VOLUNTEER OPPORTUNITIES

- Be a “buddy” to a camper for the day (1-1 interaction with a camper).
- Lead or assist with arts, crafts, sports, or music activities.
- Assist with registration and check-out activities.
- Facilitate grief group activities.
- Volunteer as a runner to help with camp from set-up to clean-up.

Camp Healing Heart is made possible through the time and talents of many generous volunteers.

If you are interested in becoming a volunteer, please call Carle Hospice at (800) 239-3620 or visit carle.org/hospice.

Volunteers are subject to a criminal background check and will receive special training on children and grief issues as needed.

Camp Healing Heart
Allerton Park 4-H Memorial Camp
Monticello, Illinois
A Special Day Camp sponsored by Carle Hospice for grieving children ages 5 to 17

CAMP HEALING HEART is made possible by generous donations to The Carle Center for Philanthropy.
Visit us online at carle.org/give.
CAMP HEALING HEART

Children respond to death in different ways. They have so little life experience that moving through the grief process can be extremely difficult and have lifelong consequences.

Camp Healing Heart provides a safe and caring environment for children who have experienced the death of a loved one or friend. Here, campers express their grief, emotion, fear and concerns and learn coping skills that will continue to help them through adulthood.

The goal of Camp Healing Heart is to provide grieving children and teens:

- The comfort of knowing they are not alone.
- The permission to grieve, remember, and talk about the loved one who died.
- Healthy coping skills.
- Methods to understand and express their feelings.
- An opportunity to share their feelings of isolation, which are common in the grieving process.
- Support in a safe, structured environment while facilitating the grief work necessary for healing.

CAMP ACTIVITIES

Camp Healing Heart features a day of special activities in a supportive environment with a traditional camp experience. Professionals and trained volunteers lead campers in the following activities:

- Sharing sessions.
- Arts and crafts.
- Recreational and sports activities.
- Celebration of life and remembrance.
- Team activities.

Campers Will:

- Make new friends with others experiencing a loss.
- Learn creative ways to express their feelings.
- Receive comfort and encouragement from peer and caring adults.
- Enjoy a traditional day camp.

TO REGISTER A CHILD

If you know a grieving child age 5 to 17 who would benefit from attending Camp Healing Heart, please call (800) 239-3620 or visit carle.org/hospice. We will need a parent/guardian to complete the application in order to register the child. Camp Healing Heart is FREE to campers, but space is limited. Campers will be accepted based on the order in which their application is received.

“The most meaningful experience for me at camp was seeing the kids really open up and know this is a life changing moment for them and the beginning of a healing process.”

– volunteer

“Camp Healing Heart helped me with my grief by showing me my loved one is always with me and it’s okay to cry.”

– camper