Train emergency department personnel of behavioral health symptoms to best direct care.
4. Increase access to trained mental/behavioral health professionals in home/virtual care settings in partnering with our nurse faith practitioners/Healthy Beginnings program.
5. Implement in-home counseling services to offer ACES screening, and trauma informed care delivery approaches through Healthy Beginnings program under the Carle Community Health Initiative.
6. Support educational and training programs of local provider.
7. Support community behavioral/mental health services through donations.

Measures of success:

Measurement	2020	Target 2021	Target 2022
Increase number of Carle behavioral health providers	60	63	66
Continued Narcan support	\$3,500	\$3,500	\$3,500
Increase access to trained mental/behavioral health professionals in home/virtual care settings in partnering with Carle Healthy Beginnings program	.5 FTE	1 FTE	1 FTE
Continued funding to community agencies to support Behavioral Health care	\$51,000	\$50,000	\$50,000

**Evaluation of Prior Impact:**

Behavioral Health was chosen as a priority health issue in the previous Community Health Needs Assessment, 2017-2019, and Carle has continued to support activities aimed at improving access to behavioral health care services.

**Psychiatry Residency:** Psychiatric residents treat patients under supervision from attending psychiatrists and medical school faculty at three partnering hospitals – Carle, OSF (formerly Presence) and VA in Danville. Training includes the areas of inpatient and outpatient psychiatry, addictions, geriatrics, child, forensics, emergency and administrative psychiatry. This training program will graduate psychiatrists who will be more

likely to settle and practice in the area, which has historically been difficult to recruit to. We added four additional residents in 2019, with the expectation of four new residents joining the program each year.

**Preventing Drug Overdose with Narcan:** Carle partners with the Champaign County Sheriff’s Office to equip officers with Narcan, or naloxone, a drug that stops respiratory failure caused by opioids. In a rural region, it’s critical to get Narcan in the hands of both law enforcement and EMS to save lives and stop an overdose as it is happening. In 2019, there were 15 heroin overdoses in Champaign County under the jurisdiction of the Champaign Co. Sheriff’s Office; one (1) of which was fatal. There were twelve (12) lives saved after emergency responders administered Narcan: four (4) times by Champaign County Sheriff’s Office, seven (7) times by Emergency Medical Services, and one (1) time by citizens.

## Obesity

### Description of Priority Area:

Like many communities in the United States, obesity and obesity related illnesses continue to be a concern in Champaign County. Obesity is associated with poorer mental health outcomes, reduced quality of life, and the leading cause of death in the U.S. and worldwide, through contributing to heart disease, stroke, diabetes and some types of cancer. According to 2019 County Health Rankings, obesity in Champaign County is 31% an increase from 26% in 2015. Obesity and its related health problems have a heavy economic impact throughout the United States. Obesity is linked with higher healthcare costs for adults and children through direct medical costs, along with impacting job productivity and absenteeism. Reducing obesity, increasing activity, and improving nutrition can have a strong impact on lowering health care costs through fewer prescription drugs, sick days, ER visits, doctor’s office visits and admissions to the hospital.

Risk Factors:	Contributing Factors:	Barriers:
<ul style="list-style-type: none"> <li>• Heart Disease</li> <li>• Diabetes</li> <li>• Chronic Disease</li> <li>• Cancer</li> <li>• High Blood Pressure</li> </ul>	<ul style="list-style-type: none"> <li>• Inactivity</li> <li>• Poor Diet</li> <li>• Sense of Defeat/Embarrassment</li> <li>• Sense of Acceptance</li> <li>• Genetics</li> <li>• Family Lifestyles</li> <li>• Social and Economic Factors</li> <li>• Sexual Abuse</li> </ul>	<ul style="list-style-type: none"> <li>• Unsafe Neighborhoods</li> <li>• Family Support</li> <li>• Poverty</li> <li>• Cost of Food/Cost of Recreational Facility</li> <li>• Limited Access to Healthy Foods.</li> <li>• Limited Knowledge of Area Programs/Services</li> </ul>

**Shared Champaign County Goal 1:** Increase opportunities for active living in Champaign County communities by 2022.

Objective 1: Hold Healthy Champaign County (HCC) meetings monthly to promote healthy eating and active living in our community.

Strategy 1.1.1: Expand outreach to grow number of active participants in HCC through contact with local organizations and marketing.

Strategy 1.1.2: Maintain HCC website and HCC social media sites to distribute local health and wellness information to the community including a wellness event calendar.

Strategy 1.1.3: Partner with member organizations to develop an outreach plan, identify and obtain funding to implement outreach plan for Healthy Champaign County.

Objective 1.2: Increase the proportion of trips made by bicycling and walking by 1% by 2022.

Strategy 1.2.1: Expand and increase public education programs to encourage use of transit, walking, and biking by: raising awareness of the local bike share program, facilitating improvements in walking and biking infrastructure, working to extend of local trail networks, raising public awareness on the benefits of walking and biking, expanding education programs, events, and classes for walking and biking.

Strategy 1.2.2: Promote certification of local businesses to apply for and become Bicycle Friendly Businesses through the League of American Bicyclists.

Strategy 1.2.3: Support and expand local bikeshare program to reach underserved populations by increasing the number of bikes available to the community and do outreach and education on bikeshare and its benefits.

Strategy 1.2.4: Expand current data collection for walking and biking trips through additional installation of bike and pedestrian counting systems similar to the ones installed for the MCORE project and Kickapoo Trail.

Strategy 1.2.5: Expand Safe Routes to Parks Project to include more Champaign Parks and finalize the Urbana Park District Report to provide safe walking and bicycling access to parks within ½ mile of every household, particularly multifamily households (apartment buildings and manufactured home parks). Utilize project data to apply for grants to fix infrastructure issues and address obstacles that were identified that prevent community members from safely and conveniently accessing parks.

Strategy 1.2.6: Encourage adoption of Vision Zero goals by cities and villages and develop and implement Vision Zero Plans to achieve the goal of zero roadways deaths and serious injury crashes to make walking and biking safe and viable trip options for community members.

Strategy 1.2.7: Hold multiple events each year that encourage physical activity such as: Illinois Marathon, Bike to Work Month, Walk 'n Roll to School Day, Walks with the Mayors, Bike to Work and School Days, Bike to Parks Day, Bike to Worship Day, Turkey Trot, Polar Bear Ride, etc. Partner with local park districts, Champaign County Forest Preserve, health providers, bike and running clubs, and cities to sponsor events. Work to hold public events every month of the year.

Objective 1.3: Improve the health of children in K-12 by increasing the number of active transportation trips to school.

Strategy 1.3.1: Work with school districts to establish Walking School Buses and Park 'n Walk programs to reduce congestion and improve safety for students to walk or bike to and from school.

Strategy 1.3.2: Work with school districts to hold at least two events per year focusing on walking and biking (Walk 'n Roll to School Day in the fall and Bike to School Day in the spring.).

Strategy 1.3.2: Promote the health, environmental, educational, and social benefits of walking and bicycling to school through activities such as contests, bike rodeos, walking audits, and through providing incentives.

Strategy 1.3.3: Apply for state, federal, and private grants to support Safe Routes to School programs and projects.

Strategy 1.3.4: Expand and raise awareness of Snow Angels program, the local program designed to encourage volunteers to help clear sidewalks of snow in winter, to provide safe access to those who walk to work, school, bus stops, etc.

Objective 1.4: Expand outreach and awareness of available resources for small and medium sized businesses to adopt and implement workplace wellness programs.

Strategy 1.4.1: Publicize resources available on the C-U Public Health and Healthy Champaign County websites.

Strategy 1.4.2: Use social media platforms to provide information to businesses.

Strategy 1.4.3: Partner with the Champaign County Chamber of Commerce and the Urbana Business Association to share wellness program resources including offering webinars and lunch 'n learn programs.

Objective 1.5: Continue developing programs that increase the number of physical activity and nutrition education opportunities for area families.

Strategy 1.5.1: Undertake outreach program to physicians and other health professionals through local organizations and institutions such as Carle, OSF, Frances Nelson, and Champaign-Urbana Public Health District.

**Shared Champaign County Goal 2:** Improve access to, interest in, and affordability of healthy foods

Strategy 3.1.1: Work with organizations who manage food access programs in order to provide accurate information to the community about the locations, dates, times, and products offered for convenient access to affordable, healthy food.

Strategy 3.1.2: Identify gaps in availability of affordable, healthy foods and work to fill within existing partnerships. Map accessible healthy food market locations, times, products etc. by July 2021.

Strategy 3.1.3: Support membership for low-income families with subsidization of SNAP or insurance rebates, acceptance of EBT funds online or by farmers for weekly CSA shares.

**Carle Implementation Plan – Anticipated Impact & Plan to Evaluate:**

Carle Foundation Hospital will pursue these initiatives to reduce obesity levels:

1. Encourage providers to give out nutrition Rx and physical activity Rx.
2. Increase referrals and information of Carle’s Mobile Health Market.
3. Use Carle patient BMI data to track childhood obesity in Champaign County.
4. Continue to distribute food boxes to families in need under the Carle Community Health Initiative.
5. Collaborate and support local diabetic prevention programs.
6. Increase awareness of overall health and wellness through Carle and Health Alliance health-based social media platforms.
7. Donations to community and school-based programs that encourage physical activity and nutritional education.

Measures of success:

Measurement	2020	Target 2021	Target 2022
Distribute healthy food boxes to families in need under CHI	2,100	2,100	2,100
Reduce BMI “% over Normal” by 1 percentage point for adult and pediatric age ranges	See BMI chart for baseline across all ages	Baseline -1% for all age ranges	Baseline -1% for all age ranges
Funding to community agencies	\$206,000	\$200,000	\$200,000

**Evaluation of Prior Impact:**

Obesity was chosen as a priority health issue in the previous Community Health Needs Assessment, 2017 - 2019, and Carle has continued to support activities aimed at improving the health of the community and addressing obesity.

- Supported Girls on the Run (GOTR) East Central Illinois and GOTR of Champaign County, an international program with a mission to help young women become physically stronger and build their self- esteem.
  - GOTR of Champaign County served 279 girls (25% requested financial assistance) from 16 sites throughout Champaign and Ford counties.
  - The fall and spring 5Ks welcomed 579 participants, including GOTR girls, their coaches, Running Buddies, and community supporters. In addition, about 200 volunteers served our organization in 2019, serving as coaches and 5K volunteers.
- Provided funding of community events that promote physical activity, including various walks and races; amounting to more than \$19,000 in financial support.

## Violence

Champaign County crime rate has decreased in recent years, but remains higher compared to the state of Illinois and surrounding counties. As stated by the 2019 County Health Rankings the violent crime rate (the number of reported violent crime offenses per 100,000 populations) is 487 which is still remains higher than

the state of Illinois rate of 403. From the Illinois State Police Crime Reports, 2015-2019, Champaign County has seen an increase in forcible rapes and robbery by 28% and 25%, respectively; while homicides, and assault/battery have decreased by about 9%. Burglary, theft (including motor vehicle), arson, saw double-digit decreases. According to Champaign-Urbana Public Health District Death Certificates there were 19 gun related deaths in Champaign County, 13 suicides and 6 homicides.

As part of the Community Health Needs Assessment, survey respondents were asked to rate their neighborhood safety concerns. 35% reported they were concerned or very concerned about crime rates, and increase of about 4% from the last assessment. 30% reported they were concerned or very concerned with gang activity, an increase of about 7%. When respondents were asked to rank their top five health concerns in their community, Gun Violence, Domestic Violence, and Child Abuse and Neglect all ranked highly in the top community health concerns.

Violence was chosen as a priority health concern in the previous community health plan cycle. There were two main objectives developed as part of the violence plan; 1) to foster a better relationship with community and increase outreach and community engagement and 2) reduce recidivism by providing linkage to services for individuals begin released from state and county correctional system. Both objectives were met by the community. The Champaign County Community Coalition implemented several initiatives in the community to foster a better relationship with community and increase community engagement.

<p><b>Risk Factors:</b></p> <ul style="list-style-type: none"> <li>• Involvement with Drugs or Alcohol</li> <li>• Poor Behavioral Control</li> <li>• Exposure to Violence</li> <li>• Low Parental Involvement</li> <li>• Poor Family Functioning</li> <li>• Involvement in Gangs</li> <li>• Diminished Economic Opportunities</li> <li>• Low Levels of Community Participation</li> <li>• Low Self-Esteem</li> <li>• History of Family Violence</li> </ul>	<p><b>Contributing Factors:</b></p> <ul style="list-style-type: none"> <li>• Poverty</li> <li>• Substance Abuse</li> <li>• Fear</li> <li>• Lack of Education</li> <li>• Mental Health Concerns</li> <li>• Economic Stress</li> <li>• Family Violence</li> </ul>	<p><b>Barriers:</b></p> <ul style="list-style-type: none"> <li>• Weak Community Sanctions (e.g., Unwillingness of Neighbors to Speak Out in Situations Where They Witness Violence)</li> <li>• Unhealthy Family Relationships</li> <li>• Low Neighborhood Attachment</li> <li>• Few Organized Activities in Community for Youths</li> <li>• Access to Guns or Other Weapons</li> <li>• Lack of Supportive Services</li> <li>• Lack of Supervision or Support from Parents or Caring Adults</li> </ul>
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**Shared Champaign County**

**Goal:** Decrease gun violence, domestic violence, and child abuse and neglect in community by increasing community engagement, fostering better relationships between law enforcement and citizens, and implementing anti-violence initiatives.

Objective 1.1: Promote, support, and encourage effective police community relations

Strategy 1.1.1 Support Champaign County Community Coalition and its ongoing initiatives to foster a better relationship between law enforcement and the community.

The Champaign County Community Coalition (CCCC) is a network of community residents and local organizations that include local government; law enforcement; juvenile justice; education; behavioral health; child welfare; and community-based service providers. Law enforcement from each jurisdiction in Champaign County attend monthly Coalition meetings to provide updates to the community and respond to questions.

Strategy 1.1.2: Hold a minimum of four 'Walk as One' events a year to build stronger relationships between the Champaign Police and larger Champaign Community by engaging citizens with their neighborhood.

Objective 1.2: As a community, utilize resources to develop and promote strategic methods of crime reduction and prevention.

Strategy 1.2.1: Participate in and support the Champaign County Community Coalition in CU Fresh Start, a targeted approach to deter gun violence. CU Fresh Start is designed to focus on core offenders with a history of violent, gun-related behaviors. The model has three key components, bringing together community voices, law enforcement, and supportive community services. Law enforcement from each jurisdiction will participate in the CU Fresh Start Steering Committee, Participant Review, and Custom Notification Subcommittees.

Strategy 1.2.2: Continue to support school-based violence prevention program such as Champaign Unit 4 Goal Getters and Urbana District 116 Self Made Kingz that work with high school-aged males.

Strategy 1.2.3: Support trauma- based trainings through the Champaign County Community Coalition. CU Trauma & Resilience Initiative (CU TRI) is a collaborative initiative designed to educate the community about trauma, trauma-informed care, and resiliency. Additionally, CU TRI advocates for more trauma-informed policies, practices, and principles by providing free community wide trainings.

Strategy 1.2.4: Host community wide events to foster dialogue about racial equity and its role in community violence.

Strategy 1.2.5: Support the Community Violence Response Task Force (CVRT) in establishing and maintaining a community crisis and trauma response team to support neighborhoods impacted by increased violence and gun related activity. The CVRT administers neighborhood safety needs assessments to residents at Neighborhood Safety Forums.

Objective 1.3: Implement programs to encourage community and youth Engagement.

Strategy 1.3.1: Involve youth in the production of community messaging targeting other youth.

**Carle Implementation Plan – Anticipated Impact & Plan to Evaluate:**

The majority of the goals in the CHNA involve law enforcement and correctional system entities; therefore, Carle will not provide direct interventions in these areas. However, there are a number of projects and initiatives Carle supports that are intended to reduce the rate of violence and support victims of violence.

Carle Foundation Hospital will pursue these initiatives to reduce the levels of violence:

1. Sexual Assault Nurse Examiners (SANE) / Interpersonal Violence Program.
2. Child Abuse Safety Team (CAST).
3. Risk Watch.
4. RadKids.
5. Increase access to care in the home with Carle’s Healthy Beginning’s Program, to reduce levels of child abuse and domestic violence.
6. Donation support to community agencies.

Measures of success:

Measurement	2020	Target 2021	Target 2022
# SANE encounters (descriptive measure)	150	n/a	n/a
# CAST encounters (descriptive measure)	~62	n/a	n/a
Funding of Risk Watch	\$500	\$500	\$500
Funding to community agencies	\$20,000	\$20,000	\$20,000

**Evaluation of Prior Impact:**

Violence was chosen as a priority health issue in the previous Community Health Needs Assessment, 2017-2019, and Carle has continued to support activities aimed at reducing levels of violence in the community.

- **SANE/Interpersonal Violence Program:** This program focuses on reducing interpersonal violence through community education and the development and training of a staff of Sexual Assault Nurse Examiners (SANE) and others who treat sexual assault and abuse survivors. Carle has eleven nurses total working with sexual assault patients, 2 who are internationally board certified, 4 who are state certified, and 7 who are in training, who assisted with 144 total, including 48 pediatric sexual assault patients this year. Carle is known as a resource and leader throughout the local community and the state in treating victims of assault. Notable 2019 accomplishments include but are not limited to:
  - Provided clinical and classroom education to rape advocates, University of Illinois and Parkland College nursing students, and Parkland College paramedic students (100 hours).
  - Participated in the Illinois Hospital Association / Attorney General’s project to increase SANEs throughout Illinois (100 hours).
  - Participated as a general committee and silo subcommittee member with ICASA to revise and impact new legislation in sexual assault law (12 hours).
  - Participated in community multidisciplinary team to follow up on pediatric abuse cases (36 hours).
  - Participated in University of Illinois Rape Awareness and Prevention Committee (24 hours)
  - Organizing and leading the Champaign County Sexual Assault Response Team committee (50 hours).
  - Organizing and hosting a one day seminar on sexual assault in March 2019 (50 hours).
  - Planning and preparation to host a one day seminar on child abuse and domestic violence, scheduled to be held in March 2020 (50 hours).

- **Child Abuse Safety Team (CAST):** The Child Abuse Safety Team (CAST) is a program dedicated to the safety of child abuse victims, led by a pediatric hospitalist. This physician expert is on call 24/7 to identify suspected abuse, ensure proper investigation and testing, and communicate with state and local agencies. In 2019, the CAST program served 92 children. Since each patient has a unique set of circumstances, some cases may only require a 10-minute phone call, while others require hours of courtroom work and preparation. Overall, this program amounted to more than \$54,000 in community benefit. To date, this initiative led by one physician champion has helped 614 children since launching in 2012.
- **Risk Watch:** A longstanding partnership between Carle and local police and fire departments, Risk Watch reached all elementary-aged children in Champaign-Urbana's public schools in 2019 by integrating the message into curriculum at these schools. Risk Watch curriculum includes education about avoiding falls, choking, strangulation, suffocation and poisoning, and is taught by appropriate experts meeting Illinois State Learning Standards for prevention education at the elementary level. Carle experts reached 6,936 students in these topic areas, spending over 60 hours in the classrooms of Champaign-Urbana.
- **RadKIDS:** Carle joined forces with RACES (Rape Advocacy, Counseling & Education Services) in 2018 to teach radKIDS to elementary-aged children in the community at no cost to the attendee. The partnership continued into 2019, with Carle providers providing over 100 hours of support to the national, five-day course which empowers children with real-life training so they can protect themselves from dangers, like inappropriate touching, when to tell a trusted adult if they are being harmed, how to dial 9-1-1 in an emergency, and how to physically defend themselves.
- **Funding:** Provided funding to community agencies and events that promote awareness of domestic violence, child abuse and sexual assault, amounting to more than \$22,000 in violence-related funding.

## Access to Care:

Access to Care has been a significant health need prioritized in a prior CHNA. While it was not selected as a priority for the 2020-2022 CHNA conducted in conjunction with community partners, access will continue to be a priority for Carle.

As a tax-exempt organization, Carle Foundation Hospital provides care to patients regardless of their ability to pay for that care or source of payment. We also recognize that some patients need help paying their bills. Carle's Financial Assistance Program provides discounts or free care to those who need it. Carle's generous Financial Assistance Program, consistently and diligently applied, has resulted in our ability to reach many people over the years. ***During 2019, financial assistance for Hospital patients alone totaled \$19,336,740 at cost, serving 29,255 unique individuals.***

In addition to charity care, Carle supports a wide range of programs and services to increase community capacity, health care work force expansion, and social services that provide complementary healthcare-related services.

Carle Foundation Hospital has, and will continue to, pursue these initiatives to improve access to care:

1. Offer a charity care program and communicate the availability of that program.
2. Recruit more providers into the Carle system, thereby expanding access/capacity.

3. Support local community clinics to ensure added local capacity for health care.
4. Support United Way and other area agencies to improve availability of health services.
5. Donate to existing community health and dental programs.
6. Participate in population health initiatives that actively manage the health of members.
7. Support students in health care fields; GME programs to grow number of future physicians.
8. Promote prescription affordability as a 340B provider.
9. Enhance access-related initiatives that will improve patient access and ability to interface more efficiently for needed services – Patient Contact Center, Scheduling Center, Prescription Refill request process, virtual visits and more.
10. Continue access to care through subsidized services, including the Community Parish Nurse Program, Breastfeeding Clinic and others.

## APPENDIX

### **Populations and Communities Served:**

Carle's service area is generally defined as east central Illinois, including all or parts of more than 40 counties in east central Illinois and western Indiana.

For the Community Benefit Implementation plan, research and remedies are directed towards community health issues identified in our primary service area, with the focus on Champaign County. This represents our headquarters and other counties where Carle has a thriving presence. Our reach extends into 14 adjoining, rural Illinois counties. Our reach extends into 14 adjoining, rural Illinois counties. These areas comprise nearly 50% of the Carle service area's population of about 1.1 million residents.

Pockets of extreme poverty exist throughout this region. The programs within our community benefit plan generally have impact upon all the targeted communities, with certain programs directed at specific populations. A greater proportion of resources will be allocated in Champaign County, followed by Coles and Vermilion counties, where our community benefit program has long been established.

Carle Foundation Hospital serves as the region's only Level I Trauma Center and Level III Neonatal Intensive Care Unit. As provider of the region's perinatal services, Carle provides care to patients who live throughout the geographic area extending from Kankakee in the north to the southern-most tip of Illinois, and spanning from as far west as Eureka and east into western Indiana. For the purposes of the Carle Financial Assistance Program, coverage encompasses the entire Carle service area.

### **Dates Adopted/Approved:**

Carle Foundation Hospital's Community Health Needs Assessment was adopted and approved by The Carle Foundation Board of Trustees on 12/11/2020. The 2020-2022 Community Benefit Implementation Plan was adopted and approved by the Board of Trustees on 12/11/2020.