

2023-2025

MCLEAN COUNTY

Community Health Improvement Plan

SUMMARY REPORT



together **WE** are better

OVERVIEW OF THE MCLEAN COUNTY COMMUNITY HEALTH NEEDS ASSESSMENT & COMMUNITY HEALTH IMPROVEMENT PLAN PROCESS

Step 1

Administered a community health survey to seek input from McLean County residents.

- Offered online in English and Spanish
- Paper copies distributed to organizations working with the underserved population



Step 2

Conducted the 2022 McLean County Community Health Needs Assessment (CHNA) and prioritization process with input from the McLean County Community Health Council (MCCHC).

64 members from over 43 organizations from 11 sectors
Three health priorities were selected by the MCCHC

- Access to care
- Behavioral health
- Healthy eating/active living

Step 5

Developed the 2023 – 2025 McLean County Community Health Improvement Plan (CHIP) with substantial input from the priority action teams.

- Included strategies, interventions, related social determinants of health, resources and partners and impact and outcome objectives
- Posted the CHIP on the website of the four organizations stated in step 3



Step 4

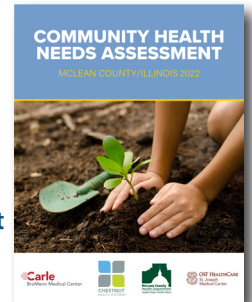
Met with the priority action teams consisting of key community stakeholders to determine the high-level goal for each health priority.



Step 3

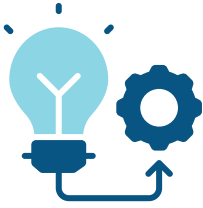
Completed the 2022 McLean County CHNA and posted it on the websites of the four organizations who conducted the CHNA:

- Carle BroMenn Medical Center
- Chestnut Health Systems
- McLean County Health Department
- OSF St. Joseph Medical Center



Step 6

Implemented the CHIP over a three-year period.



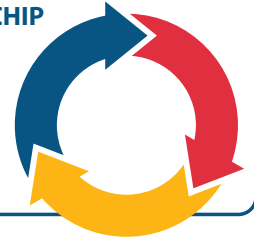
Step 7

Completed annual progress reports for 2023, 2024 and a 3-year progress report & summary document.



Step 8

Began the cycle again for the 2025 CHNA and 2026 – 2028 CHIP



LOCAL FUNDING FOR LOCAL ORGANIZATIONS

In 2023 – 2025, \$1,317,244 of John M. Scott Health Care Commission grants were awarded to agencies for Category II grants which were tied to the health priorities outlined in the 2023 – 2025 McLean County CHIP.

BEHAVIORAL HEALTH STRATEGIES & HIGHLIGHTS

BEHAVIORAL HEALTH STRATEGIES

2023-2025 Community Health Improvement Plan

1

Support educational programs and media campaigns aimed at reducing behavioral health stigma, increasing mental health awareness and/or improving mental health status.

2

Support drug and alcohol educational programs and collaborative coalitions to increase knowledge and decrease substance use.

3

Increase access to behavioral health services at various sites within the community.

Every strategy helps build a healthier, stronger McLean County.

BEHAVIORAL HEALTH HIGHLIGHTS

2023-2025



9,630

9,630 students participated in Ending the Silence presentations.

Helps middle and high school aged youth learn about the warning signs of mental health conditions.



8,422

8,422 students participated in Too Good for Drugs (A substance use prevention program).



873

873 community members participated in Mental Health First Aid courses.



1,755

Behavioral Health Urgent Care provided 1,755 services for 410 individuals.



2,250

2,250 students received counseling services.

Clinicians are embedded in schools to increase access to mental health services for students.



38

Central Illinois Bridge Academy served approximately 38 students per year from 2023 to 2025.



568

A total of 568 individuals participated in the Behavioral Health Forums in 2023 & 2025.



Citation – Excerpts are pulled from the 2023-2025 McLean County Community Health Improvement Plan Report and are not reflective of all accomplishments.

ACCESS TO CARE STRATEGIES & HIGHLIGHTS

ACCESS TO CARE STRATEGIES

2023-2025 Community Health Improvement Plan

1

Support assertive linkage navigation/ engagement programs which link lower-income community members with a medical home and insurance coverage.

2

Increase the capacity of organizations providing dental services to low-income residents of McLean County.

3

Increase service delivery models outside brick and mortar, face-to-face services, to increase access and availability of community-based services for low-income McLean County residents.

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ACCESS TO CARE HIGHLIGHTS

2023-2025



50% REDUCTION IN USING THE ER AS A PRIMARY SOURCE OF CARE.

Emergency department reliance among “at-risk” (Medicaid) residents decreased **16% (2021) → 8% (2024)**.



CONNECTIONS TO A MEDICAL HOME TRIPLED

Patients connected to an ongoing medical home through mobile health clinics increased from **23 (2023) → 71 (2025)**.



x4 MOBILE HEALTH CLINICS EXPANDED

Mobile clinic service days increased dramatically **40 days (2023) → 169 days (2025)**.

Over **four times** more opportunities for residents to receive care in their communities.

Bringing care directly to residents



DENTAL WORKFORCE & DENTAL VISITS NEARLY DOUBLED

3,863 (2021) → 7,333 (2025)

Dental visits grew - providing thousands more uninsured and underserved residents with essential oral healthcare.

Dental providers serving low-income McLean County residents grew from **3.1 (2021) → 6.0 (2025) nearly doubling local dental capacity.**



VIRTUAL CARE REACHED RECORD USE

Telehealth visits grew **7,758 (2023) → 9,894 (2025)**.

Reduced transportation barriers

Increased continuity of care



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HEALTHY EATING/ACTIVE LIVING STRATEGIES & HIGHLIGHTS

HEALTHY EATING/ACTIVE LIVING STRATEGIES

2023-2025 Community Health Improvement Plan

1

Support, promote and educate the community about the availability and accessibility of fruits and vegetables in McLean County.

2

Promote active living in the workplace and community.

3

Promote wellness related chronic disease prevention programs in the community.

Every strategy helps build a healthier, stronger McLean County.

HEALTHY EATING/ACTIVE LIVING HIGHLIGHTS

2023-2025



HEALTHY FOOD ACCESS

Healthy cooking programs *quadrupled*
33 (2020) → 135 programs (2025)

349,808 Peace Meals served
more than doubled since 2023



MOVEMENT AND WELLNESS OPPORTUNITIES


Increased participation in free community physical activity programs

Girls on the Run participation surged from 10 (2020) → 142 (2025) kids.

Healthy Kids University grew from 28 (2020) → 118 (2025) kids.



BLOOD PRESSURE SCREENINGS

760 
Residents Screened
Blood pressure screenings increased from 619 (2023) → 760 (2025) residents screened.



FRESH FOOD AVAILABILITY

4,200 pounds 

Fresh Fruit & Vegetables
Community garden donations increased.

Participation in the **Home Sweet Home Ministries salad program** increased from 8,830 participants (2020) to 11,400 participants (2025), healthier meal selection improved from 75% → 80%.



CHRONIC DISEASE PREVENTION

Chronic Disease Self-Management expanded from 1 course / 20 participants (2023) to 8 courses / 92 participants(2025)

Diabetes Prevention Program:
◦ 83% achieved weight-loss success
◦ 95% increased physical activity levels

Evidence-based programs are improving long-term health outcomes.



HEALTHY AGING

100% of **A Matter of Balance** participants reported reduced fear of falling.

Older adults are gaining confidence, independence, and safety.



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THANK YOU TO ALL OF OUR COLLABORATIVE PARTNERS!

We look forward to our continued work for the 2026 – 2028 McLean County CHIP.

McLean County Community Health Council and Priority Action Team Members

Activity & Recreation Center (ARC)	Integrity Counseling
Black Business Association	Lifelong Access
Bloomington Housing Authority	McLean County Center for Human Services
Bloomington Normal Boys & Girls Club	McLean County Government
Bloomington Normal Economic Development Council	McLean County Health Department
Bloomington Normal Faith in Action	McLean County Regional Planning Commission
Bloomington Township	McLean County Sheriff
Brightpoint	Mid Central Community Action
Carle BroMenn Medical Center	Mount Pisgah Baptist Church
Carle Cancer Institute Normal	NAACP of Bloomington Normal
Chestnut Health Systems	OSF St. Joseph Medical Center
City of Bloomington	Project Oz
Connect Transit	Regional Office of Education #17
District 87	Salvation Army
East Central Illinois Area Agency on Aging	State Farm
EasterSeals of Central Illinois	Town of Normal
Faith in Action	The Baby Fold
ForeFront	The Black Nurses Association of Central Illinois
Girl Scouts of Central Illinois	The Links Incorporated
Heartland Community College	Unit 5
Heartland Head Start	United Way of McLean County
Home Sweet Home Ministries	University of Illinois
Illinois Farm Bureau	West Bloomington Revitalization Project
Illinois State University	Western Avenue Community Center
Illinois Wesleyan University	YMCA
Immigration Project	Youth Build
	YWCA

The 2022 McLean County Community Health Needs Assessment (CHNA) and the 2023-2025 McLean County Community Health Improvement Plan Progress Report can be found at:

Carle BroMenn Medical Center: <https://carle.org/chna>

Chestnut Health Systems: <https://www.chestnut.org/chestnut-family-health-center/data-reports/>

McLean County Health Department: <https://health.mcleancountyil.gov/112/Community-Health-Needs-Assessment-Health>

OSF St. Joseph Medical Center: <https://www.osfhealthcare.org/about/community-health/>