

Topic: Women's Health

“Women experience many unique health issues: pregnancy, childbirth, and menopause. Some health issues that affect both men and women pose unique challenges for women. Both pregnancy and childbirth can lead to serious long-term health problems for women. The number of women with severe complications of pregnancy (many preventable) are increasing. Strategies to decrease unplanned pregnancies and make sure women get high-quality health care before, during, and after pregnancy can help reduce serious health problems and deaths. Women are also at risk for diseases like breast and cervical cancer. Screening for these diseases and health issues that disproportionately affect women is key to identifying problems and making sure women get the treatment they need.” [Healthy People 2030 | health.gov](#)

Please refer to the adult wellness checklist of topics and tests for your age group, and be sure to bring with you to discuss with your primary team.

Faith Community Health at Carle connects you and your faith community to needed healthcare and wellness support, taking a whole-person approach to health.

To learn more about bringing healthcare and wellness resources to your faith community, call (217) 902-3160 or email FaithCommunityHealth@carle.com.



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