

Community Health Needs Assessment Implementation Plan

Advocate Eureka Hospital (AEH)

Date Endorsed by Governing Council: March 18, 2014

PRIORITY AREA:	Access to mental health services for Woodford County residents.
Target Population:	Woodford County residents needing mental health services.
GOAL:	Increase access to psychiatric and counseling appointments for Woodford County residents.
Healthy People 2020 Alignment:	
MHMD-5 Increase the proportion of children with mental health problems who receive treatment.	
MHMD-9 Increase the proportion of adults with mental health disorders who receive treatment.	

PERFORMANCE MEASURES How We Will Know We are Making a Difference		
Short Term Indicators	Source	Frequency
<i>The number of residents in Woodford County receiving mental health services will increase by 10% from 2011 to 2015.</i>	<i>Tazwood Wellness Center</i>	<i>Annually</i>
<i>The number of psychiatrists and/or counselors providing mental health services in Woodford County will increase by one from 2014 to 2016.</i>	<i>Advocate Medical Group (AMG) and Tazwood Wellness Center</i>	<i>Annually</i>
Long Term Indicators	Source	Frequency
<i>The number of people with a mental health related diagnosis at Eureka Hospital's emergency room will decrease by 10% by 2016.</i>	<i>AEH emergency room data</i>	<i>Annually</i>

OBJECTIVE #1: Offer psychiatric and counseling services in Woodford County.

BACKGROUND ON STRATEGY

Evidence Base: According to the data secured from the Tazwood Wellness Center, there was a dramatic reduction in therapy services provided to Woodford County residents from 2009 to 2011 when a satellite facility of the Tazwood Wellness Center closed in Woodford County. Increasing and/or expanding access within a county will increase the number of residents either seeking and/or receiving mental health services.

ACTION PLAN

Activity	Target Date	Resources Required	Lead Person/ Organization	Anticipated Product or Result
1. Collaborate with the Woodford County Health Department and the Tazwood Wellness Center to offer psychiatric and counseling services at the Woodford County Health Department.	1/2013 and ongoing	Staff time	AEH Woodford County Health Department Tazwood Wellness Center	Mental health services offered at the Woodford County Health Department
1a. Needs assessment completion with surrounding area agencies.	9/2012	Staff time	Woodford County Health Department	Needs determined

ACTION PLAN				
Activity	Target Date	Resources Required	Lead Person/ Organization	Anticipated Product or Result
1b. Determine a location, time, and day for counselor and psychiatrist to offer appointments.	12/2012	Staff time	Tazwood Wellness Center	Location for therapy services to be held in Woodford County
1c. Market Services to physicians, schools and the community.	12/2012 and ongoing	Staff time	AEH Woodford County Health Department Tazwood Wellness Center	Increase in therapy visits offered in Woodford county
2. Determine through interviews with area providers if there is still an unmet need for additional counseling services in Woodford County.	6/30/2014	Staff time	Administrator, AEH Social Worker, AEH Administrator, Woodford County Health Department	Anecdotal and data will support the need
3. Collaborate on the scope and operations of bringing a psychiatrist or psychologist to Woodford County.	9/30/2014	Staff time	ABMC Service Area Administrator of Behavioral Health Services ABMC Service Area Leadership AMG Practice Manager	Plan developed for a provider clinic
4. Develop a pro forma to include the cost/benefit of the service.	9/30/2014	Staff time	ABMC Service Area Leadership	Pro forma with costs identified
6. Recruit provider and establish operations.	7/31/2015	Staff time Capital outlay	AMG and AEH administration	Improved access to behavioral health services in Woodford County
7. Evaluate effectiveness of service.	12/20/2015 and ongoing	Staff time	AMG and AEH administration	Short and long-term performance measures

OBJECTIVE #2: Increase the referral skills of health and social service professionals regarding mental health services offered in Woodford County.

BACKGROUND ON STRATEGY

Evidence Base: Psychiatric and counseling appointments are being offered through the Tazwood Wellness Center at the Woodford County Health Department in Eureka. Staff members are trained to assess individuals, but need continual training on resources available in the community in order to make referrals to those services.

ACTION PLAN

Activity	Target Date	Resources Required	Lead Person/ Organization	Anticipated Product or Result
1. Coordinate with Advocate Medical Group practice managers to schedule educational sessions.	1/2013	Staff time	Social Worker, AEH Practice Manager, AMG	Educational session scheduled
2. Conduct educational sessions for local Advocate Medical Group physicians and the medical staff serving Eureka Hospital's emergency room.	2013	Staff time	Social Worker, AEH	Increase in knowledge regarding mental health services available in Woodford County
3. Coordinate with nursing home liaison to schedule educational sessions.	3/29/2013	Staff time	Social Worker, AEH Woodford County Nursing Home liaisons	Educational sessions scheduled
4. Conduct educational sessions for nursing homes located in Woodford County.	4/30/2013	Staff time	Social Worker, AEH	Increase in knowledge regarding mental health services available in Woodford County
5. Coordinate with delegate church liaison to schedule educational sessions.	9/30/2013	Staff time	Social Worker, AEH Woodford County Delegate Church liaisons	Educational session scheduled
6. Conduct educational sessions for Woodford County clergy at delegate churches.	12/2013	Staff time	Social Worker, AEH	Increase in knowledge regarding mental health services available in Woodford County

Sustainability Plan

Advocate BroMenn Medical Center's service area leadership is committed to identifying ongoing resources to address care for the Woodford County population with behavioral health care needs. The medical center's leadership will continue to explore bringing a psychiatrist or a psychologist to the AEH campus. AEH will also continue to work with the Woodford County Health Department and the Tazwood Wellness Center on monitoring the number of mental health services available to residents of Woodford County and on ways to improve access to mental health services for residents.

Community Health Needs Assessment Implementation Plan

Advocate Eureka Hospital (AEH)

Date Endorsed by Governing Council: March 18, 2014

PRIORITY AREA:	Mental Health
Target Population:	Individuals suffering from mental health issues having to resort to emergency room services as a primary access point for care.
GOAL:	Reduce the number of people utilizing the emergency room as the primary access point for behavioral health resources.

PERFORMANCE MEASURES How We Will Know We are Making a Difference		
Short Term Indicators	Source	Frequency
<i>75% of Mental Health First Aid course participants will be able to identify the Mental Health First Aid action plan.</i>	<i>Evaluation</i>	<i>Upon course completion</i>
<i>90% of Mental Health First Aid course participants will score a minimum of 85% on Mental Health First Aid course exam.</i>	<i>Examination</i>	<i>Post course</i>
Long Term Indicators	Source	Frequency
<i>Decrease repeat visits to the Advocate BroMenn Medical Center (ABMC) emergency room with a behavioral health related diagnosis by 5% from 2010 to 2015.</i>	<i>ABMC emergency room data</i>	<i>Annually</i>
<i>Decrease repeat visits to the Advocate Eureka Hospital (AEH) emergency room with a behavioral health related diagnosis by 5% from 2010 to 2015.</i>	<i>AEH emergency room data</i>	<i>Annually</i>

OBJECTIVE #1: Collect data on repeat visits for individuals with a behavioral health related diagnosis by December 2014 for AEH to create a baseline.

BACKGROUND ON STRATEGY

Evidence Base: Currently, repeat visits data is collected on inpatients but not on patients seen in the emergency room. Developing a process to collect this information will prove to be beneficial and help identify the scope of the issue for behavioral health related diagnoses seen in the emergency room at AEH. This will help the hospital better understand how to engage with other community partners in addressing mental health issues in the community.

ACTION PLAN

Activity	Target Date	Resources Required	Lead Person/ Organization	Anticipated Product or Result
1. Meet with key AEH staff to determine process for obtaining emergency room repeat visit data.	6/30/2014	Staff time	Administrator, AEH Medical Records Supervisor, AEH Information Systems staff, ABMC	Process for collecting data
2. Establish a baseline of frequency of repeat visits to the AEH emergency room with a behavioral health related diagnosis.	12/31/2014	AEH emergency room data	Medical Records Supervisor, AEH	Repeat visits data

OBJECTIVE #2: By December 31, 2014, train 50 McLean and Woodford County community members in Mental Health First Aid.

BACKGROUND ON STRATEGY

Evidence Base: Mental Health First Aid USA is an international evidence-based program managed, operated and disseminated by the National Council for Behavioral Health, Maryland Department of Mental Health and Hygiene, and the Missouri Department of Mental Health. The program is based on a standard curriculum designed to educate the general public about mental health, recognize individuals with mental health problems, and provide skills students can use to help those who are having a mental health crisis access help.

<http://www.mentalhealthfirstaid.org/cs/> (click here)

ACTION PLAN

Activity	Target Date	Resources Required	Lead Person/ Organization	Anticipated Product or Result
1. Determine location for Mental Health First Aid course.	2/28/2014	Staff time	Wellness Manager, ABMC	Location of course determined
2. Schedule Mental Health First Aid course for community members of McLean and Woodford County.	3/31/2014	Staff time	Wellness Manager, ABMC Linden Oaks at Edwards	Scheduled Course
3. Engage hospital leaders, local health departments and other community organizations to strategize on collaborating on Mental Health First Aid community courses.	3/31/2014	Staff time	ABMC and AEH leadership team McLean County Public Health Department Woodford County Health Department John M. Scott Health Resources Center	Plan for collaboration
4. Present Mental Health First Aid course information to Delegate Church Association.	3/31/2014	Staff time	Coordinator of Church Relations, ABMC Wellness Manager, ABMC	Increased knowledge of delegate church leaders
5. Order equipment, supplies, decorations and food for Mental Health First Aid Course.	4/15/2014	Staff time Expense	Wellness Manager, ABMC	Ordering complete
6. Develop, post, and mail marketing material for Mental Health First Aid Course.	5/1/2014	Staff time	Public Affairs and Marketing, ABMC Linden Oaks at Edwards	Flyer/Invitations
7. Register Mental Health First Aid course participants.	6/23/2014	Staff time	Wellness Client Specialist, ABMC	Registered participants
8. Hold Mental Health First Aid Course.	6/28/2014	Staff time Course materials Audiovisual Food Classroom	Wellness Manager, ABMC Linden Oaks at Edwards Mental Health First Aid Instructors	Certified Mental Health First aiders

<p>9. Collaborative meeting between hospital and health department to evaluate Mental Health First Aid course and determine possibility/ need for second course.</p>	<p>7/30/2014</p>	<p>Staff time</p>	<p>ABMC and AEH leadership McLean County Public Health Department Woodford County Health Department</p>	<p>Continued collaboration Second course scheduled</p>
--	------------------	-------------------	---	--

Sustainability Plan

AEH is committed to identifying ongoing resources to provide the appropriate level of care for those suffering from a mental health issue and will continue to collaborate with the local health departments and the delegate church association to provide education to the community.

(Note: All data and website links within this document were verified as of May 15, 2014.)